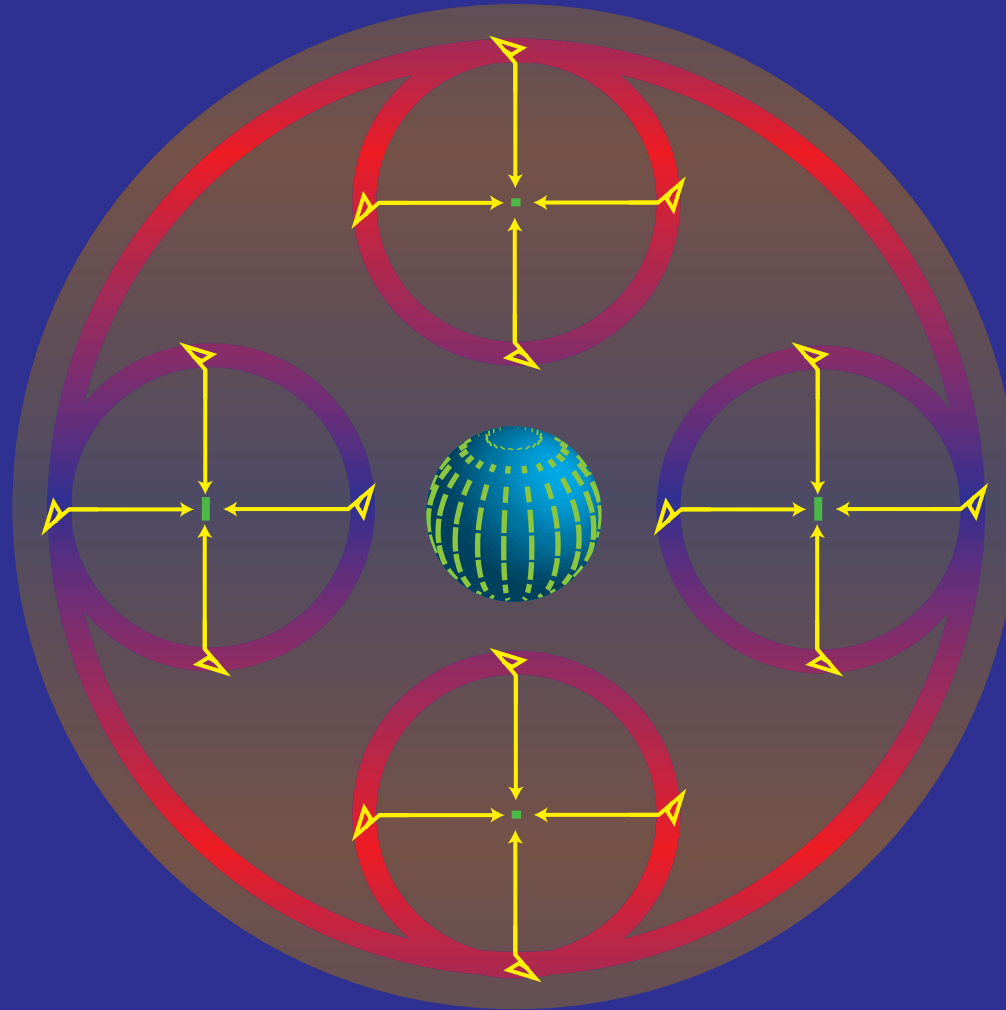


CMB Polarization Theory



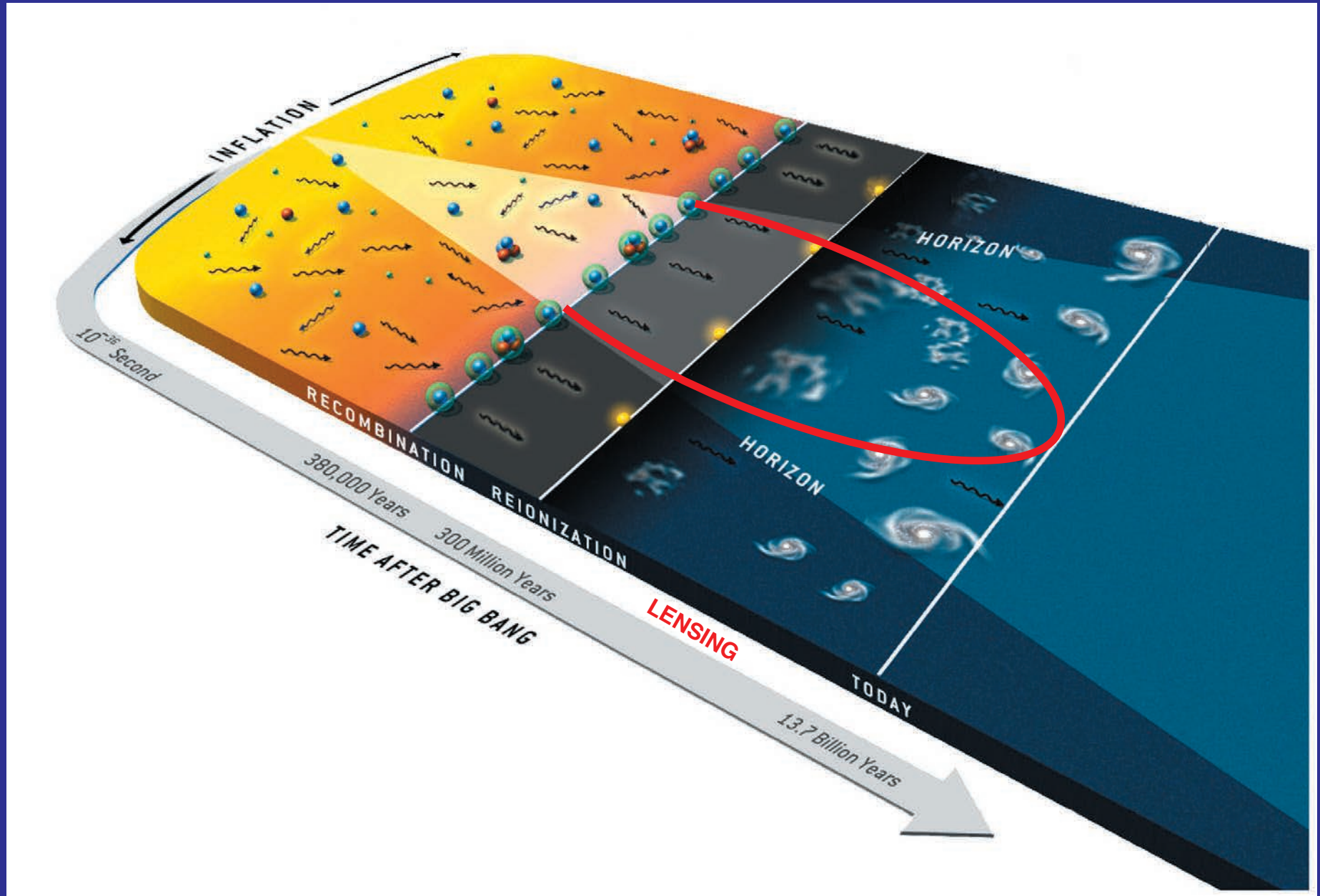
Wayne Hu
Varenna, July 2017

Polarization Trinity



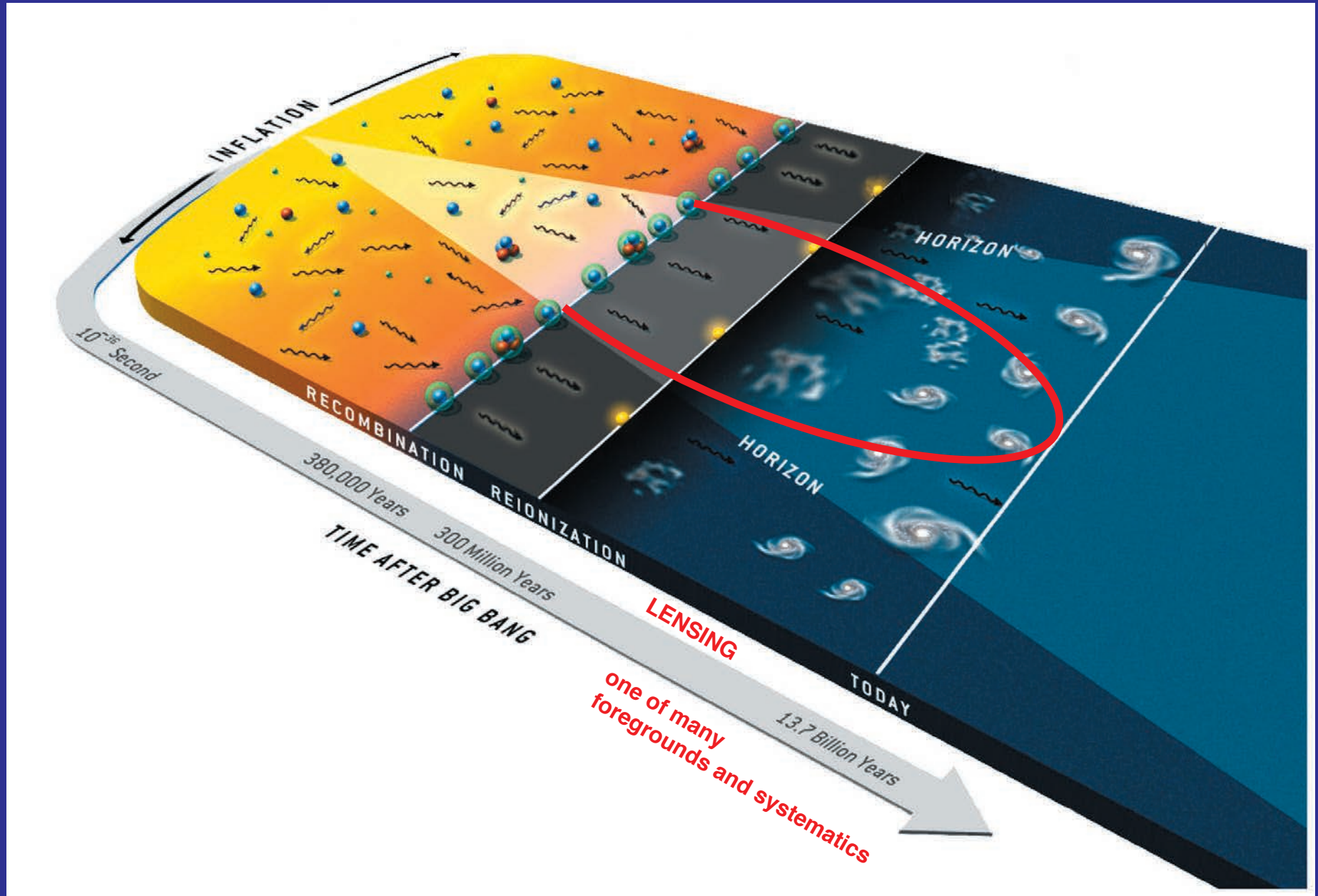
Isolating Three Cosmological Epochs

Polarization 4 Noble (Nobel?) Truths



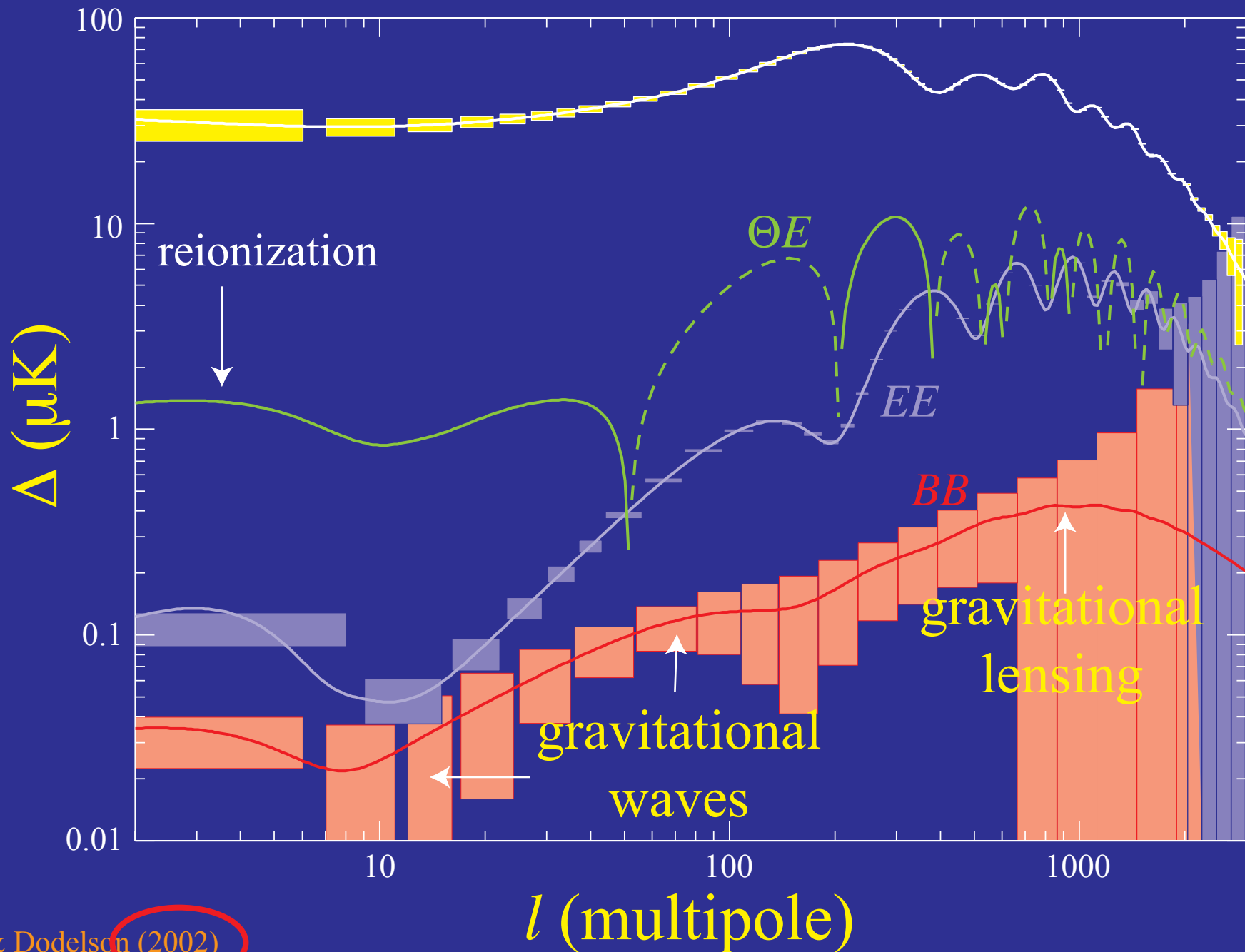
And one integrated probe

Polarization 4 Noble (Nobel?) Truths

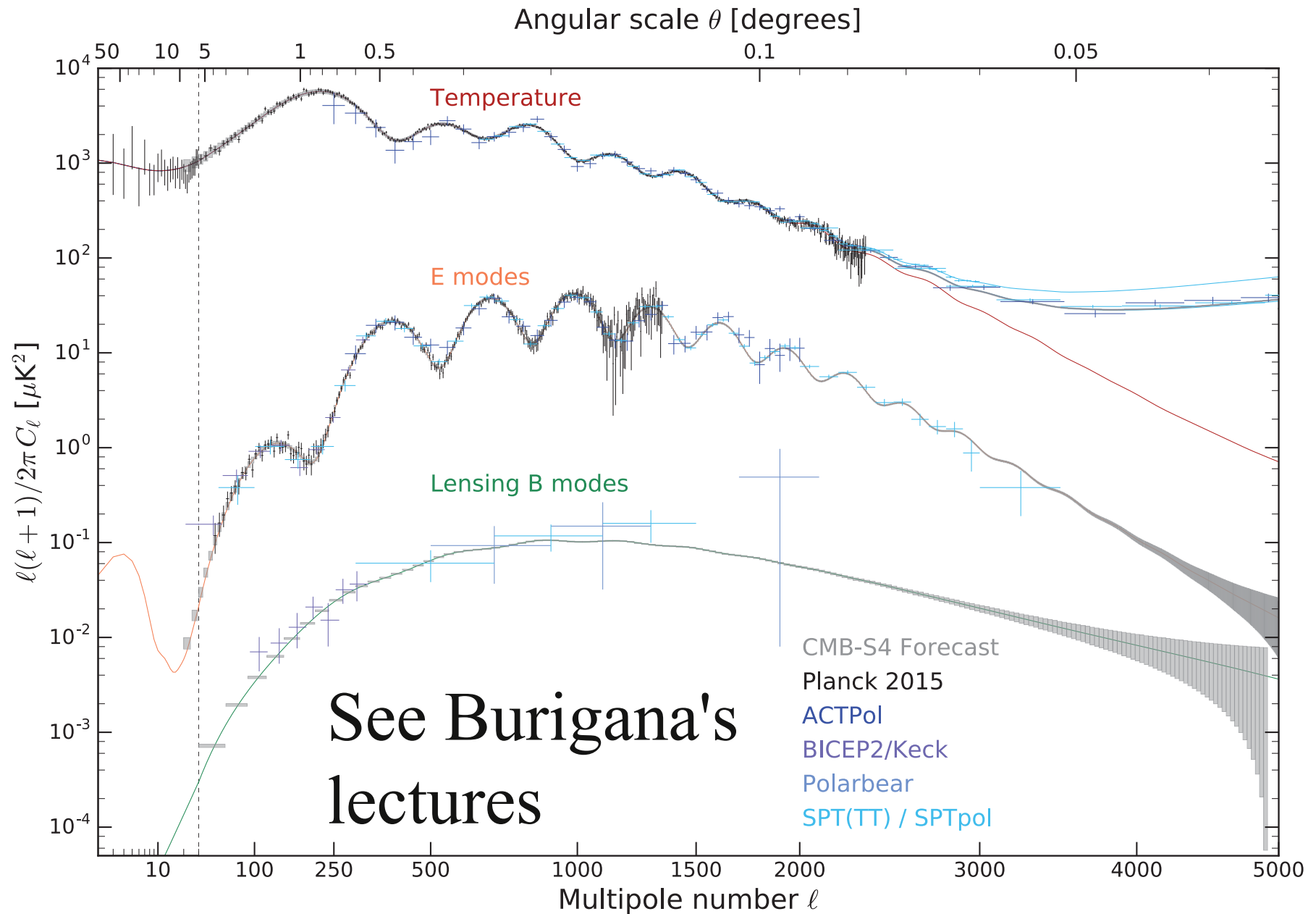


polarization is suffering... but cessation of suffering is nirvana

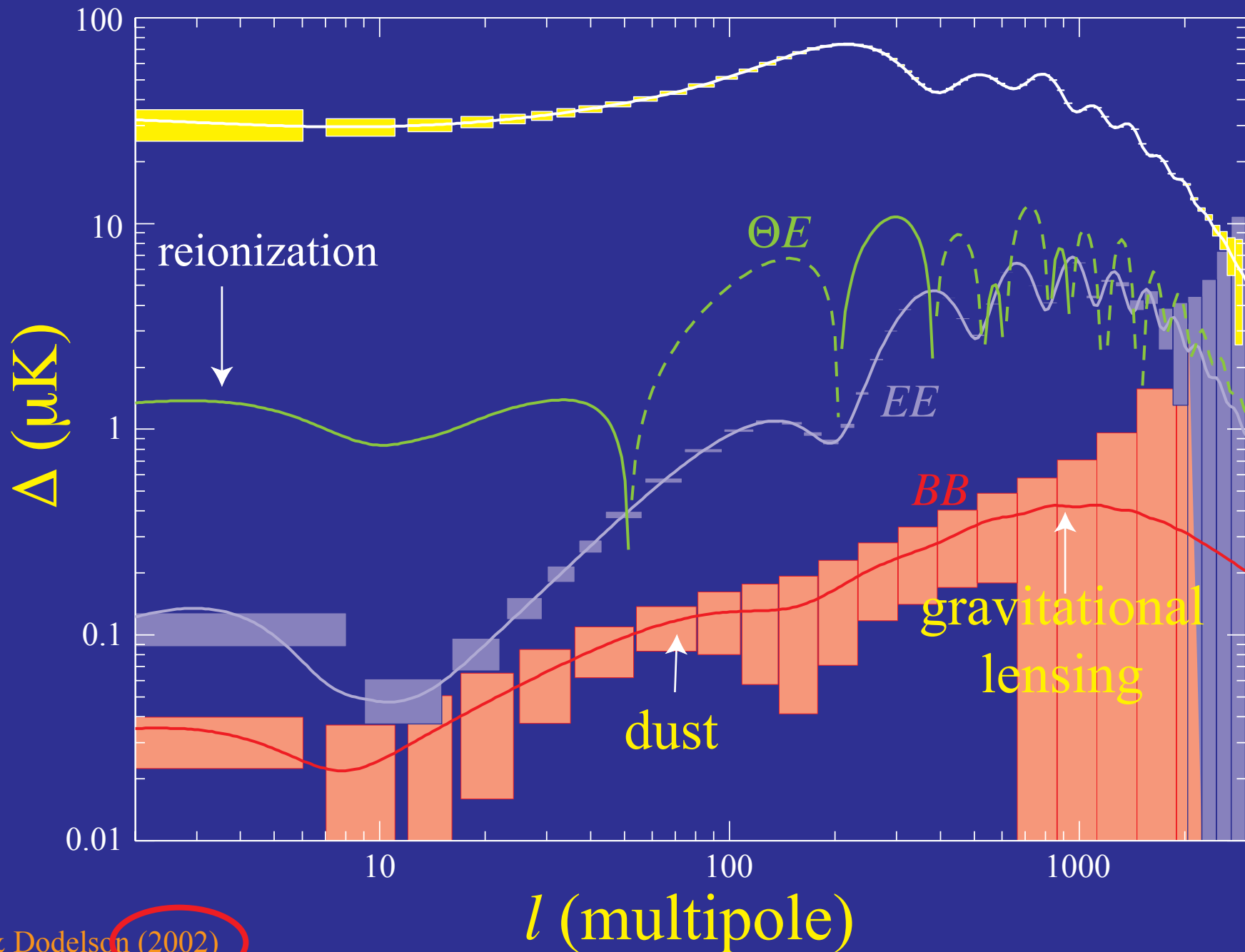
Polarized Landscape



CMB Power Spectra Measurements



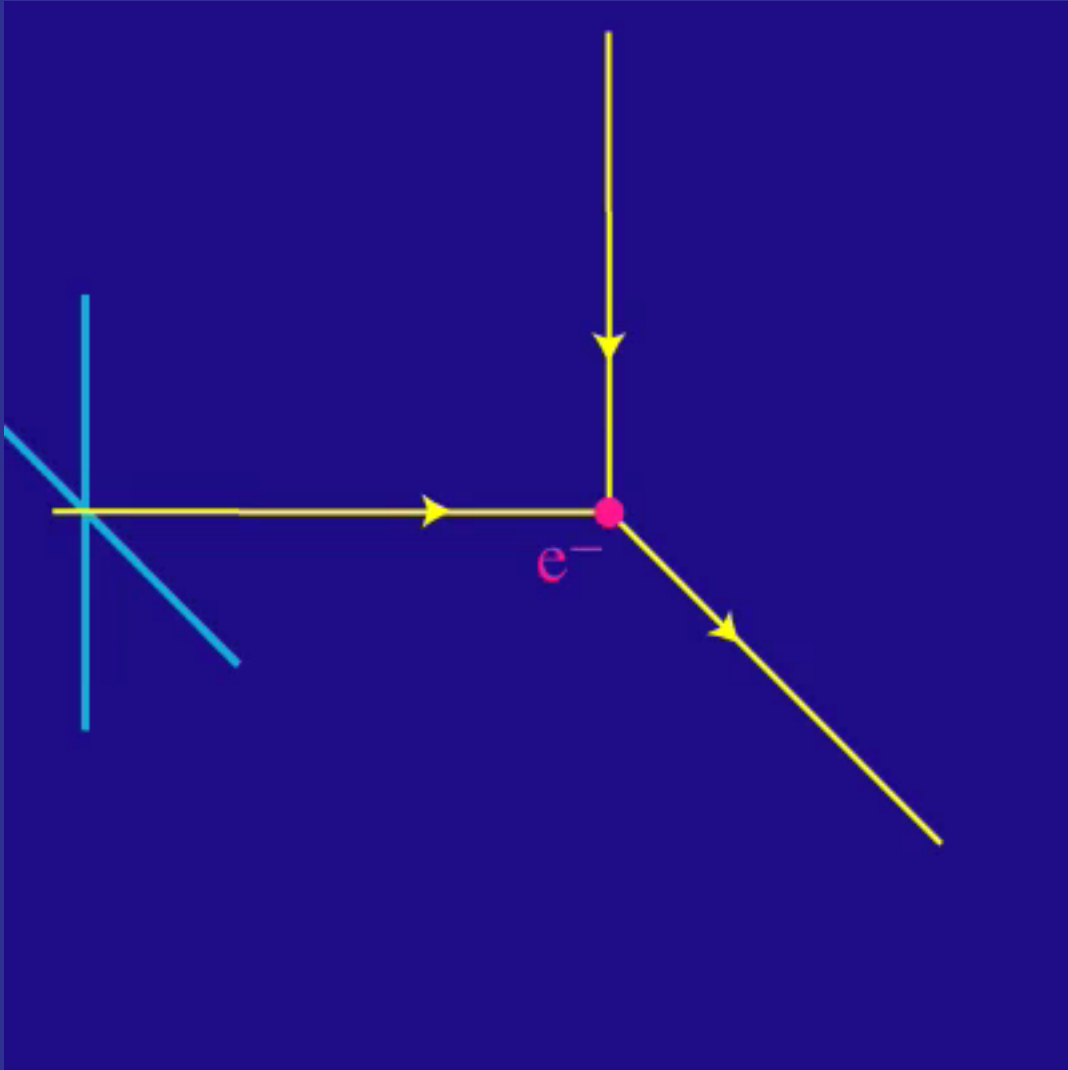
Polarized Landscape



Why is the CMB polarized?

Polarization from Thomson Scattering

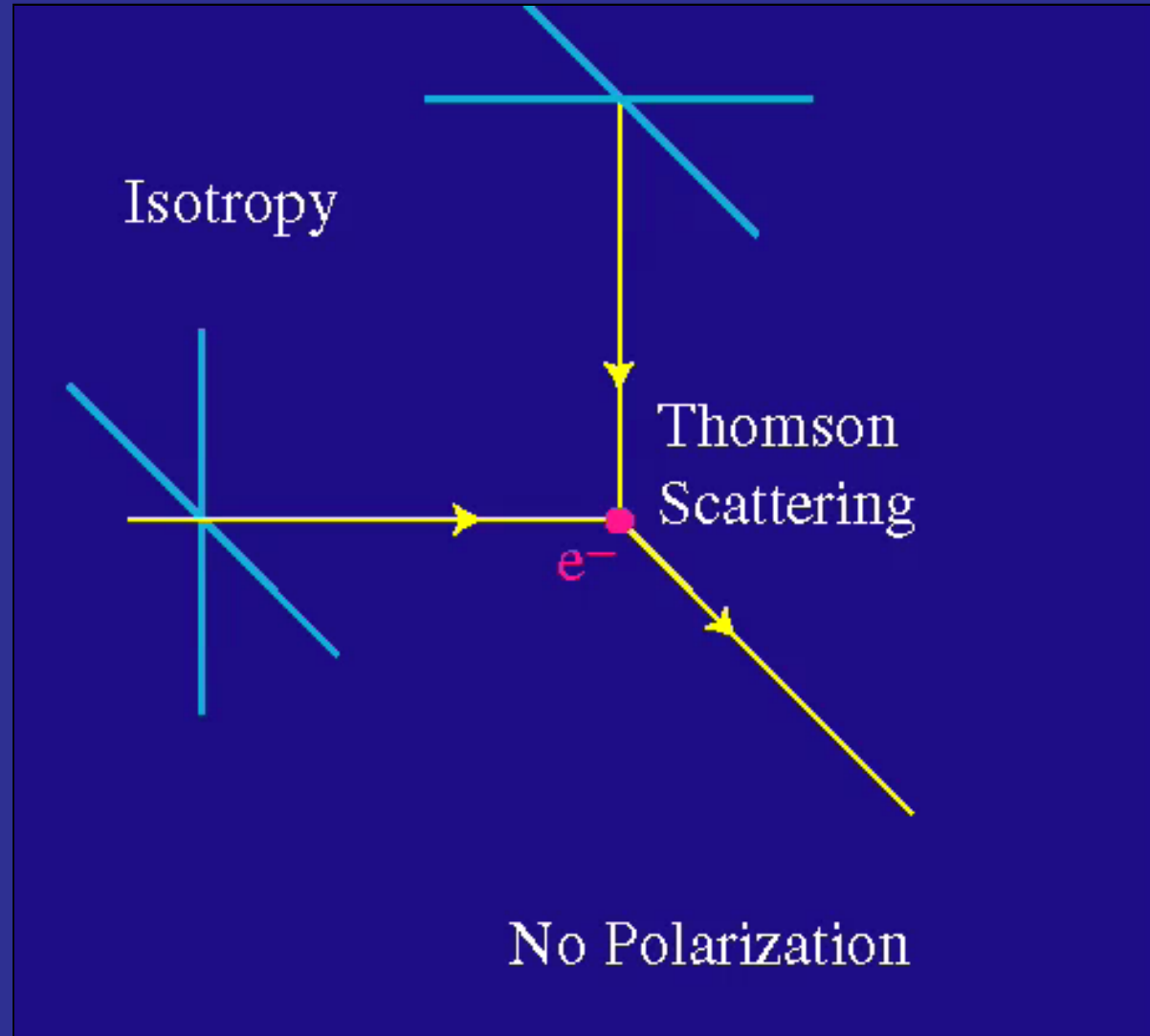
- Differential **cross section** depends on **polarization** and angle



$$\frac{d\sigma}{d\Omega} = \frac{3}{8\pi} |\hat{\epsilon}' \cdot \hat{\epsilon}|^2 \sigma_T$$

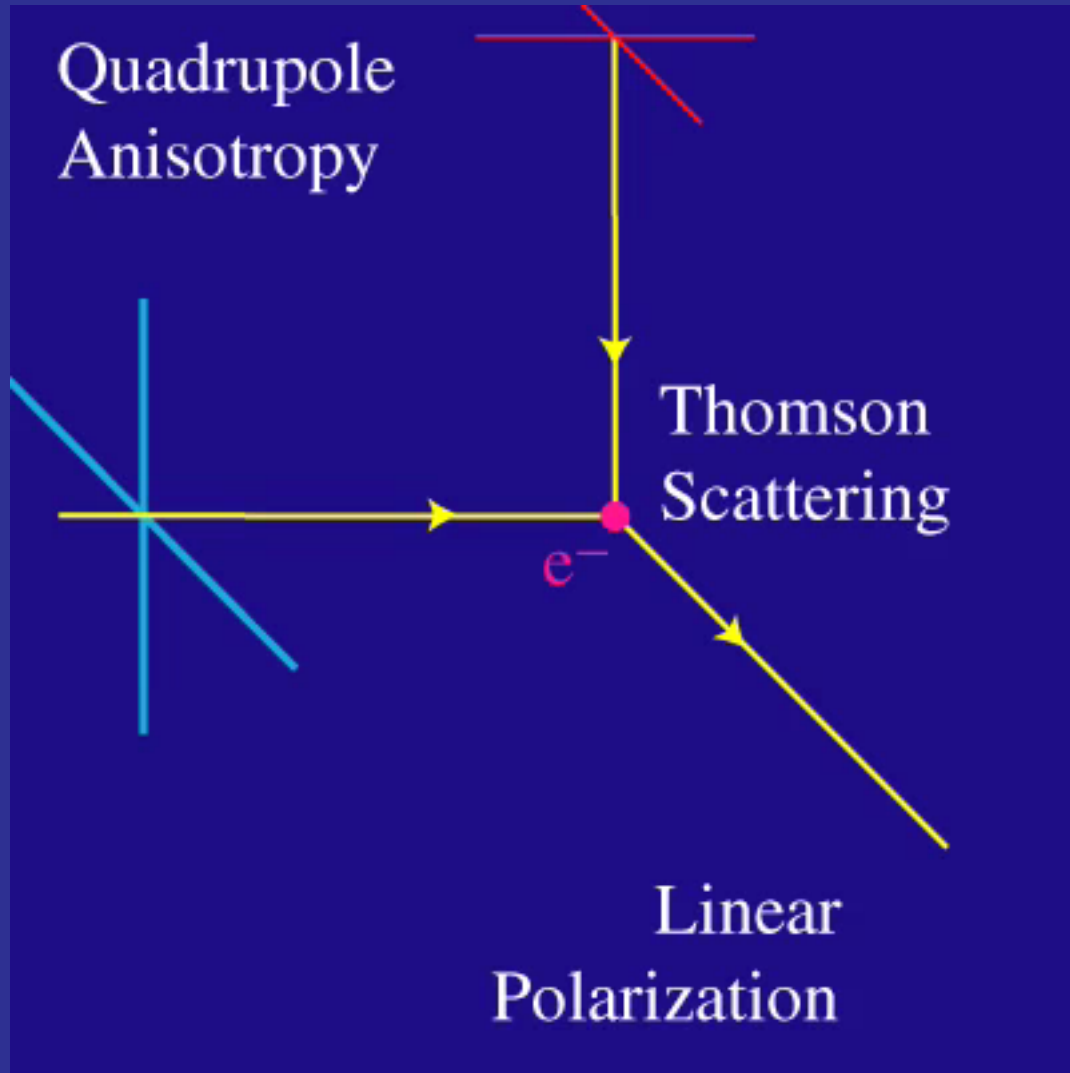
Polarization from Thomson Scattering

- Isotropic radiation scatters into unpolarized radiation



Polarization from Thomson Scattering

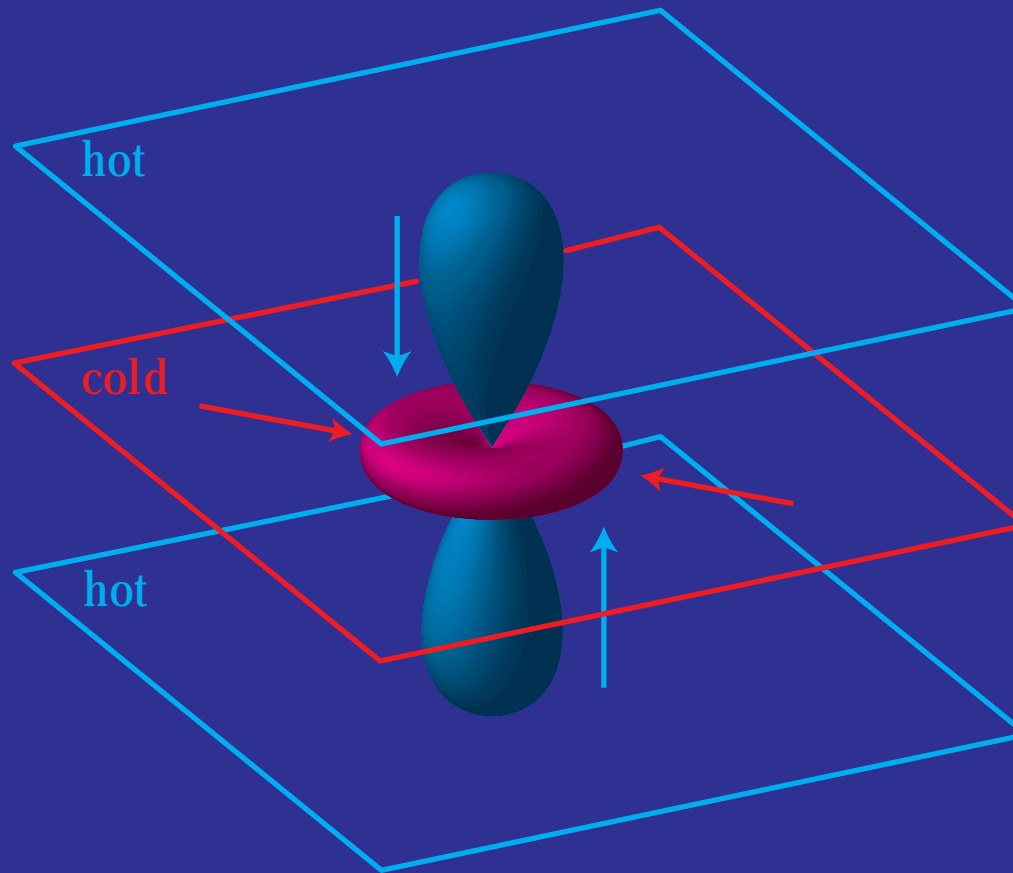
- Quadrupole anisotropies scatter into linear polarization



aligned with
cold lobe

Whence Quadrupoles?

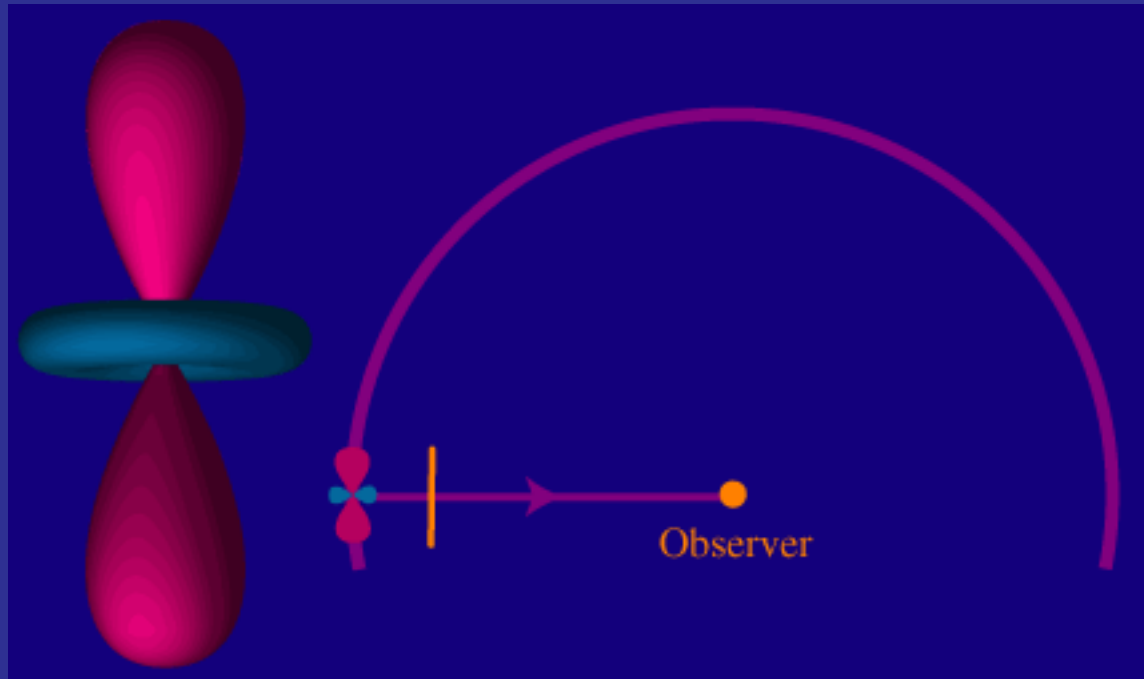
- Temperature inhomogeneities in a medium
- Photons arrive from different regions producing an anisotropy



(Scalar) Temperature Inhomogeneity

Whence Polarization Anisotropy?

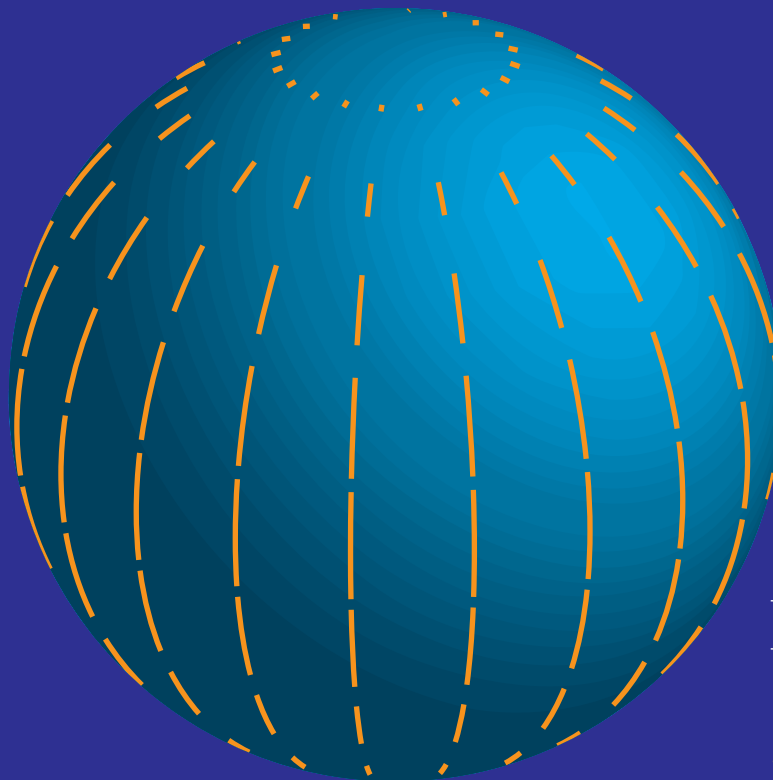
- Observed photons scatter into the line of sight
- Polarization arises from the projection of the quadrupole on the transverse plane



E and B Modes

Polarization Multipoles

- Mathematically pattern is described by the **tensor** (spin-2) **spherical harmonics** [eigenfunctions of Laplacian on trace-free 2 tensor]
- **Correspondence** with scalar spherical harmonics established via **Clebsch-Gordan coefficients** (spin x orbital)
- Amplitude of the **coefficients** in the spherical harmonic **expansion** are the **multipole moments**; averaged **square** is the **power**

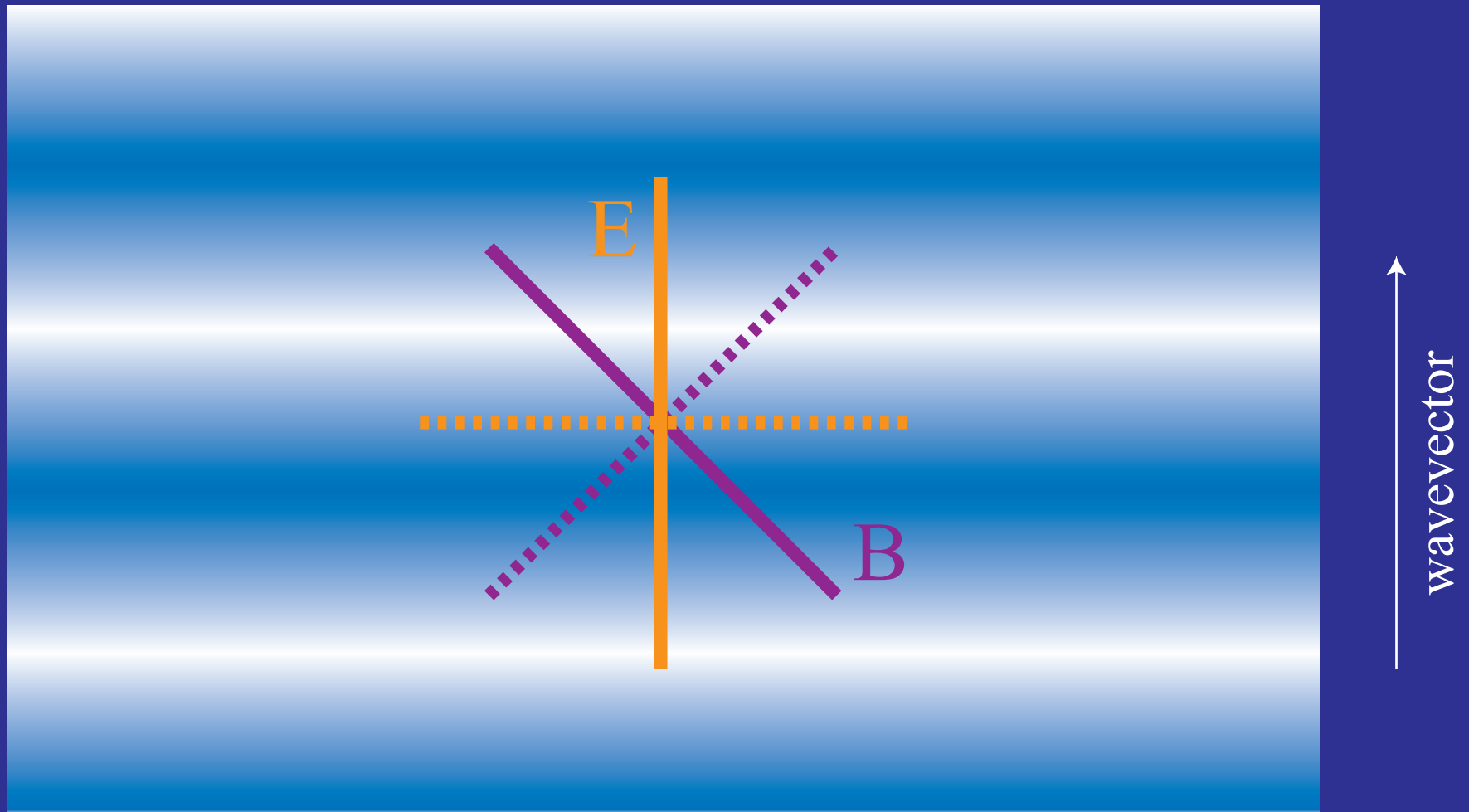


Amplitude varies
along **direction**

E-tensor harmonic
 $l=2, m=0$

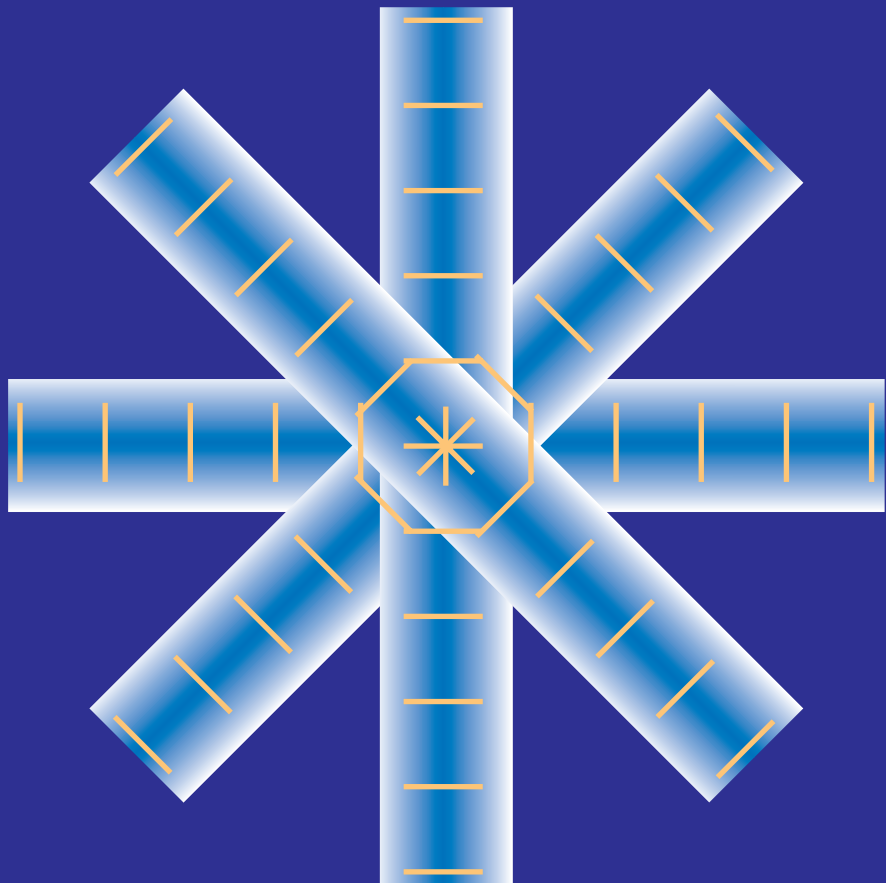
E and B modes

- E-modes are Stokes Q polarization in wavenumber basis
- B-modes are Stokes U polarization

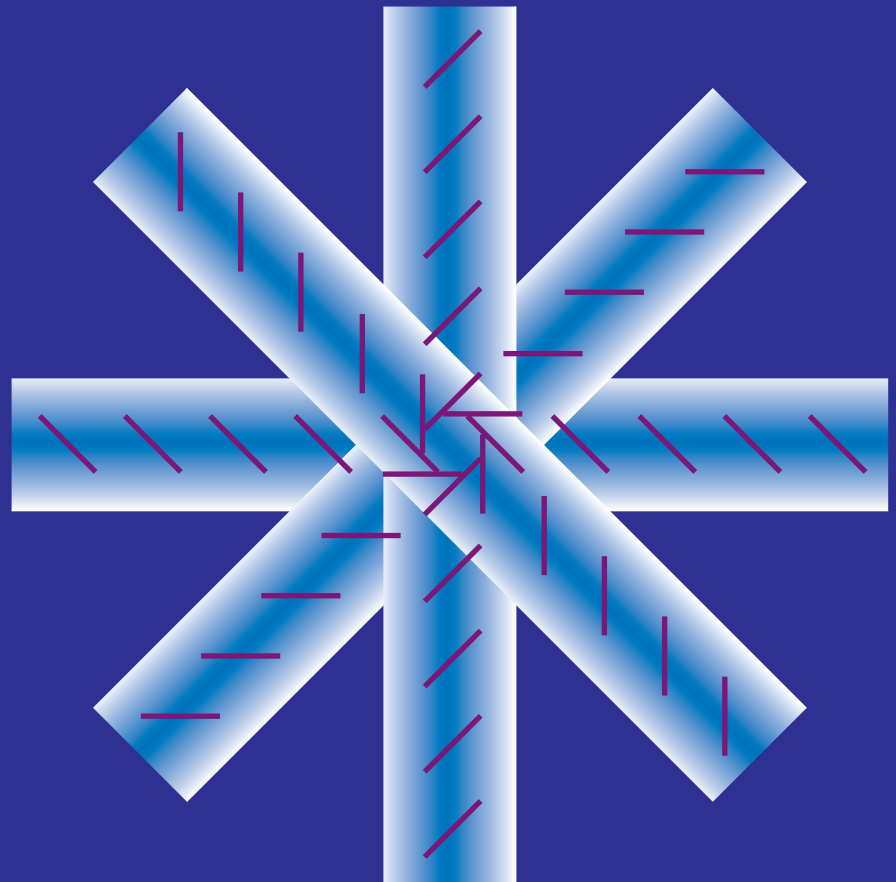


E and B modes

- Superimposing wavevectors
- B-modes have handedness or odd parity



E-modes

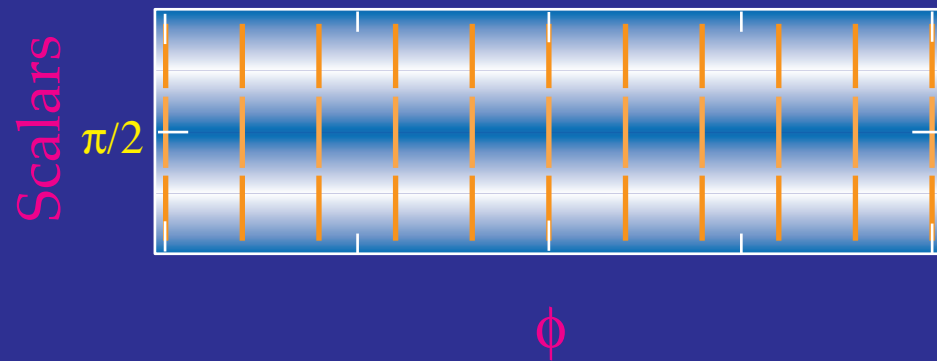


B-modes

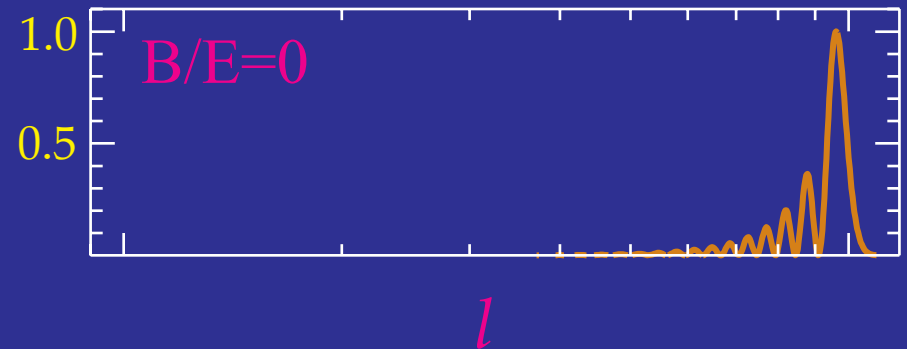
Modulation by Plane Wave

- Amplitude modulated by plane wave \rightarrow higher multipole moments
- Direction determined by perturbation type \rightarrow E-modes

Polarization Pattern



Multipole Power

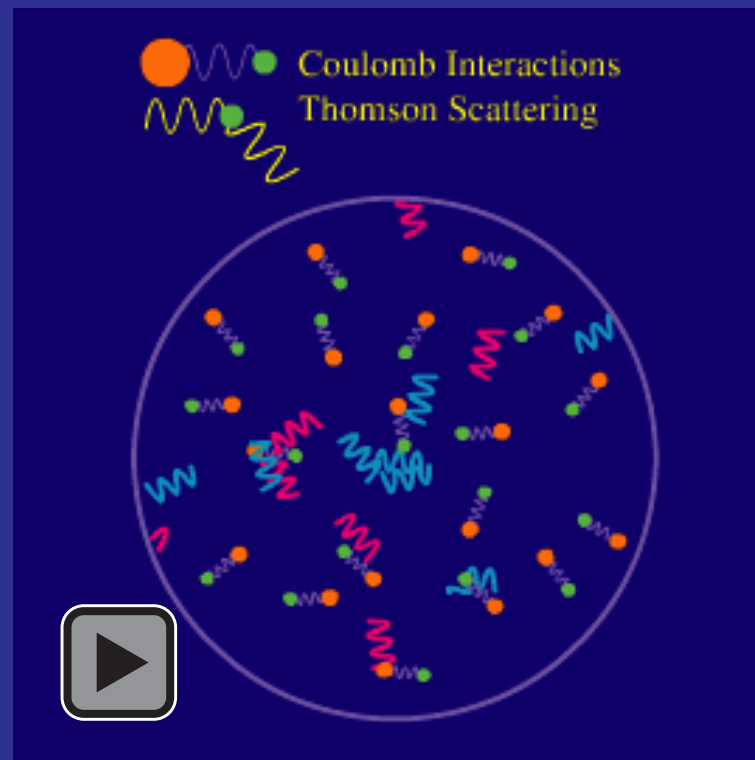


edge on orientation dominates:
nearly single l per k

Polarization Peaks

A Catch-22

- Polarization is generated by scattering of anisotropic radiation
- Scattering isotropizes radiation
- Polarization only arises in optically thin conditions: reionization and end of recombination
- Polarization fraction is at best a small fraction of the 10^{-5} anisotropy: $\sim 10^{-6}$ or μK in amplitude



Pros:
Polarization
Isolates
Scattering
Epoch

Acoustic Polarization

- Perfect fluid: no **anisotropic stresses** due to scattering isotropization; baryons and photons move as **single fluid**
- Fluid imperfections are related to the **mean free path of the photons in the baryons**

$$\lambda_C = \dot{\tau}^{-1} \quad \text{where} \quad \dot{\tau} = n_e \sigma_T a$$

is the conformal opacity to **Thomson scattering**

- Dissipation is related to the **diffusion length**: random walk approximation

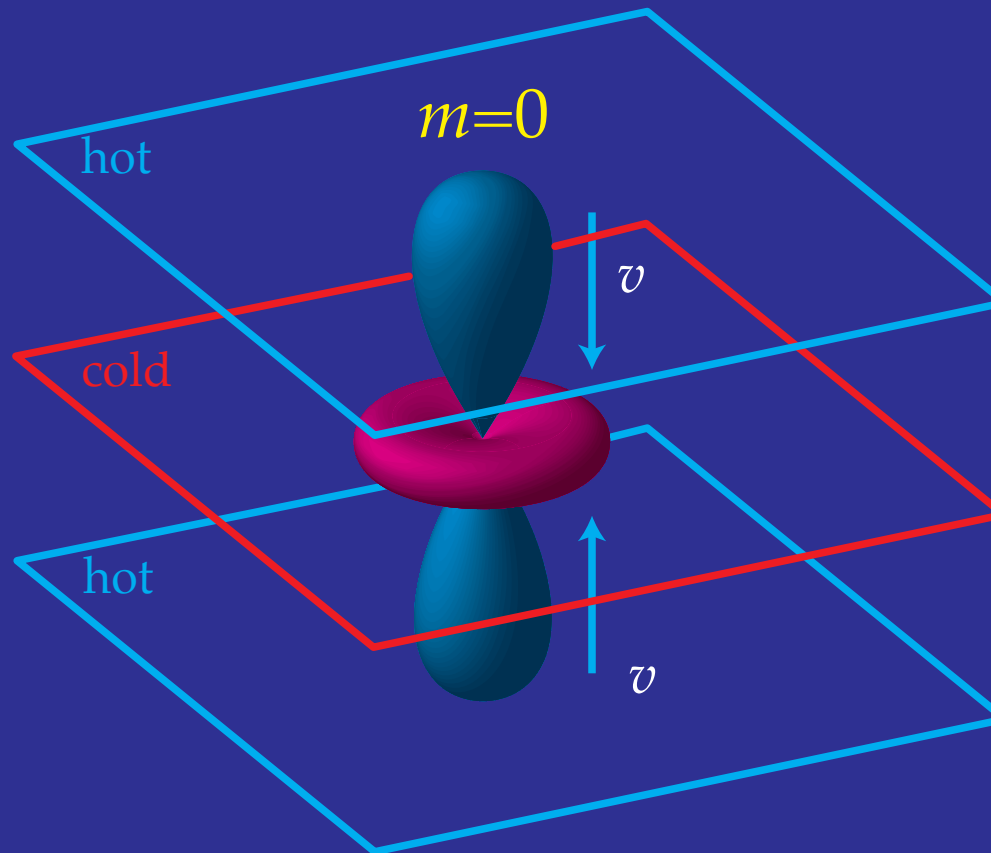
$$\lambda_D = \sqrt{N} \lambda_C = \sqrt{\eta / \lambda_C} \lambda_C = \sqrt{\eta \lambda_C}$$

the **geometric mean** between the horizon and mean free path

- $\lambda_D / \eta_* \sim$ **few %**, so expect the **peaks** > 3 to be affected by **dissipation**

Viscosity & Heat Conduction

- Both fluid imperfections are related to the gradient of the velocity kv_γ by opacity $\dot{\tau}$: slippage of fluids $v_\gamma - v_b$.
- **Viscosity** is an anisotropic stress or **quadrupole moment** formed by radiation **streaming** from hot to cold regions



Back of the Envelope

- Viscosity= quadrupole anisotropy that follows the fluid velocity

$$\pi_\gamma \approx \frac{k}{\dot{\tau}} v_\gamma$$

- Mean free path related to the damping scale via the random walk

$$k_D = (\dot{\tau}/\eta_*)^{1/2} \rightarrow \dot{\tau} = k_D^2 \eta_*$$

- Damping scale at $\ell \sim 1000$ vs horizon scale at $\ell \sim 100$ so

$$k_D \eta_* \approx 10$$

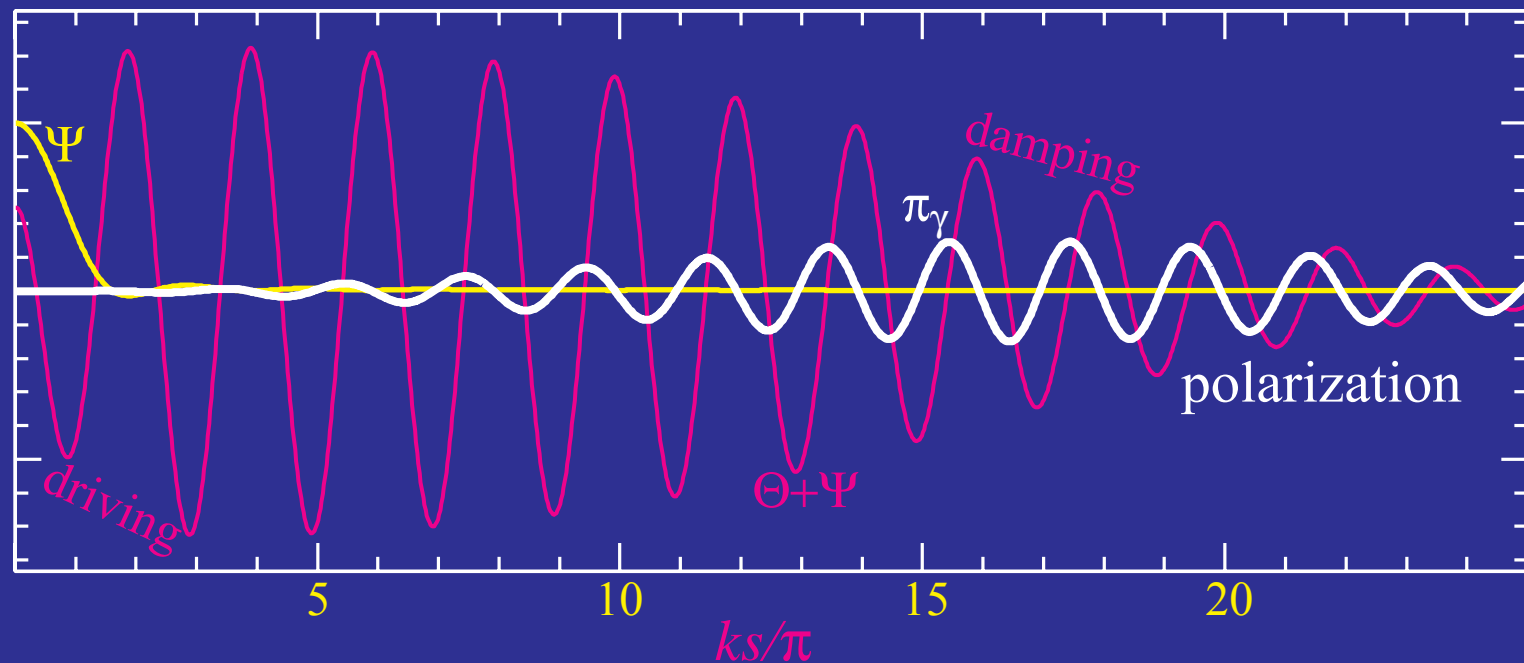
- Polarization amplitude rises to the damping scale to be $\sim 10\%$ of anisotropy

$$\pi_\gamma \approx \frac{k}{k_D} \frac{1}{10} v_\gamma \quad \Delta_P \approx \frac{\ell}{\ell_D} \frac{1}{10} \Delta_T$$

- Polarization phase follows fluid velocity

Damping & Polarization

- Quadrupole moments:
 - damp** acoustic oscillations from fluid viscosity
 - generates **polarization** from scattering
- Rise in polarization **power** coincides with fall in temperature power – $l \sim 1000$



Acoustic Polarization

- Gradient of velocity is along direction of wavevector, so polarization is pure *E*-mode
- Velocity is 90° out of phase with temperature – turning points of oscillator are zero points of velocity:

$$\Theta + \Psi \propto \cos(ks); \quad v_\gamma \propto \sin(ks)$$

- Polarization peaks are at troughs of temperature power

Cross Correlation

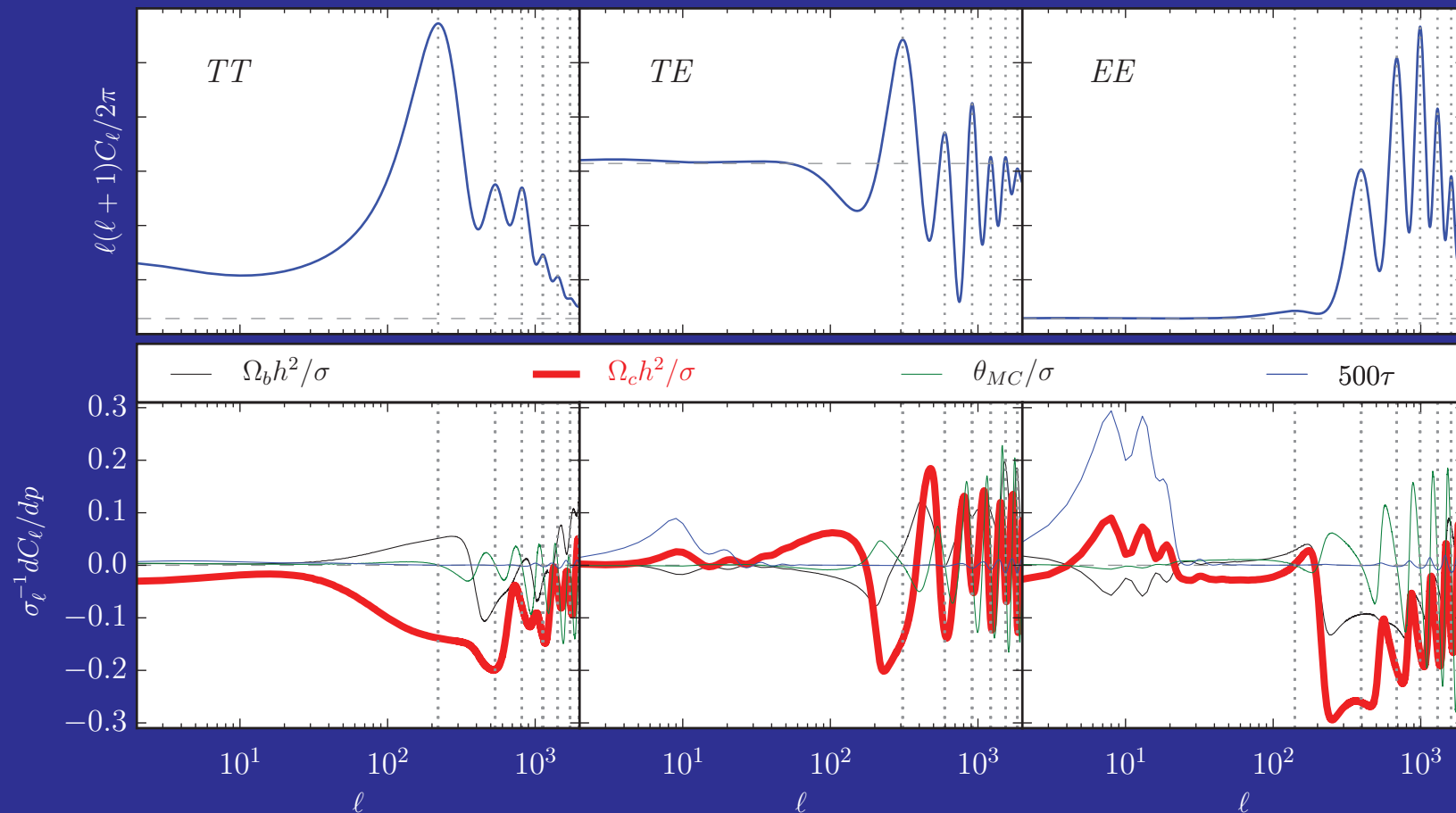
- Cross correlation of temperature and polarization

$$(T)(v_\gamma) \propto \cos(ks) \sin(ks) \propto \sin(2ks)$$

- Oscillation at twice the frequency
- Correlation: radial or tangential around hot spots
- Partial correlation: easier to measure if polarization data is noisy
- Good check for systematics and foregrounds
- Comparison of temperature and polarization is proof against features in initial conditions mimicking acoustic features
- Polarization isolates scattering leading to reduced projection effects

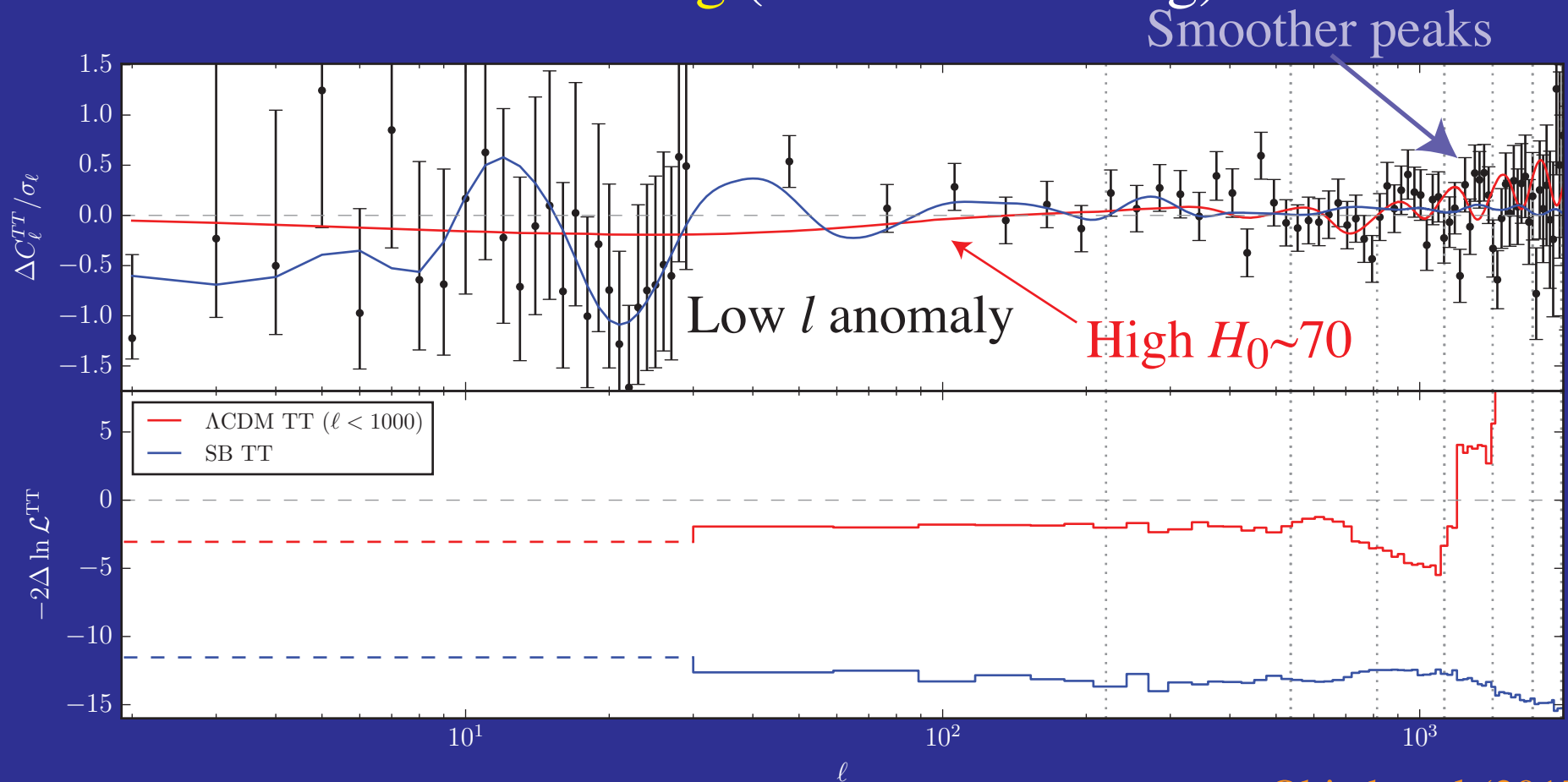
Polarization and H_0

- Shift to **lower H_0** from changes in the **shape of peaks** indicating **more CDM** relative to radiation
- **Increased** angular scale of **sound horizon** compensated by **larger distance** to recombination through **lower H_0**



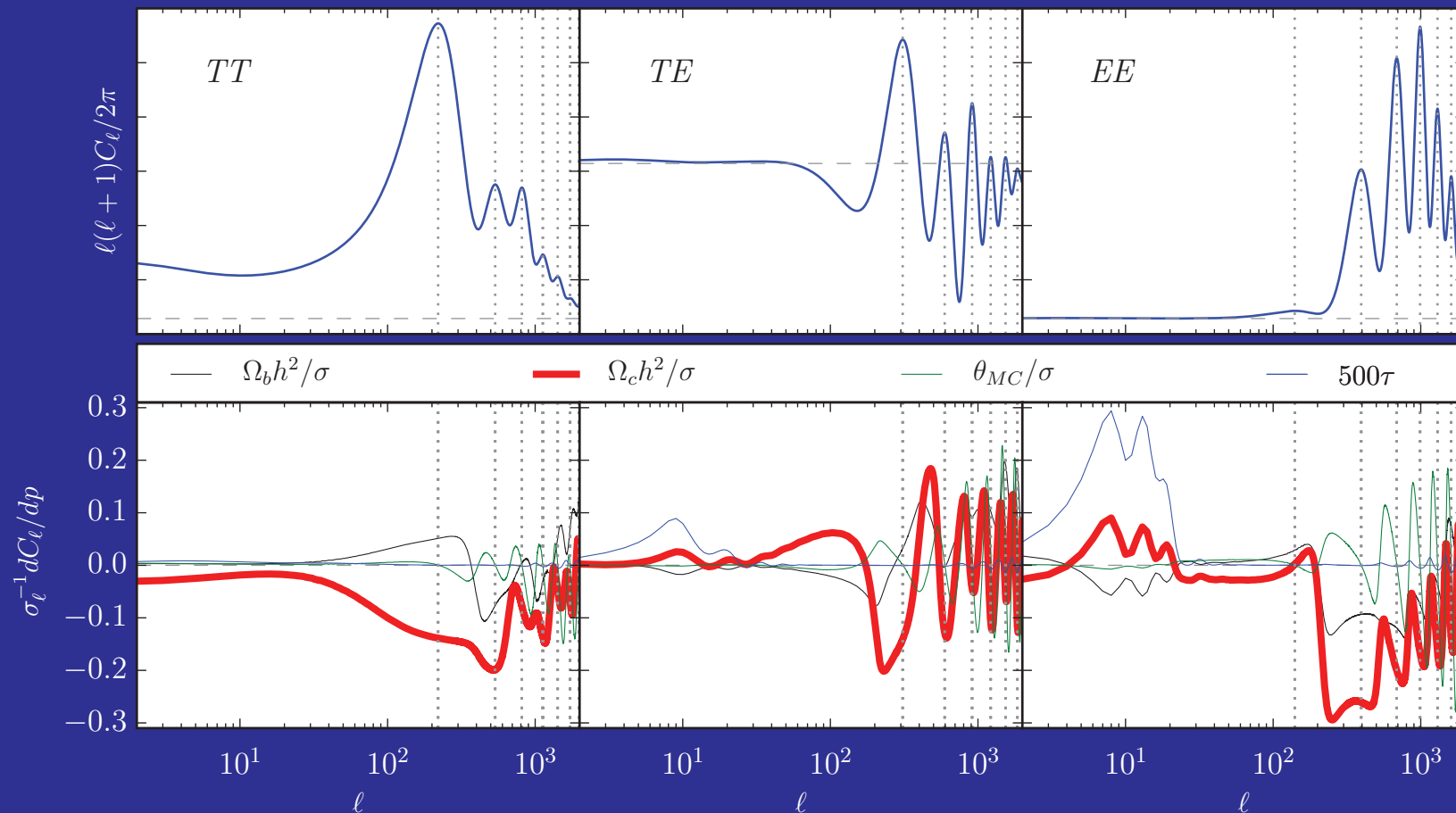
Polarization and H_0

- Residuals from the best fit $H_0 \sim 67 \text{ km/s/Mpc}$ ΛCDM solution
- High H_0 at $l < 1000$ driven by low l anomaly Addison et al (2015)
- Low H_0 at $l > 1000$ driven by smoother peaks Aghanim et al (2016)
from less radiation driving (and more lensing)

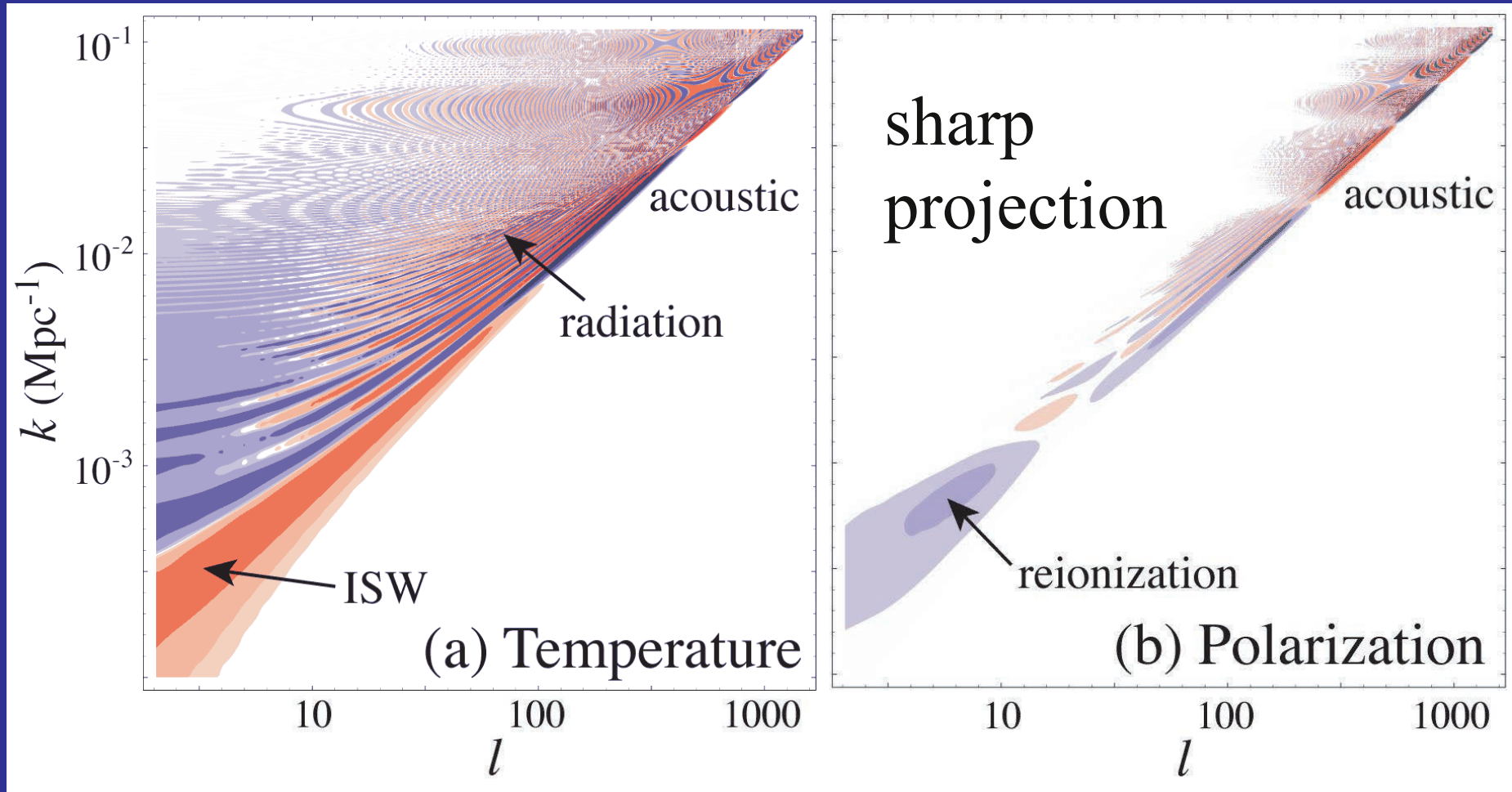


Polarization and H_0

- Polarization **response** to parameter shifts **very sharp** around first **temperature peak**: no intervening ISW sources, geometry of projection
- Powerful **cross check** in a **different observable** and **scale**

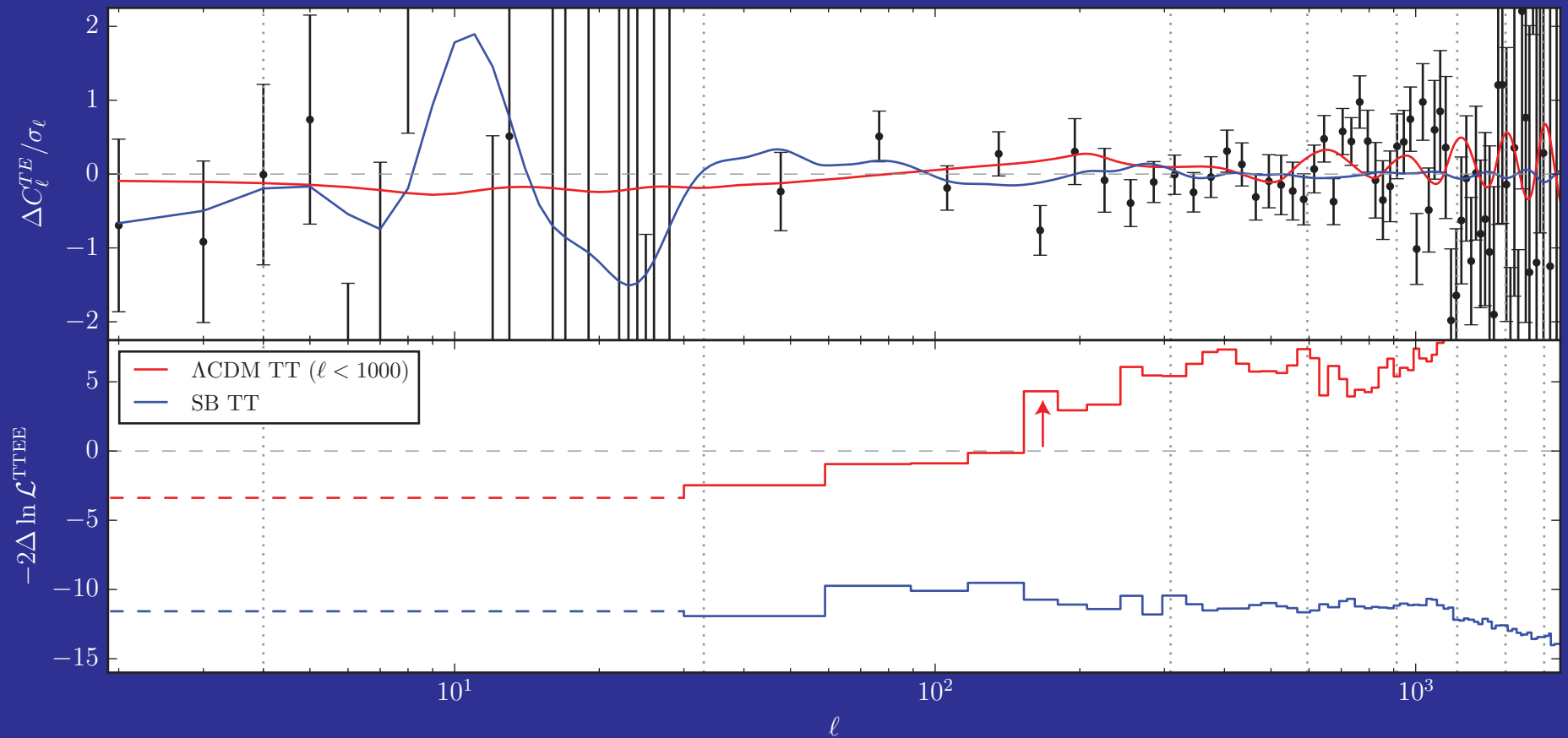


Transfer of Initial Power

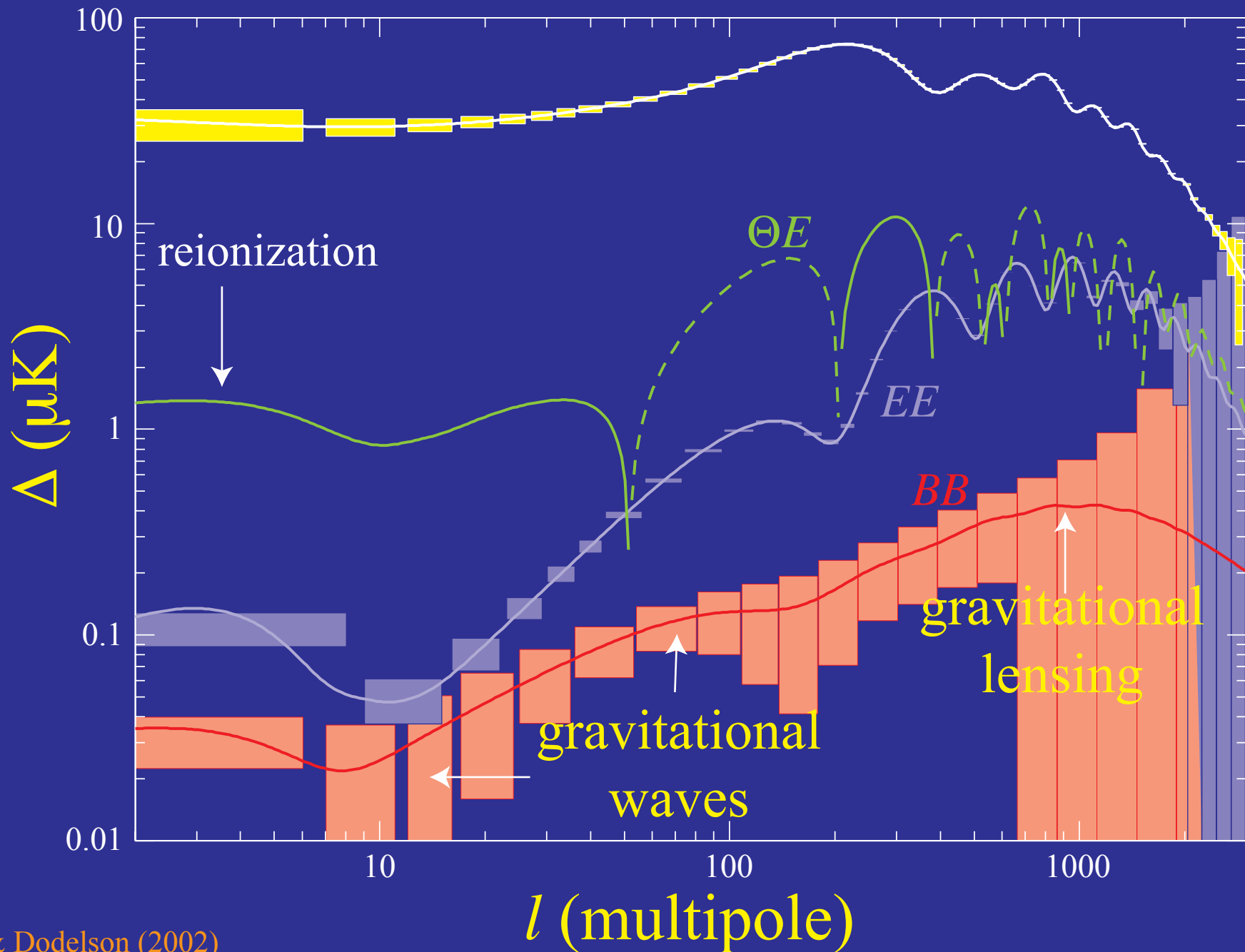


Polarization and H_0

- TE residuals favor $H_0 \sim 67 \text{ km/s/Mpc}$ but at $l < 1000$
- As sensitive as all of TT
- Anomalous sensitivity from a 2σ outlier at $l \sim 165$ near the first polarization trough



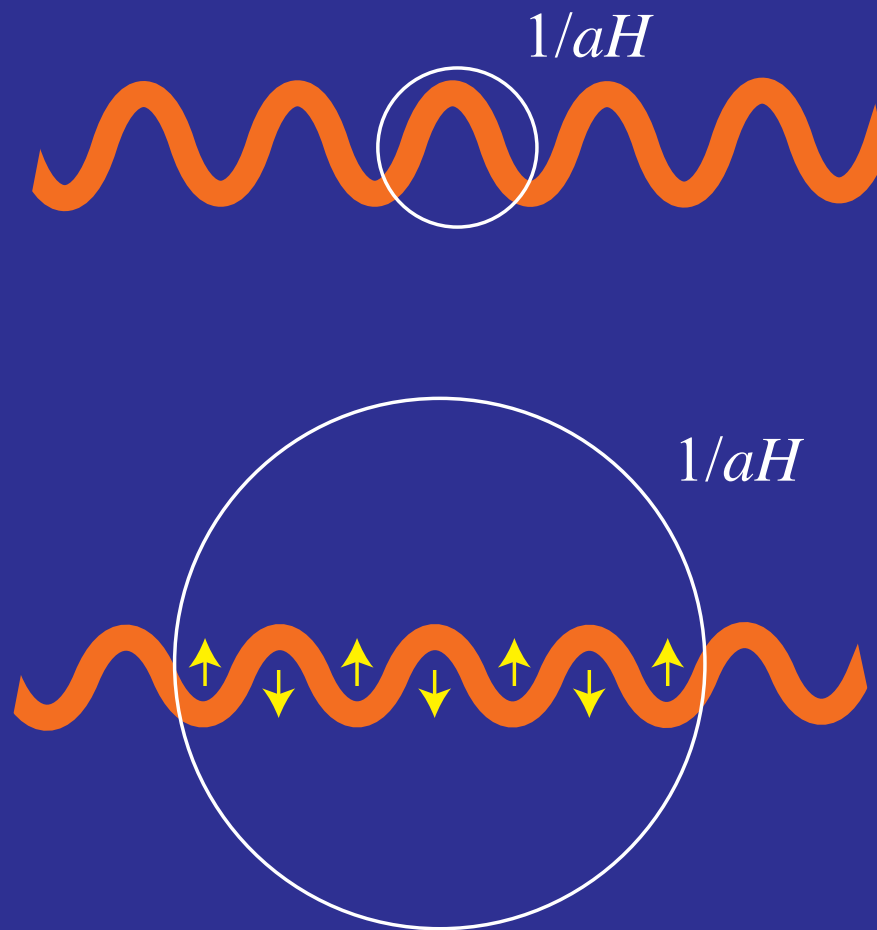
Polarized Landscape



Gravitational Waves

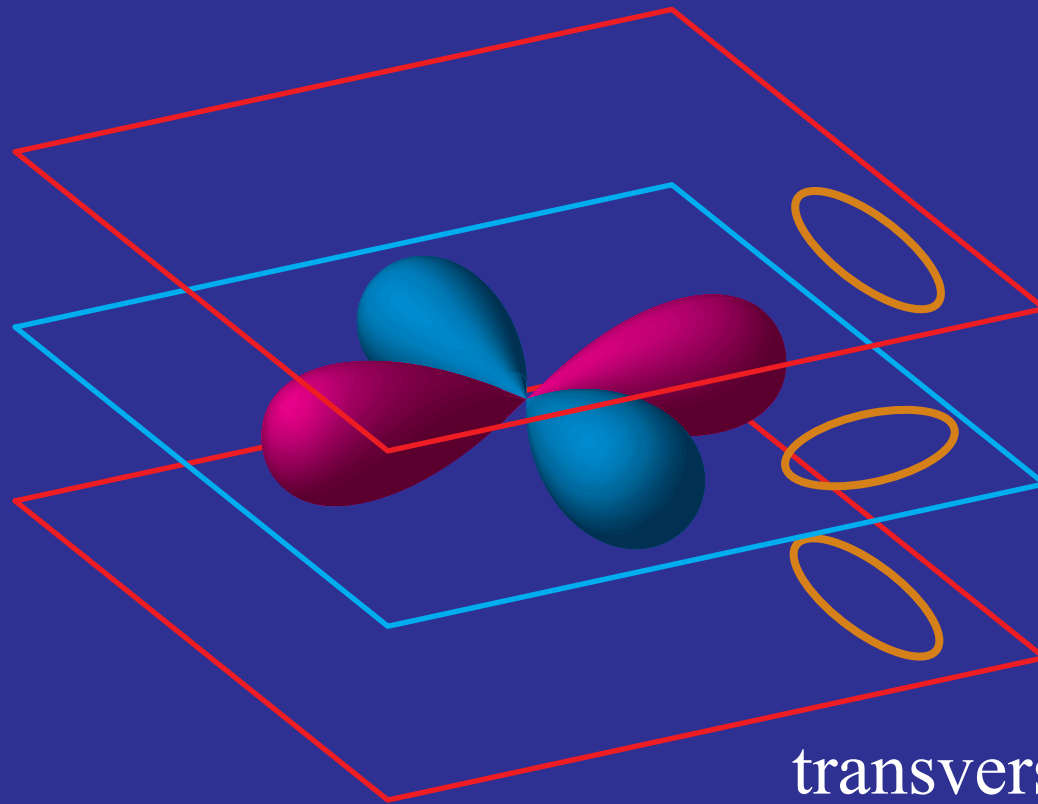
Gravitational Waves in Cosmology

- During **deceleration epoch** gravity waves are frozen outside the horizon
- **Oscillate** inside the **horizon** and **decay** or **redshift** as radiation



Quadrupoles from Gravitational Waves

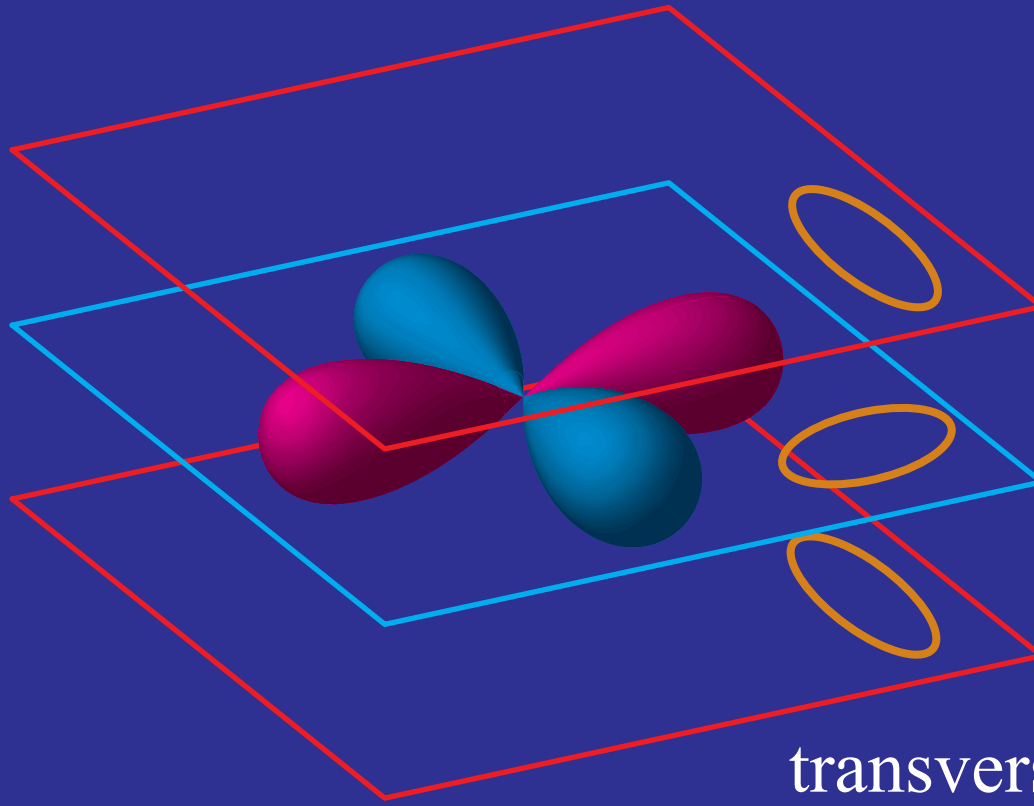
- Changing **transverse traceless** distortion of space, aka **gravitational waves**, creates **quadrupole CMB anisotropy**
- Gravitational waves are **frozen** when **larger** than the **horizon** and **oscillate** and **decay** as radiation inside horizon



transverse-traceless
tensor distortion

Quadrupoles from Gravitational Waves

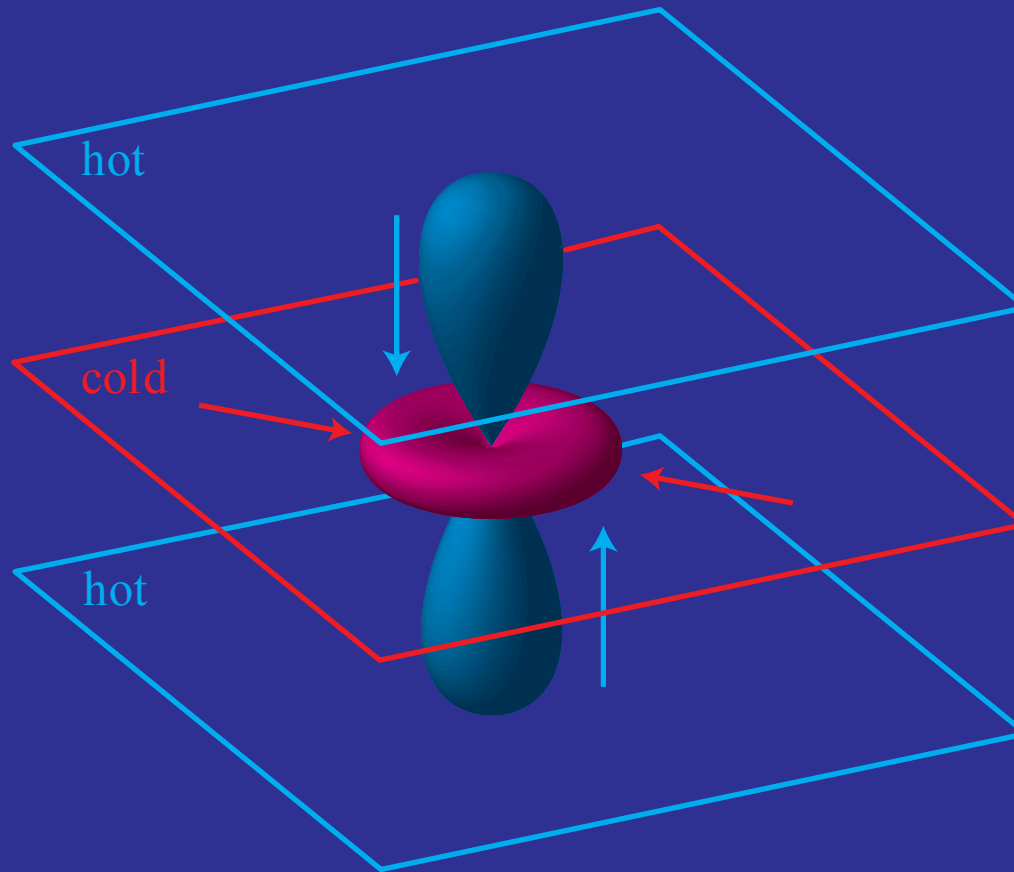
- Transverse-traceless distortion provides temperature quadrupole
- Gravitational wave polarization picks out direction transverse to wavevector



transverse-traceless
distortion

How do Scalars Differ?

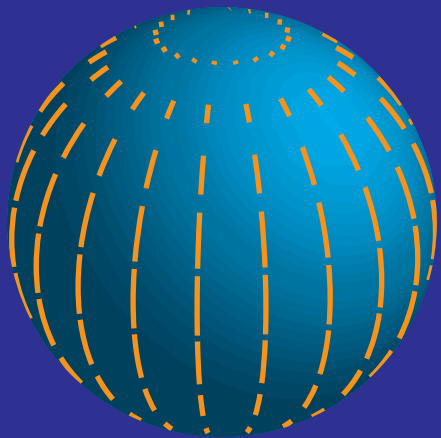
- Temperature inhomogeneities in a medium
- Photons arrive from different regions producing an anisotropy



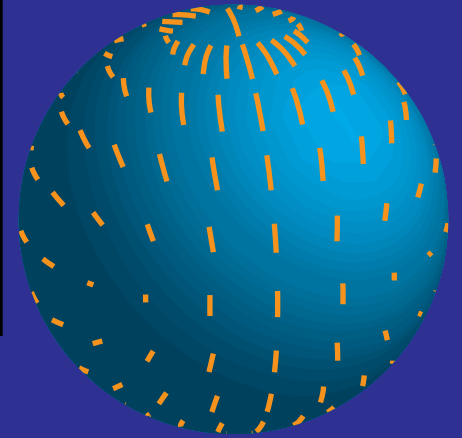
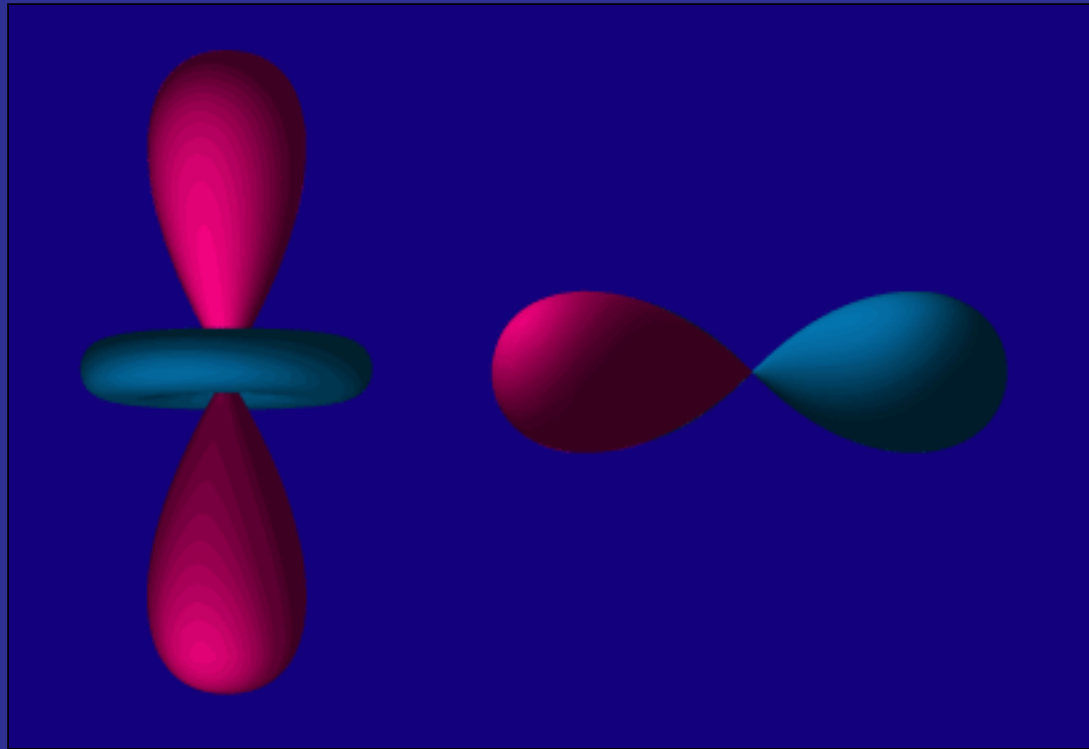
Azimuthally symmetric around wavevector

Gravitational Wave Pattern

- Projection of the quadrupole anisotropy gives polarization pattern
- Transverse polarization of gravitational waves breaks azimuthal symmetry



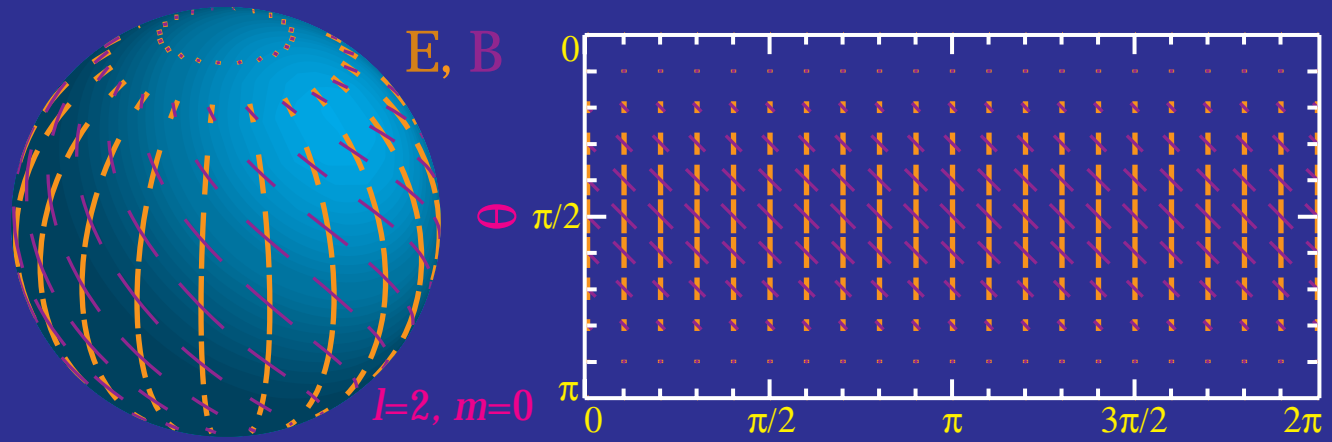
density
perturbation



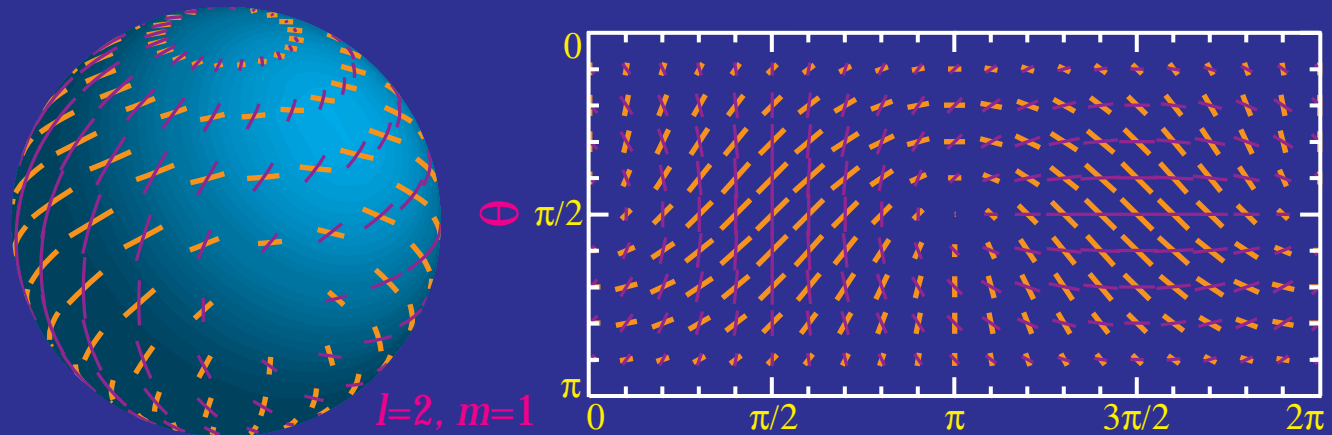
gravitational
wave

Polarization Patterns

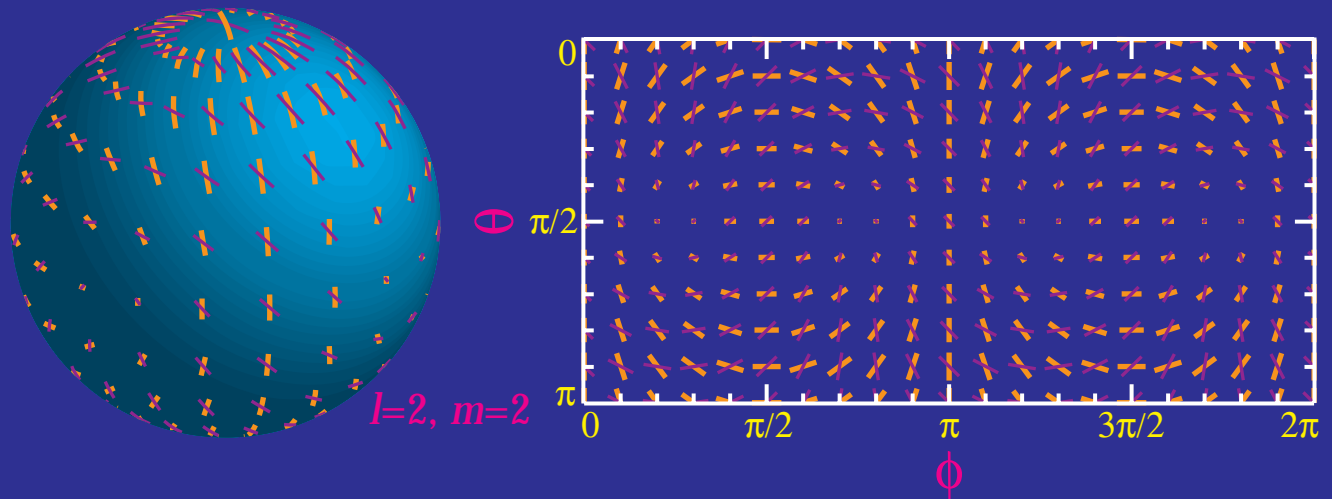
Scalars



Vectors

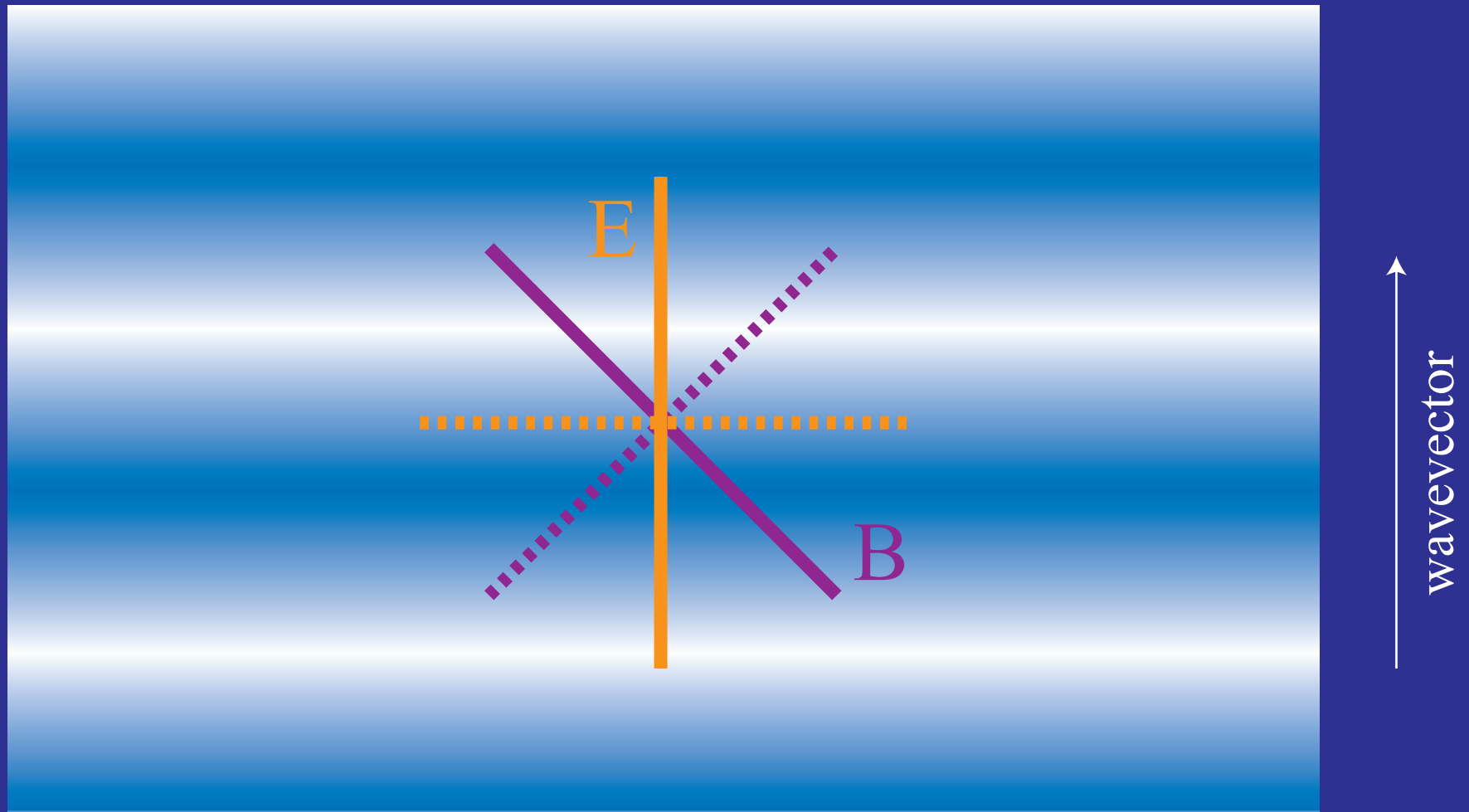


Tensors



E and B modes

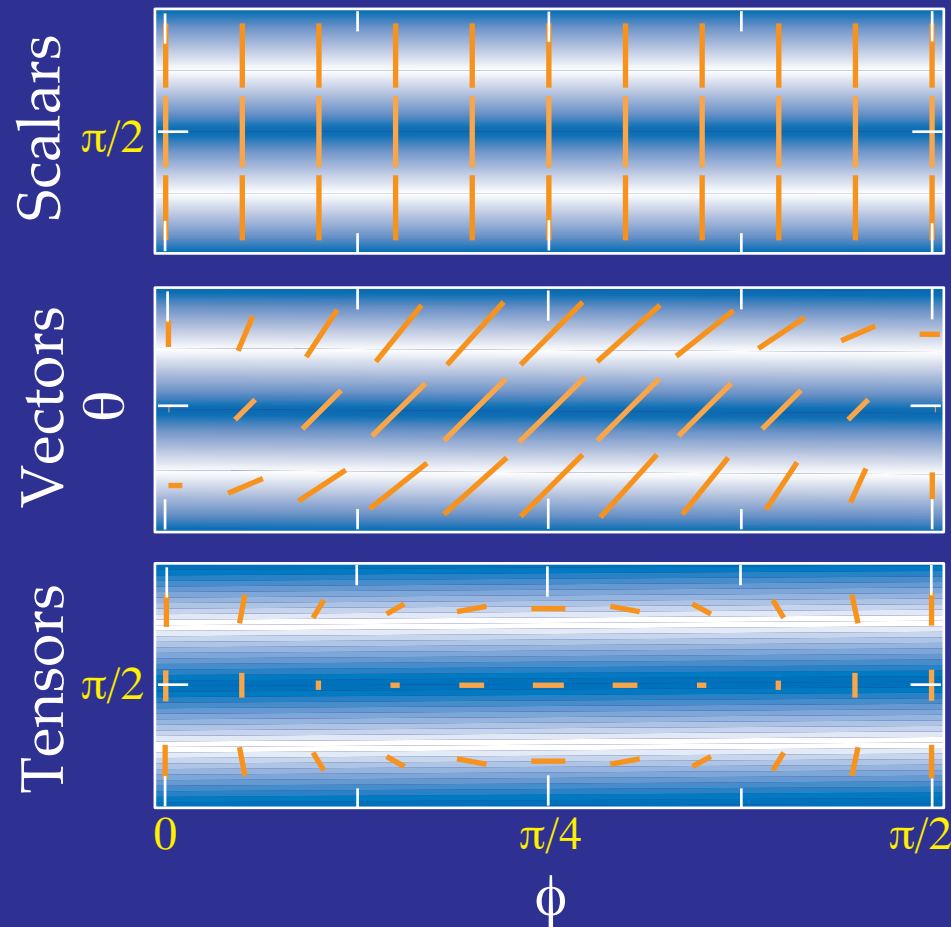
- E-modes are Stokes Q polarization in wavenumber basis
- B-modes are Stokes U polarization



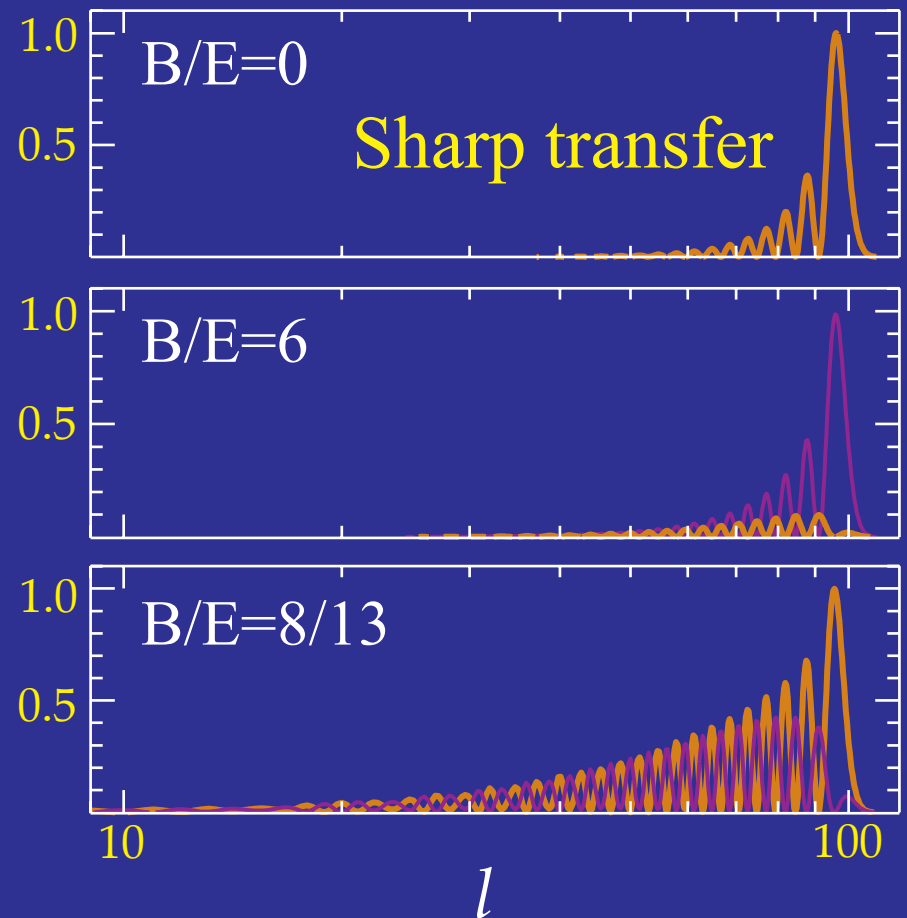
Patterns and Perturbation Types

- **Amplitude** modulated by plane wave \rightarrow **Principle axis**
- **Direction** determined by perturbation type \rightarrow **Polarization axis**

Polarization Pattern

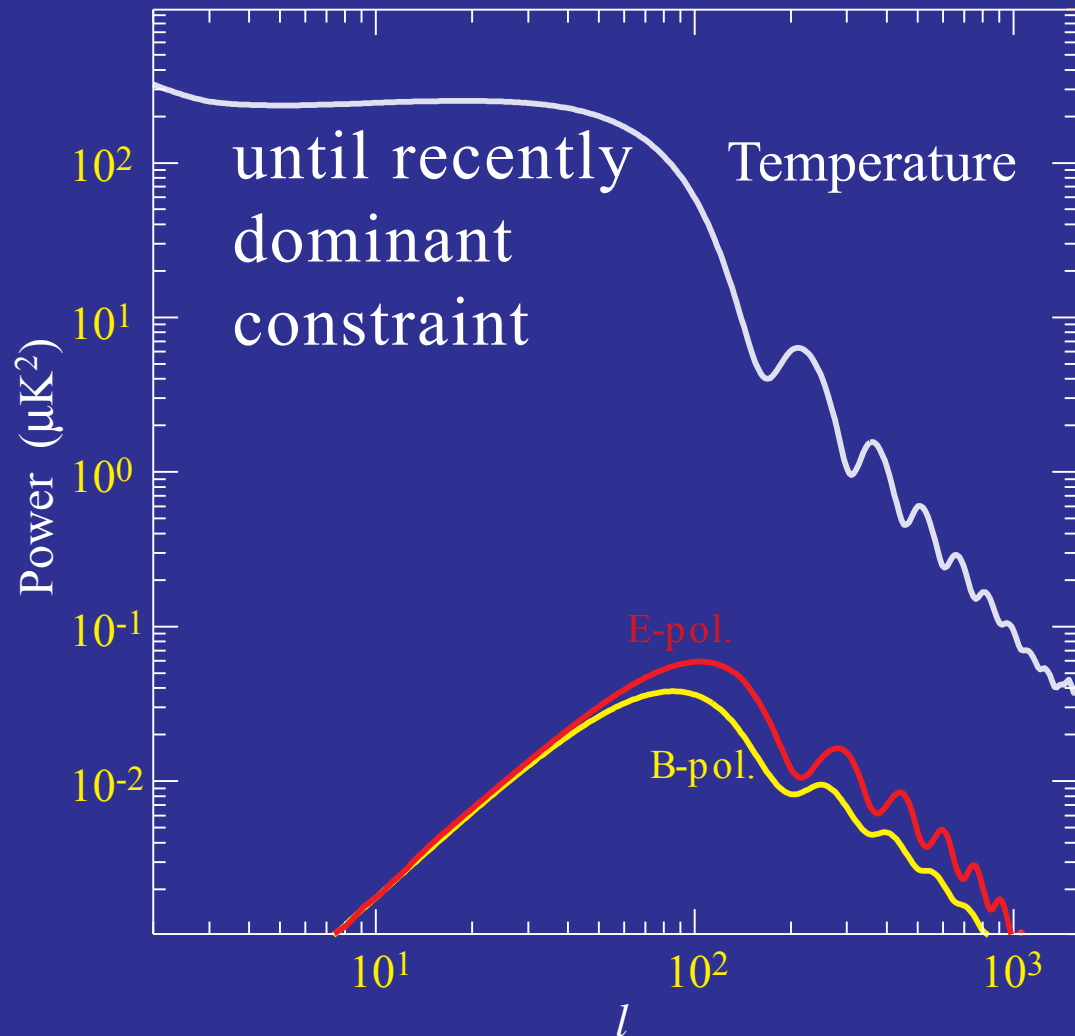


Multipole Power



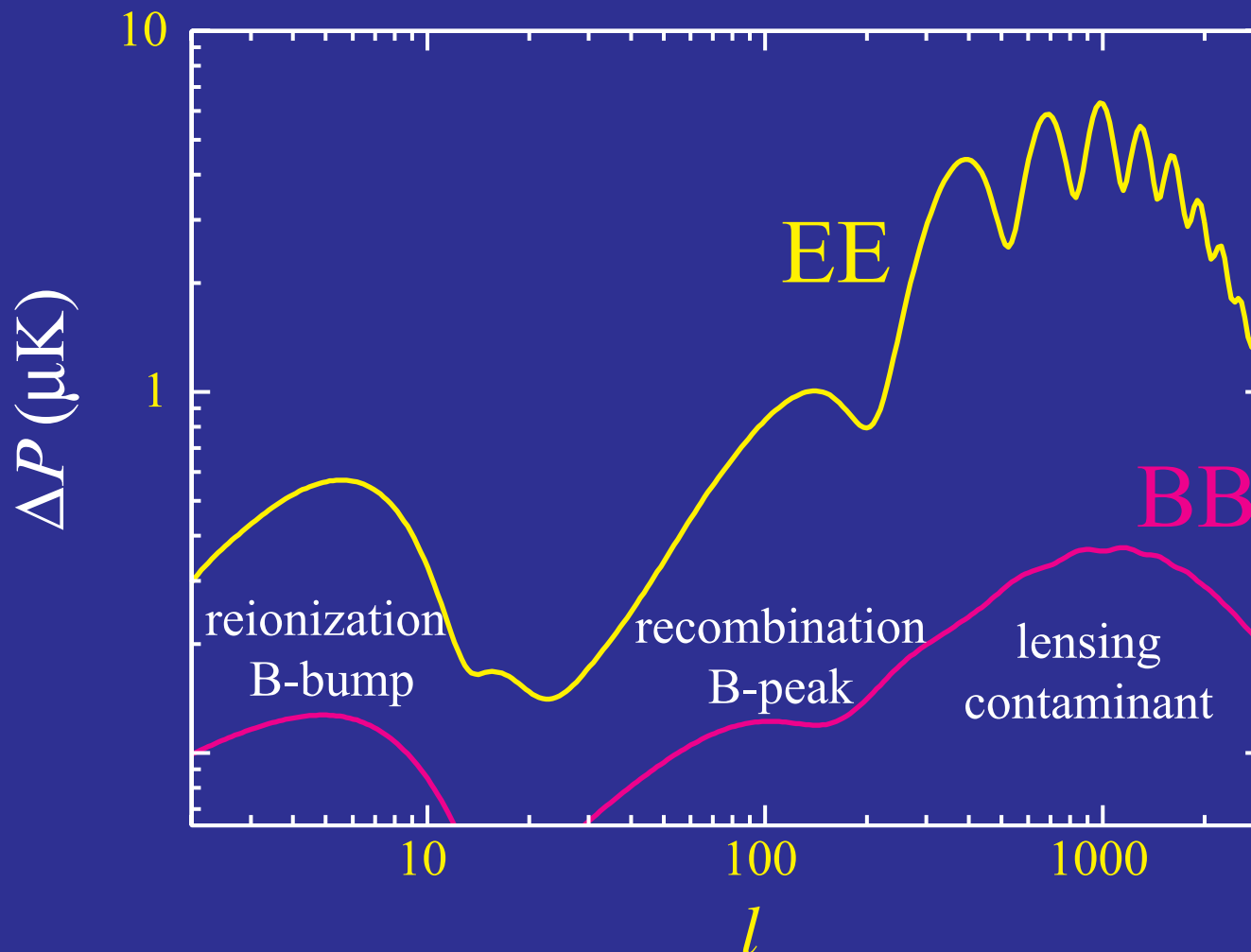
Recombination B-Modes

- Rescattering of quadrupoles at recombination yield a peak in B-modes



Polarized Landscape

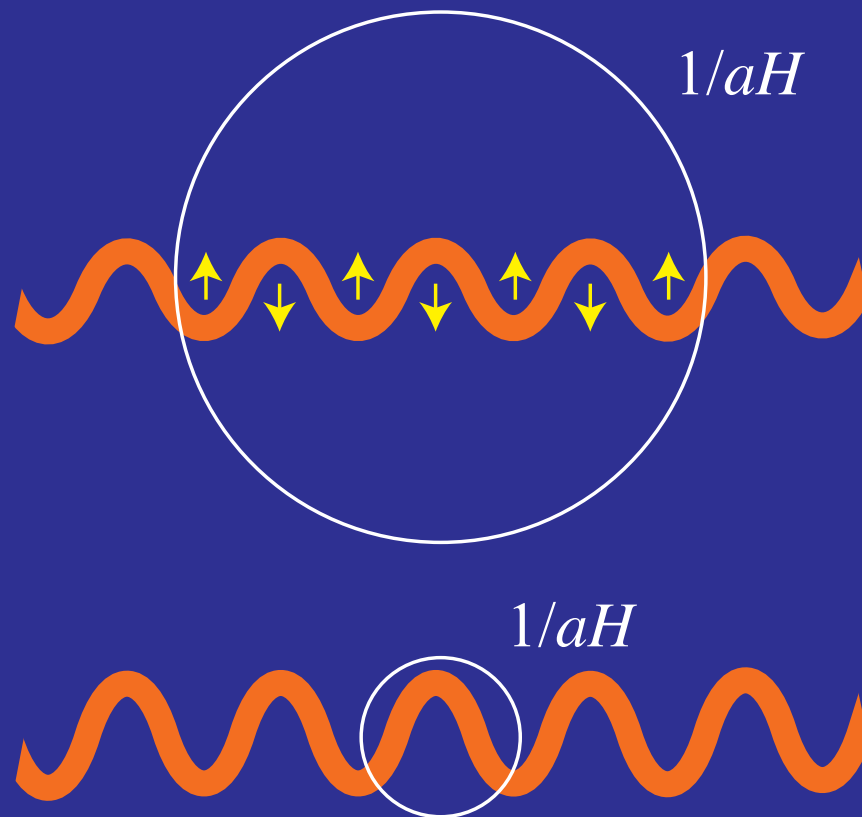
- Two scattering epochs: **recombination** and **reionization** leave two imprints on **B-modes**



Inflation

Gravitational Waves during Inflation

- During **acceleration epoch** gravity waves behave **oppositely** to **deceleration epoch**
- **Oscillate** inside the **horizon** and **freeze** when crossing **horizon**



Gravitational Waves

- Gravitational wave amplitude $h_{+,\times}$ satisfies same Klein-Gordon equation as scalars
- Just like inflaton ϕ , quantum fluctuations freeze out at horizon crossing with power per $\ln k$ given by the Hubble scale H

$$\Delta_{\delta\phi}^2 = \frac{H^2}{(2\pi)^2}; \quad \Delta_{+,\times}^2 = \frac{2}{M_{\text{pl}}^2} \frac{H^2}{(2\pi)^2}$$

- By the Friedmann equation

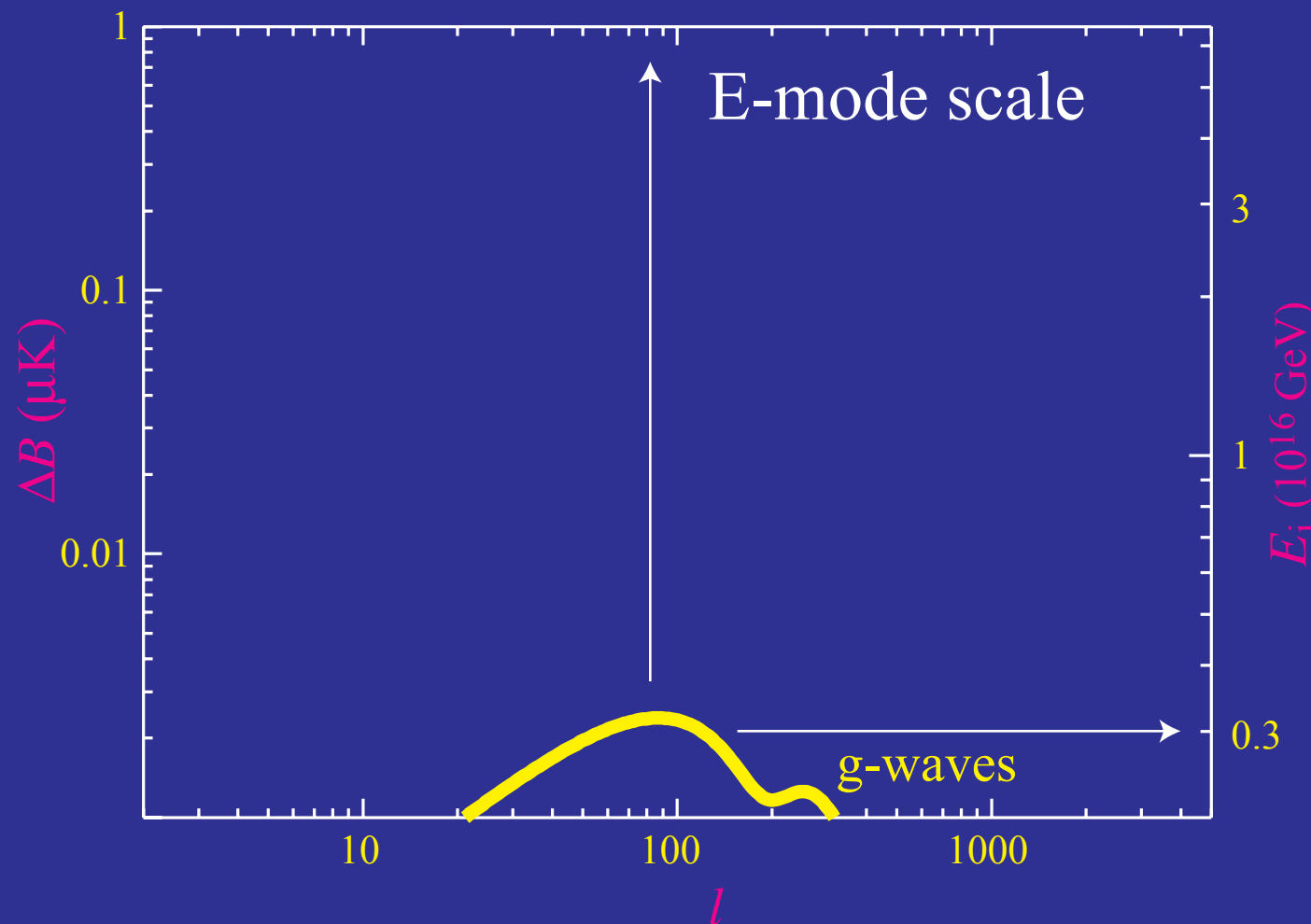
$$H^2 = \frac{\rho}{3M_{\text{pl}}^2} \approx \frac{V(\phi)}{3M_{\text{pl}}^2}$$

Measurement of B -modes determines energy scale $E_i = V^{1/4}$

$$B_{\text{peak}} \approx 0.024 \left(\frac{E_i}{10^{16} \text{GeV}} \right)^2 \mu\text{K}$$

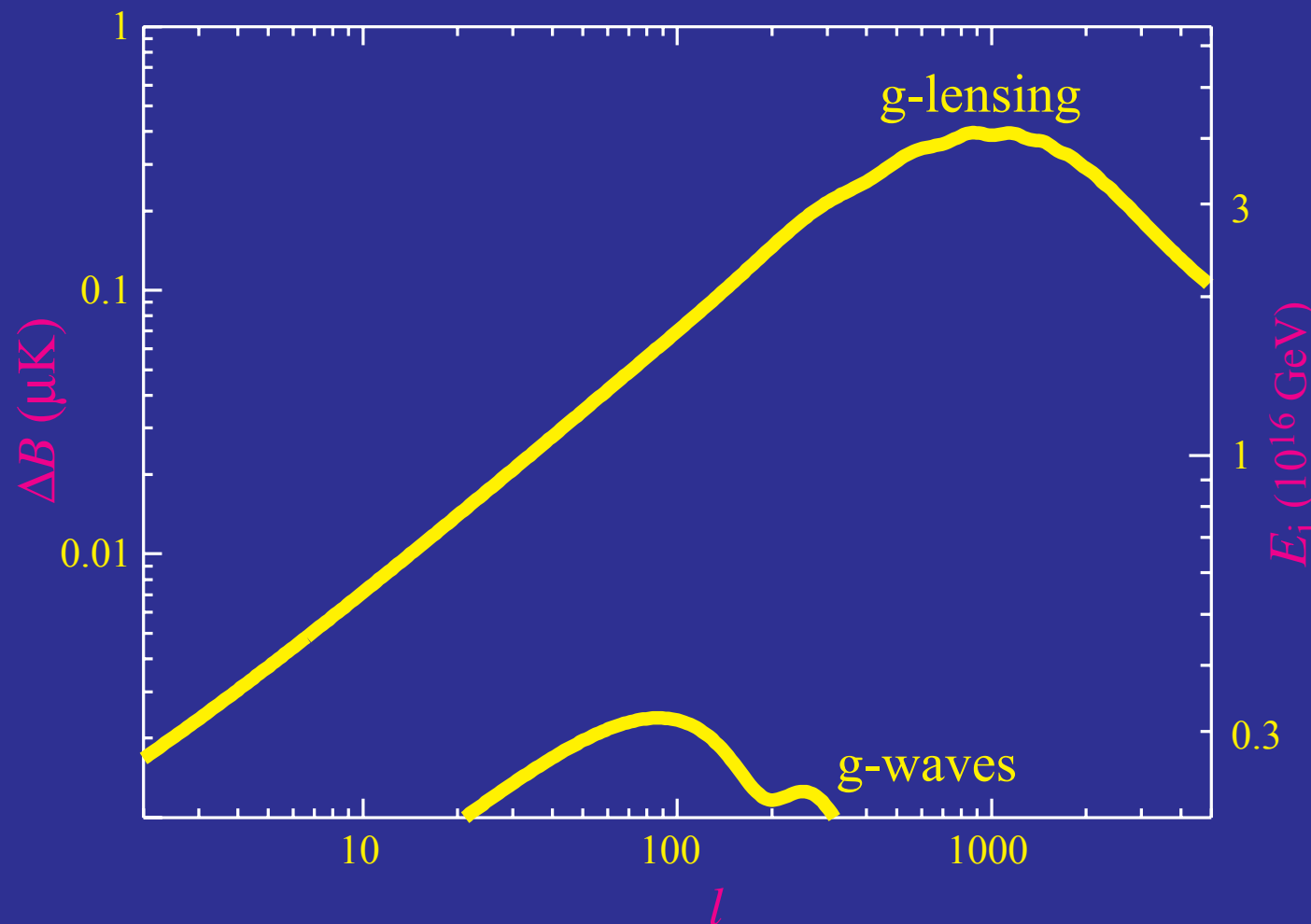
Scaling with Inflationary Energy Scale

- RMS B-mode signal scales with inflationary energy scale squared E_i^2



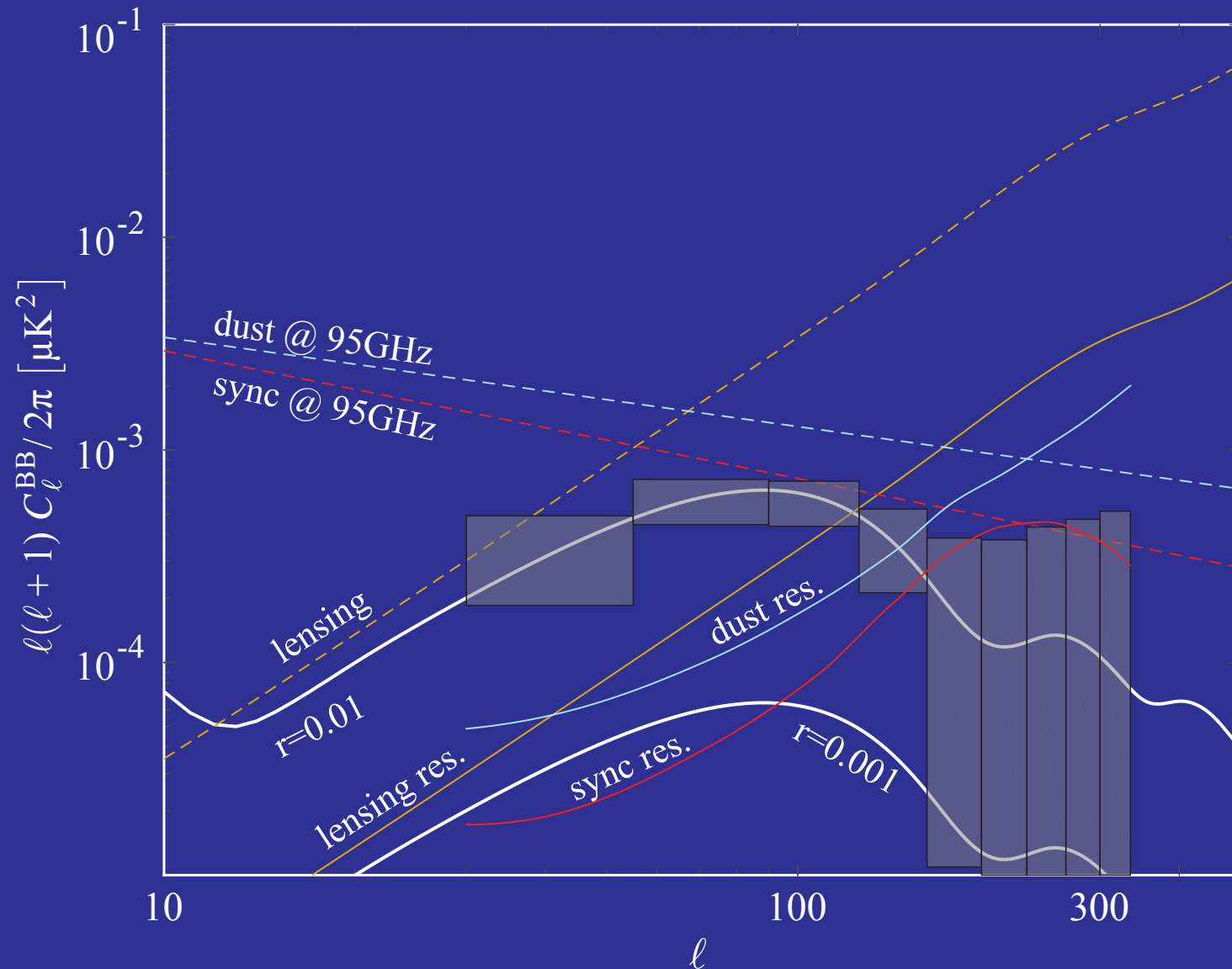
Contamination for Gravitational Waves

- Gravitational lensing contamination of B-modes from gravitational waves cleaned to $E_i \sim 0.3 \times 10^{16}$ GeV



Polarized Foregrounds

- Dust and synchrotron

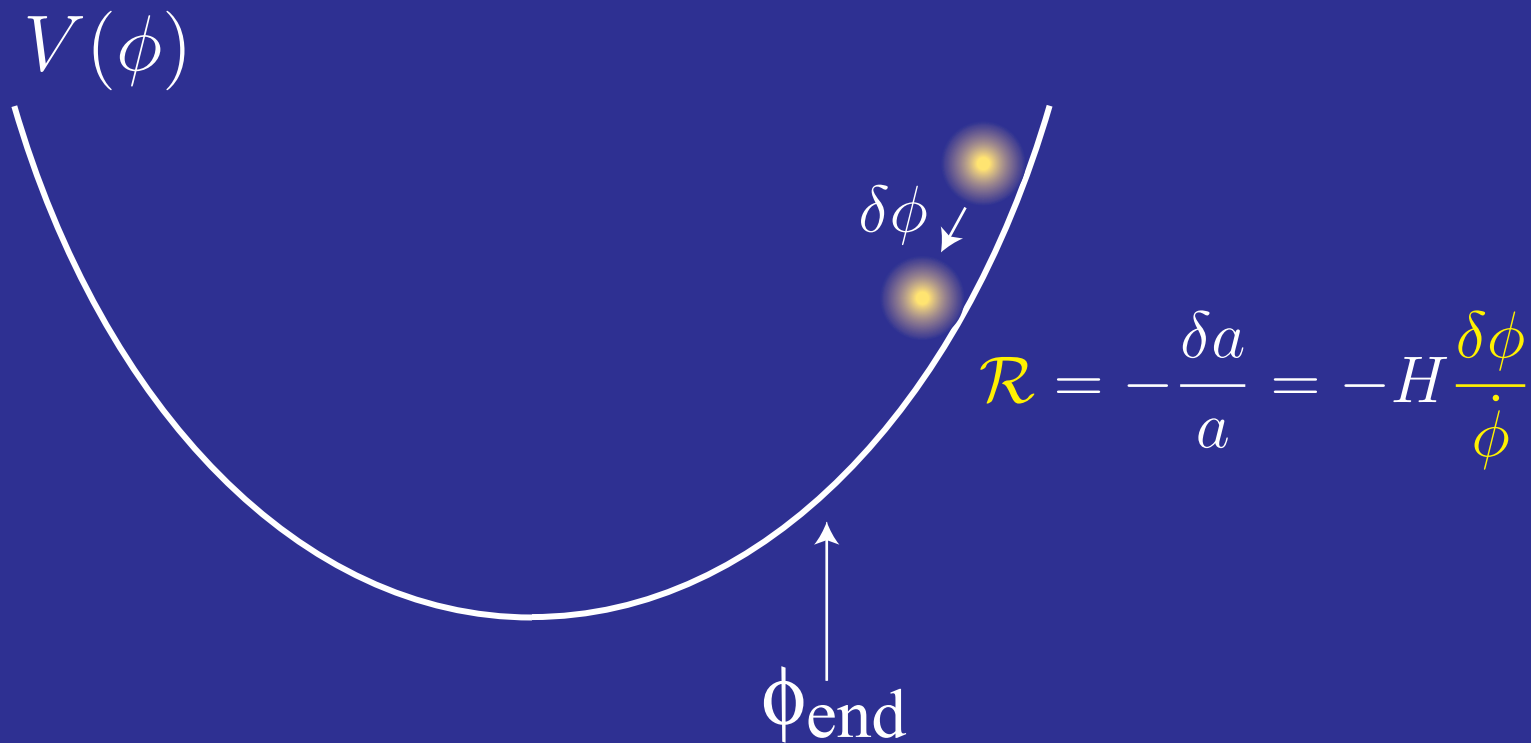


Tensor-Scalar Ratio

- Unlike gravitational waves, **inflaton fluctuations** determine when inflation **ends** in a given patch, changing the **scale factor** or **curvature**
- **Curvature power** is **enhanced** by the **slowness of the roll**

$$\epsilon = \frac{\dot{\phi}^2}{2H^2 M_{\text{pl}}^2}$$

$$\Delta_{\mathcal{R}}^2 = \frac{H^2}{8\pi^2 M_{\text{pl}}^2} \epsilon$$

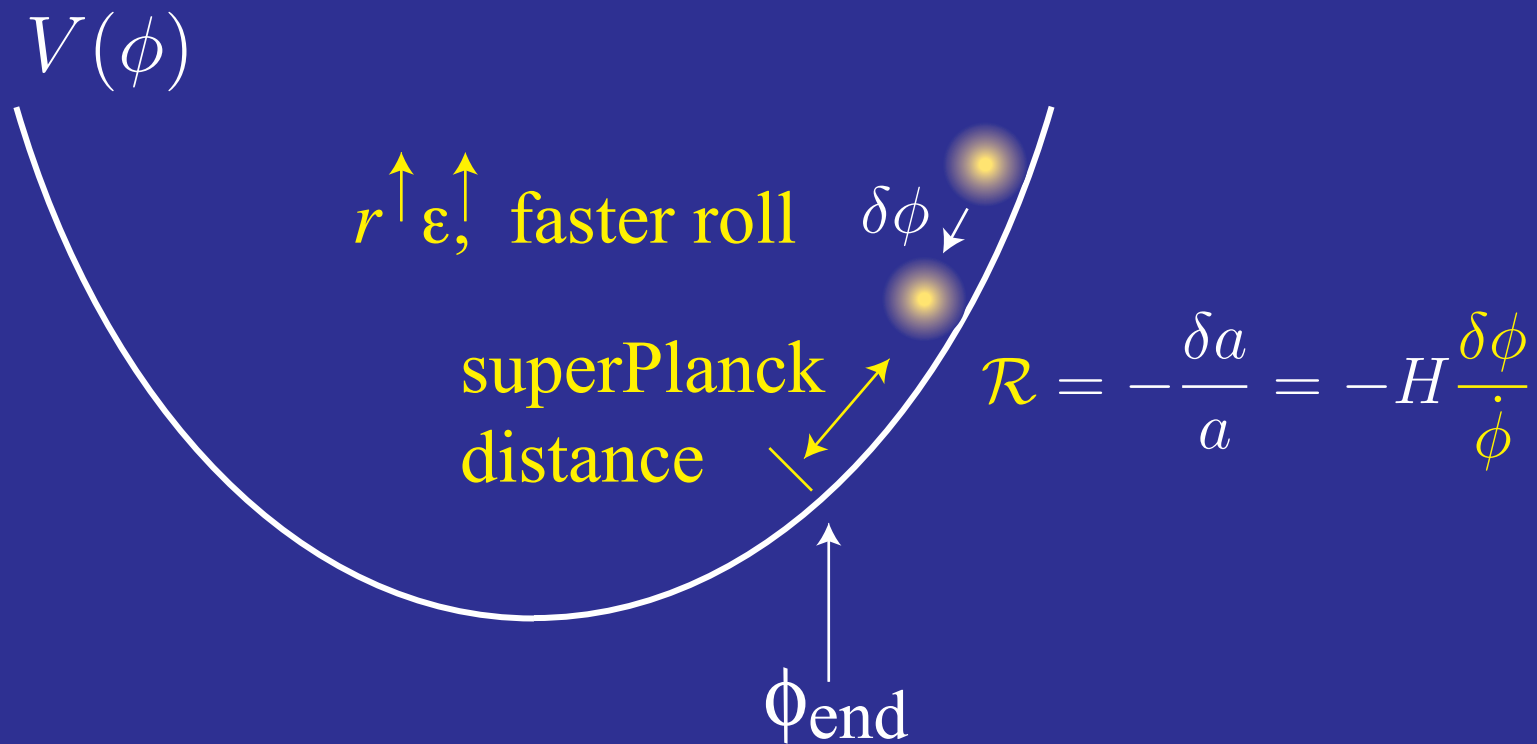


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Tensor-Scalar Ratio

- Tensor-scalar ratio r

$$r \equiv 4 \frac{\Delta_+^2}{\Delta_{\mathcal{R}}^2} = 16\epsilon$$

- A **large r** implies a large ϵ and a **large roll**

$$\epsilon = \frac{1}{2M_{\text{pl}}^2} \left(\frac{d\phi}{d \ln a} \right)^2$$

- **Observable scales** span $d \ln a = d \ln k \sim 5$ so

$$\Delta\phi \approx 5 \frac{d\phi}{d \ln a} = 5(r/8)^{1/2} M_{\text{pl}} \approx 0.6(r/0.1)^{1/2} M_{\text{pl}}$$

- For $r = 0.2$ the field must **roll** by **at least M_{pl}**
- Difficult to **protect** the **flat potential** across this large a range in field space

$n_S - r$ Plane

- **Scalar** power spectrum depends on both H and ϵ , so its **tilt**:

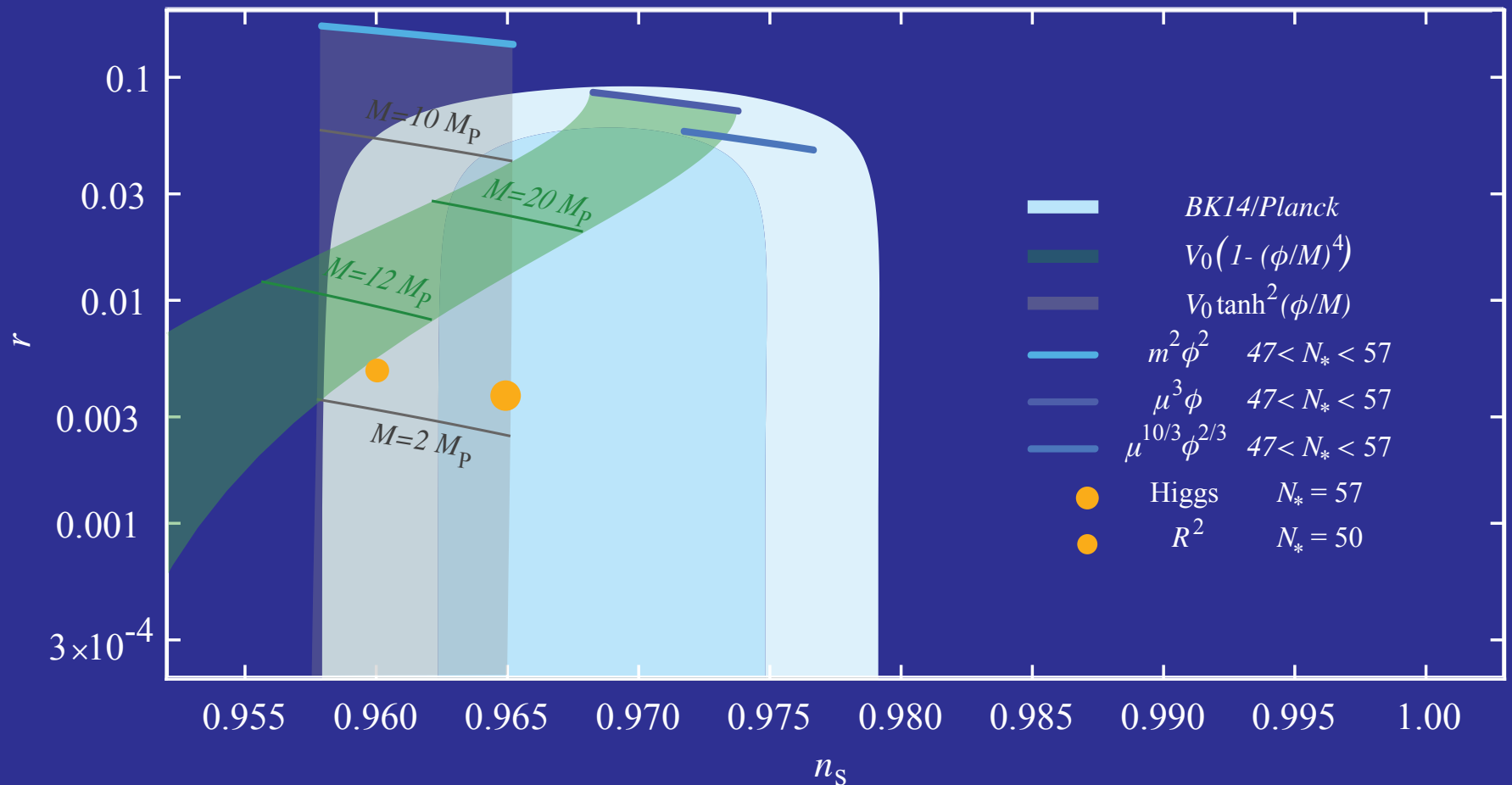
$$\begin{aligned}\frac{d \ln \Delta_{\mathcal{R}}^2}{d \ln k} &\equiv n_S - 1 \\ &= 2 \frac{d \ln H}{d \ln k} - \frac{d \ln \epsilon}{d \ln k} = -2\epsilon - \frac{d \ln \epsilon}{d \ln k}\end{aligned}$$

- Measuring both $n_S - 1$ and r constrain the inflationary model
- In slow roll, related to **derivatives of potential**

$$\begin{aligned}\epsilon &\approx \frac{M_{\text{pl}}^2}{2} \left(\frac{V'}{V} \right)^2 \\ \frac{d \ln \epsilon}{d \ln k} &= 4\epsilon - 2M_{\text{pl}}^2 \frac{V''}{V}\end{aligned}$$

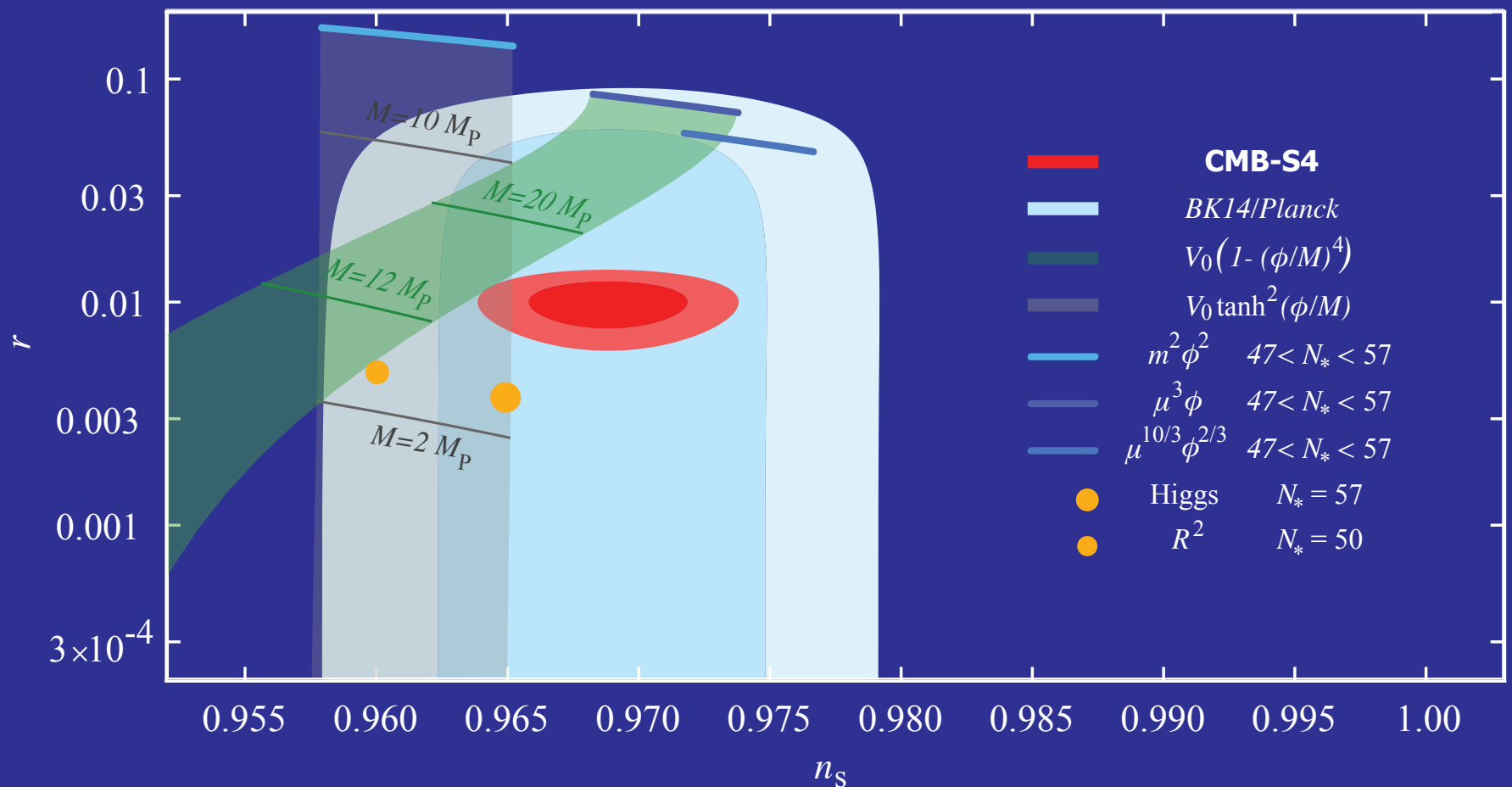
r - n_s Trajectories and Constraints

- Each inflationary model executes a trajectory in the plane
- Scale free models predict large tensors and large field excursions



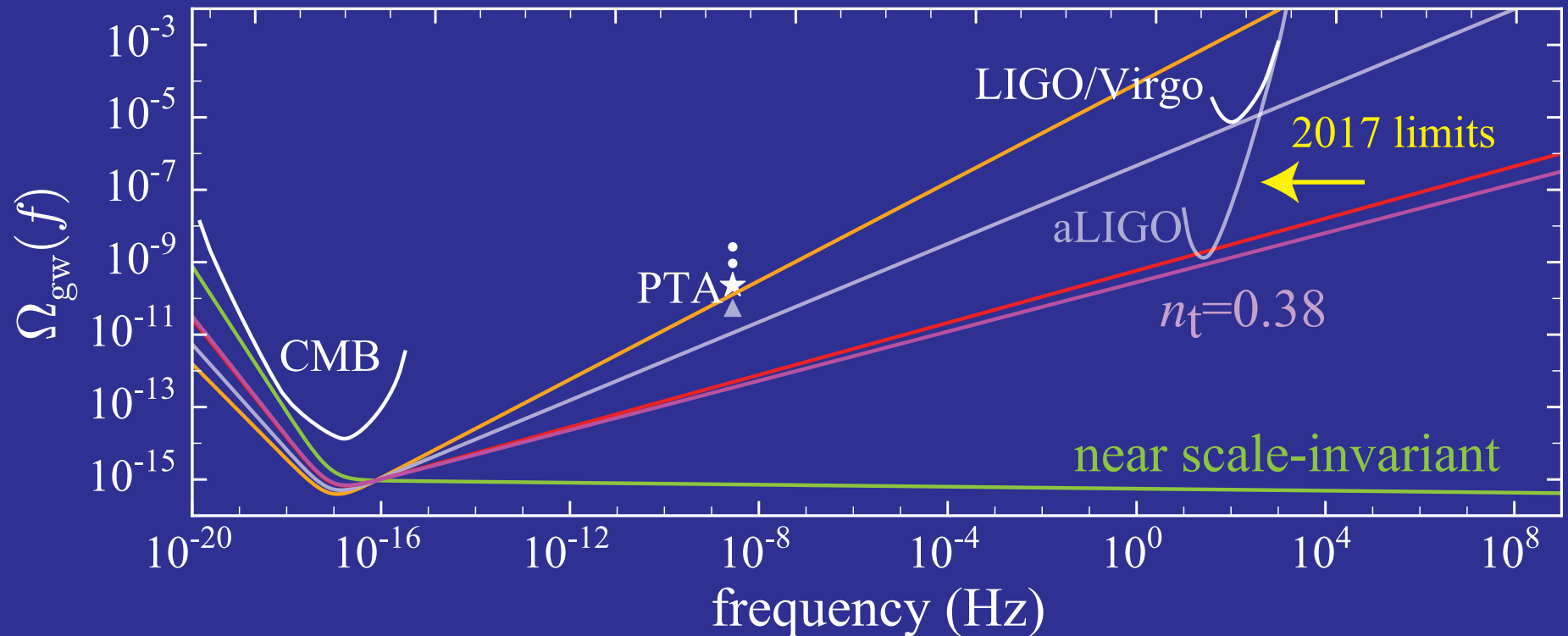
r - n_s Trajectories and Constraints

- Each inflationary model executes a trajectory in the plane
- Large improvements in r limits from B-modes, moderate improvement in n_s possible



Inflationary GW Background

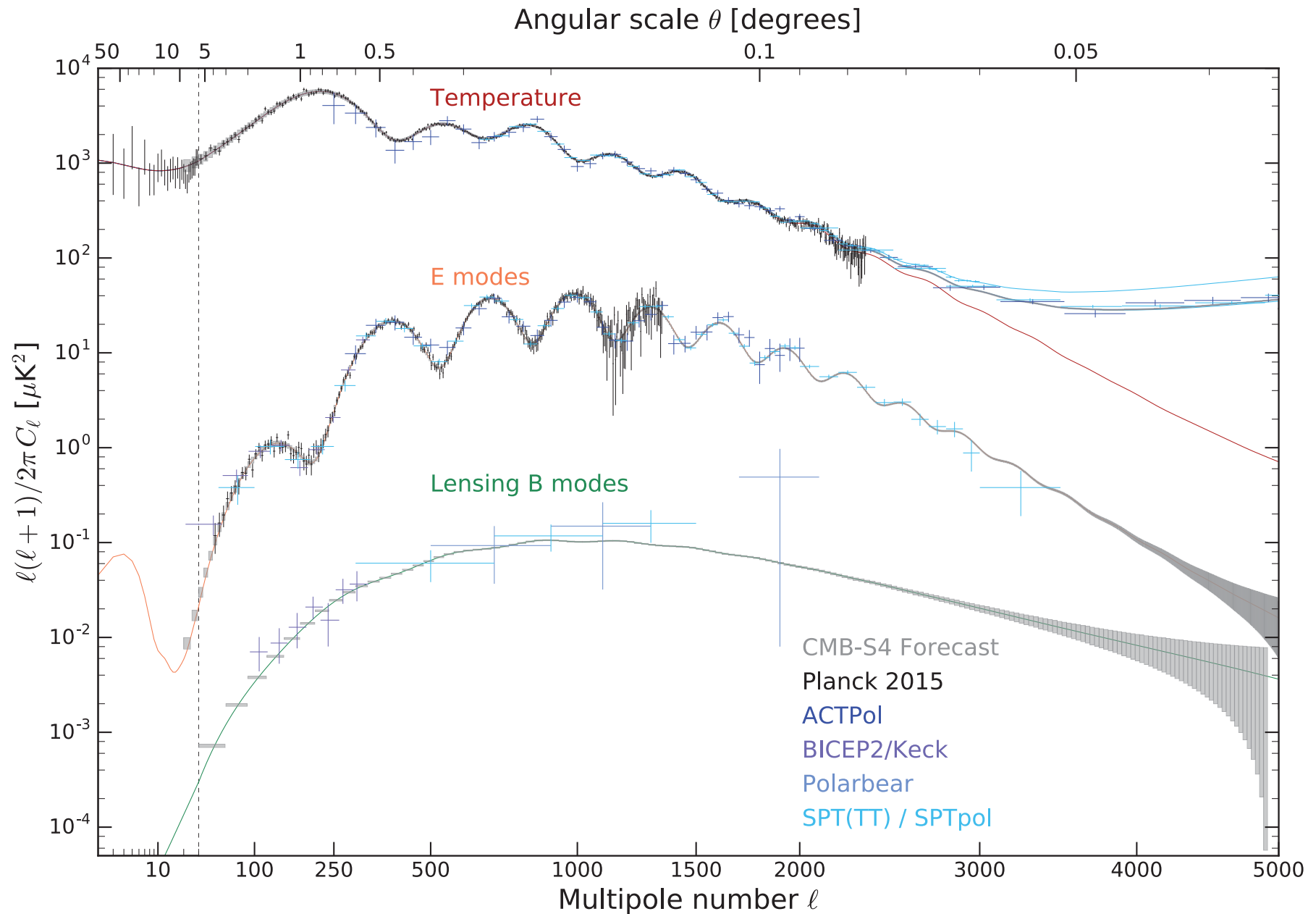
- Near scale invariant spectrum gives flat Ω contributions in radiation domination
- Blue tilted spectra directly constrained



See Christensen's lectures

Gravitational Lensing

CMB Power Spectra



Gravitational Lensing

- Lensing is a surface brightness conserving **remapping** of source to image planes by the gradient of the **projected potential**

$$\phi(\hat{\mathbf{n}}) = 2 \int \frac{dz}{H(z)} \frac{D_A(D_s - D)}{D_A(D) D_A(D_s)} \Phi(D_A \hat{\mathbf{n}}, D),$$

such that the fields are remapped as

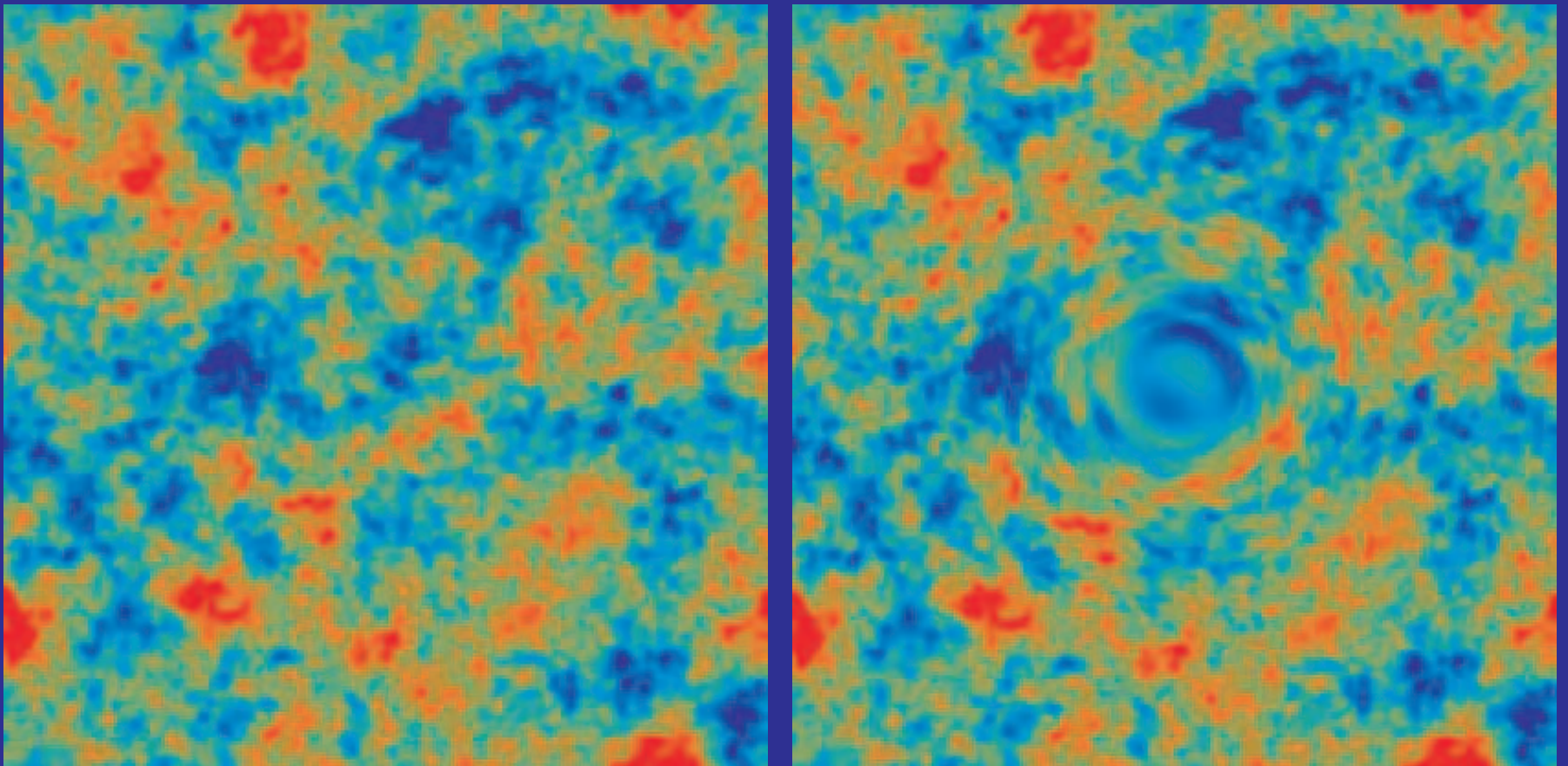
$$x(\hat{\mathbf{n}}) \rightarrow x(\hat{\mathbf{n}} + \nabla \phi),$$

where $x \in \{T, Q, U\}$ temperature and polarization.

- Taylor expansion leads to **product** of fields and Fourier **mode-coupling**
- Appears in the power spectrum as a **convolution kernel** for T and E and an $E \rightarrow B$.

Lensing of a Gaussian Random Field

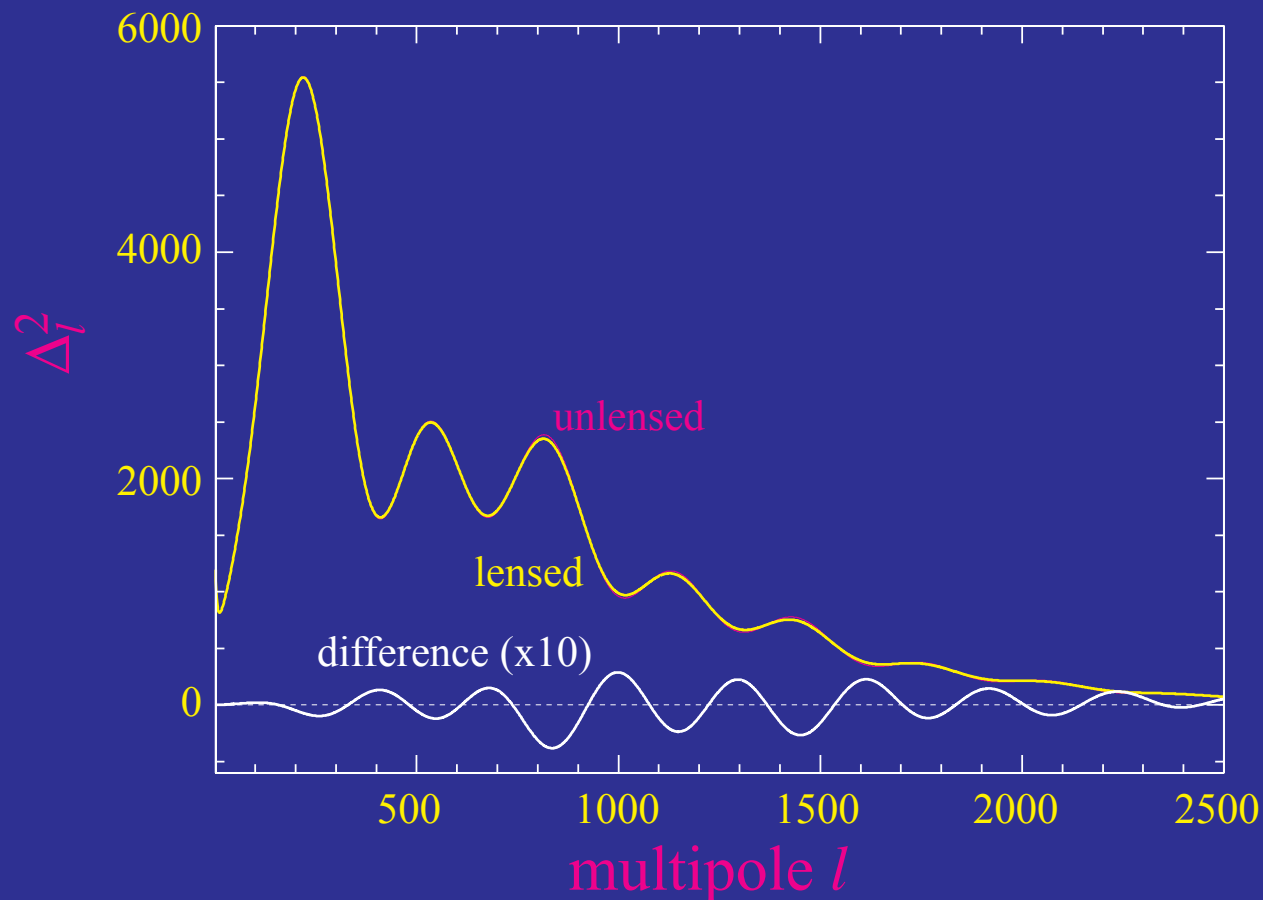
- CMB temperature and polarization anisotropies are Gaussian random fields – unlike galaxy weak lensing
- Average over many noisy images – like galaxy weak lensing



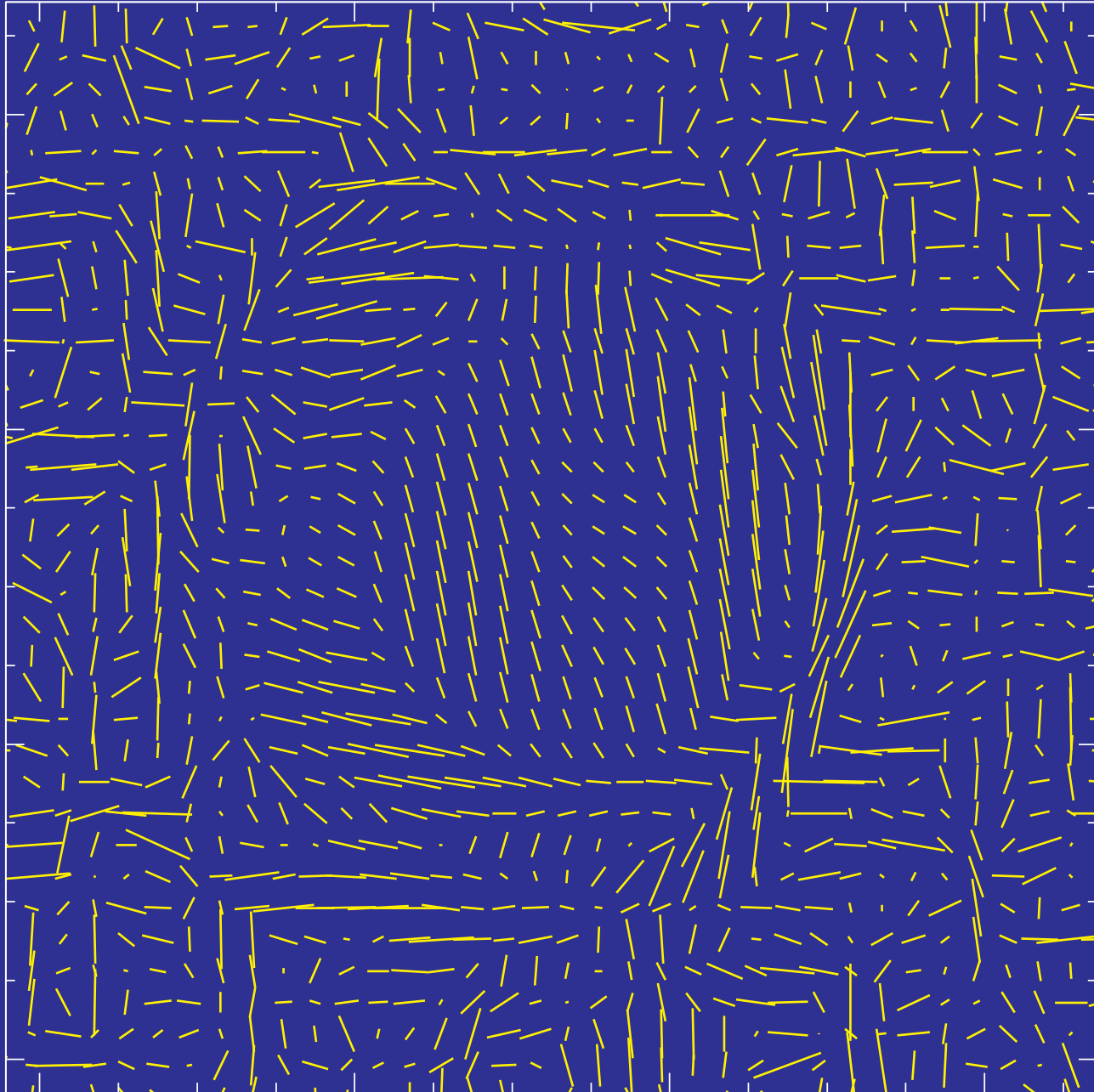
highly exaggerated: see Burigana's talk for realism

Temperature Power Spectrum

- Lensing acts to **smooth** temperature (and E polarization)**peaks**
- **Subtle effect** reaches **10%** deep in the **damping tail**
- **Statistically detected** at high significance

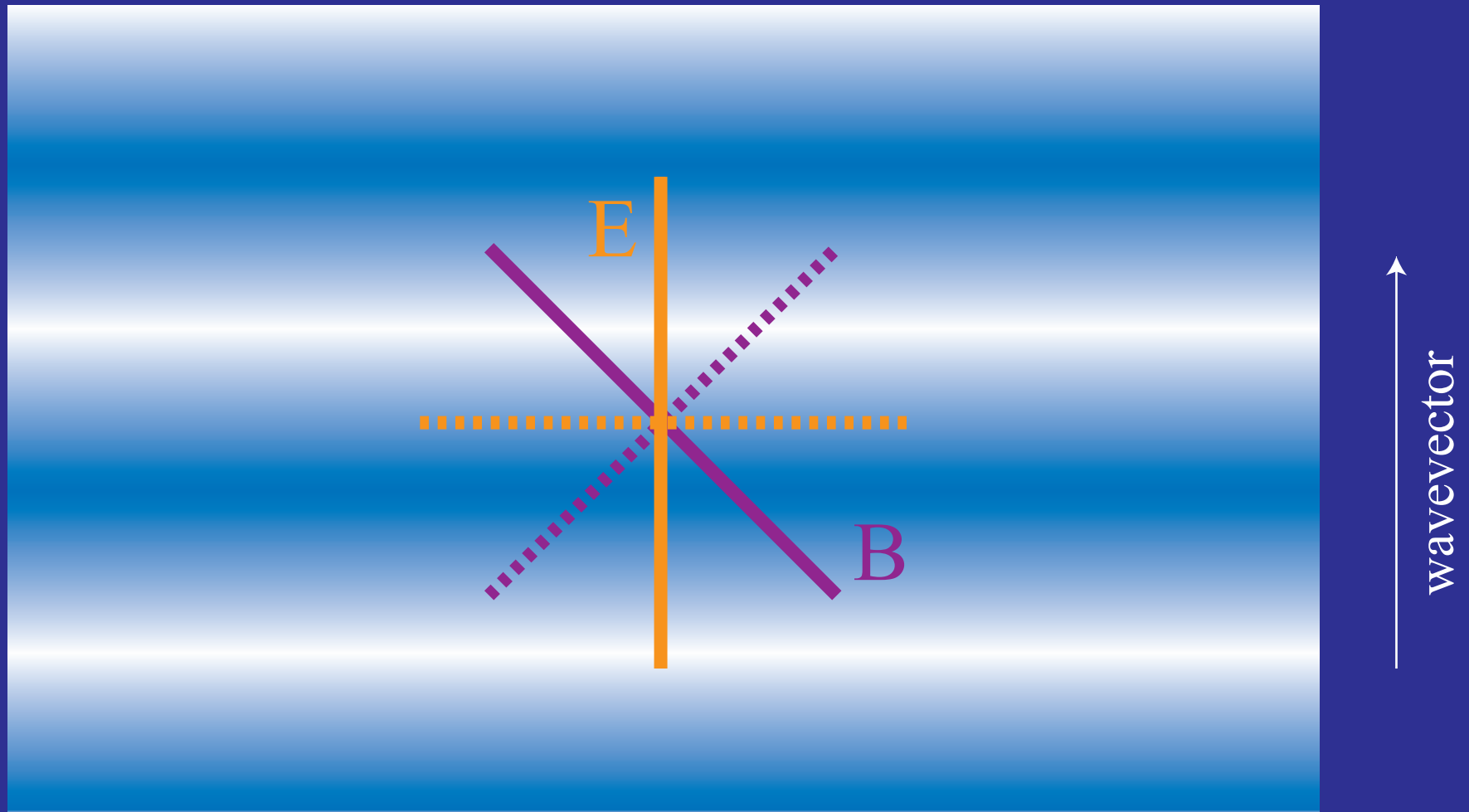


Polarization Lensing



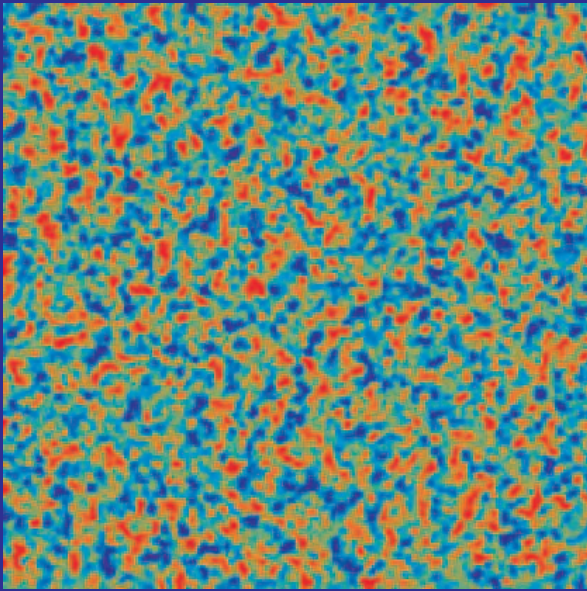
E and B modes

- E-modes are Stokes Q polarization in wavenumber basis
- B-modes are Stokes U polarization

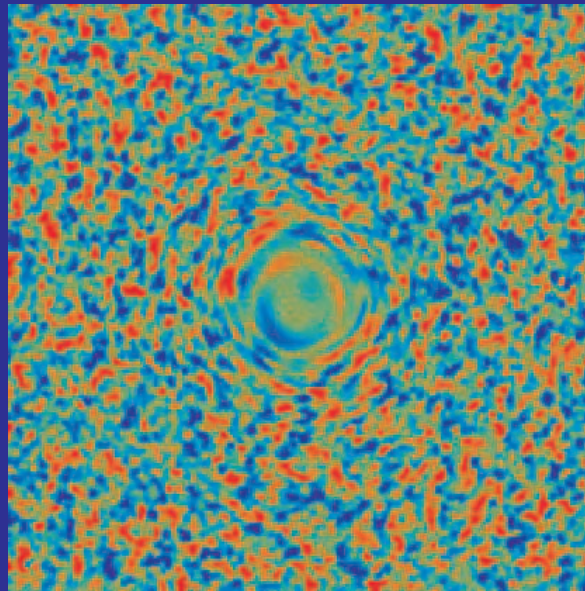


Polarization Lensing

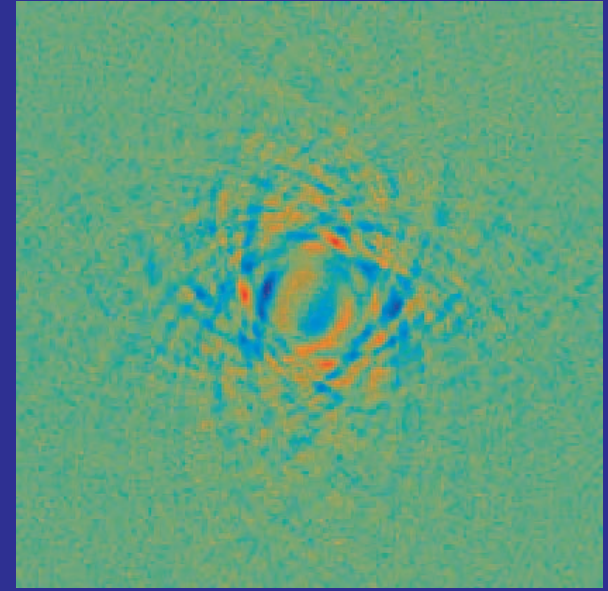
- Since **E** and **B** denote the relationship between the polarization amplitude and direction, warping due to **lensing** creates **B-modes**



Original



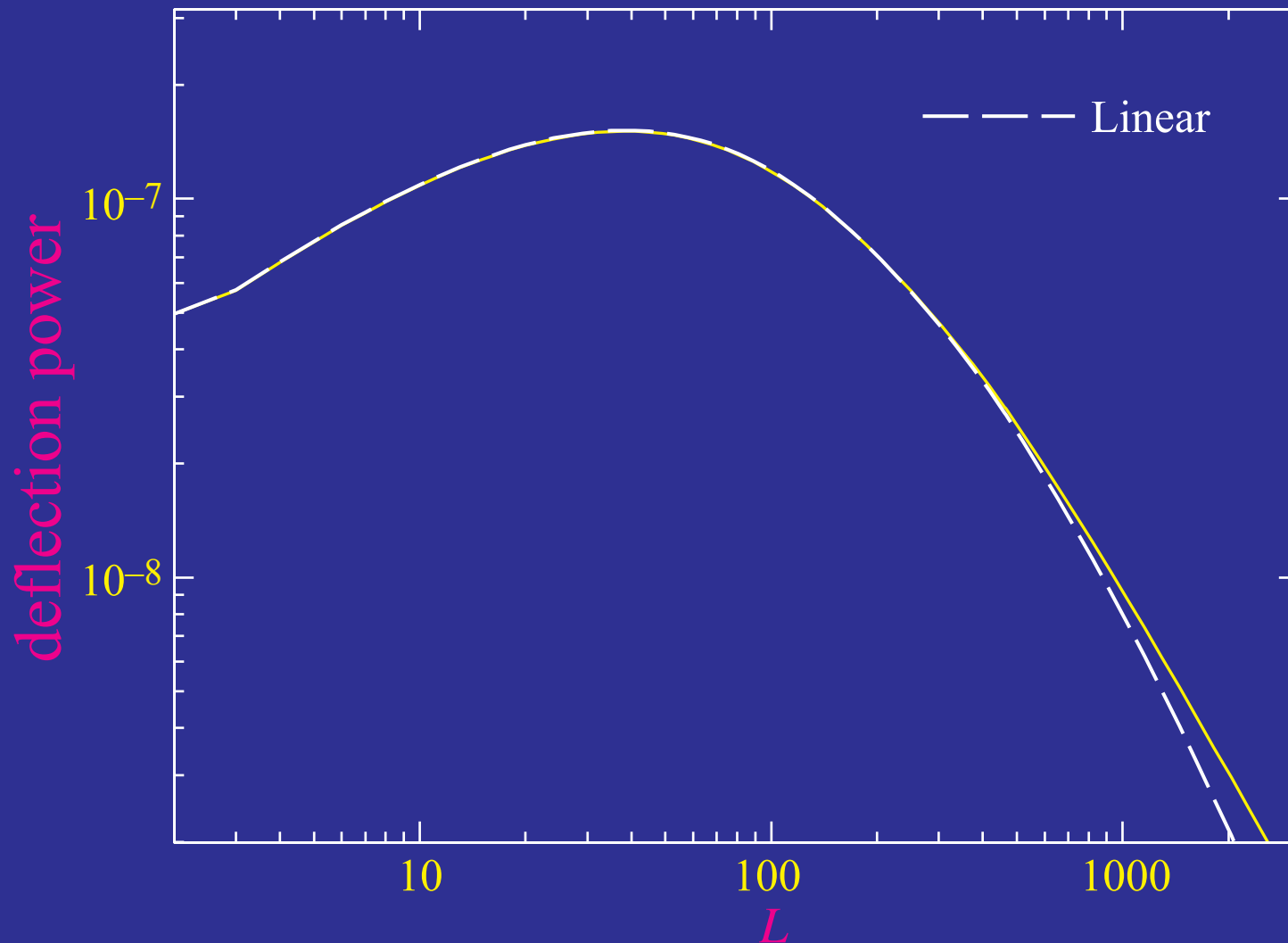
Lensed E



Lensed B

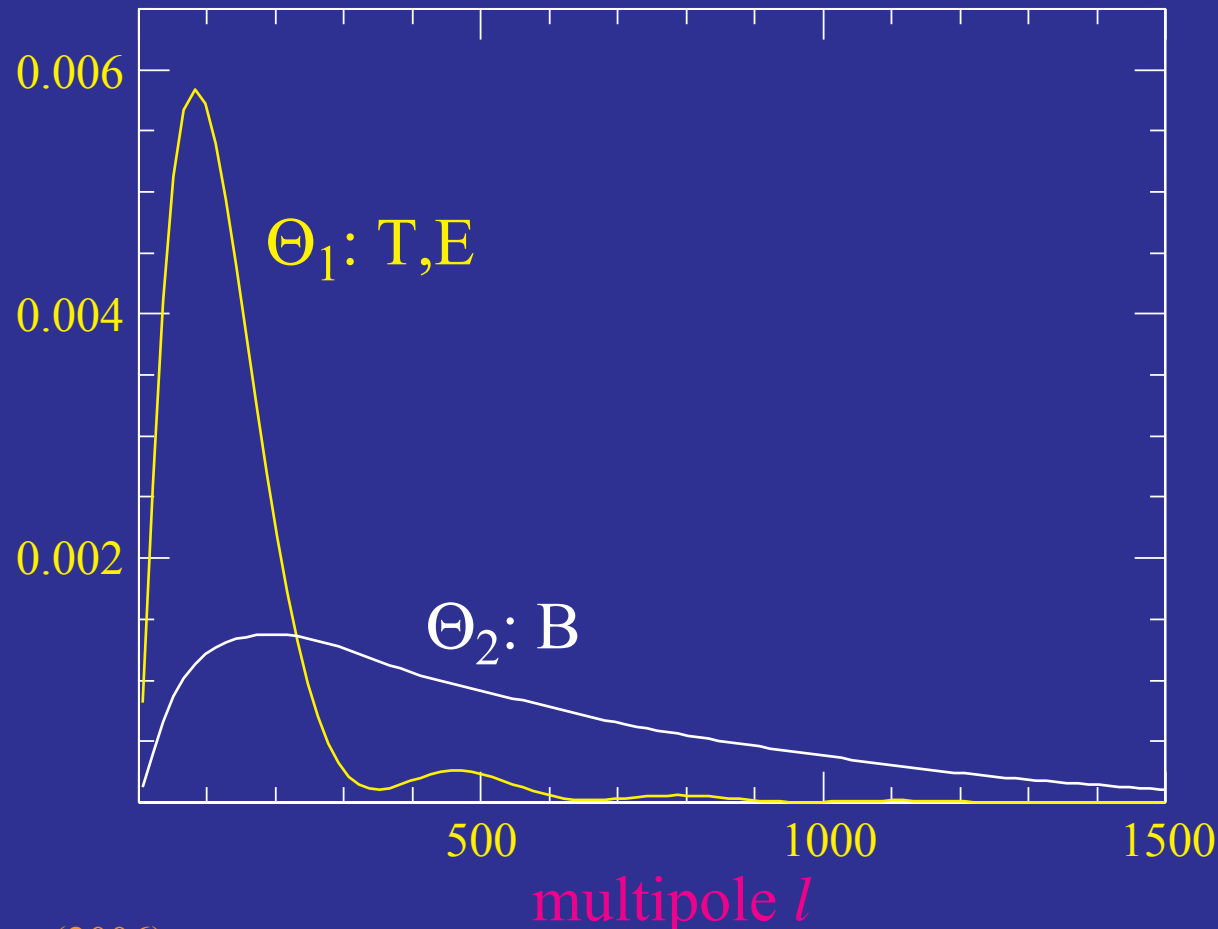
Deflection Power Spectrum

- Fundamental **observable** is **deflection** power spectrum (or convergence / l^2)
- Nearly entirely in **linear** regime



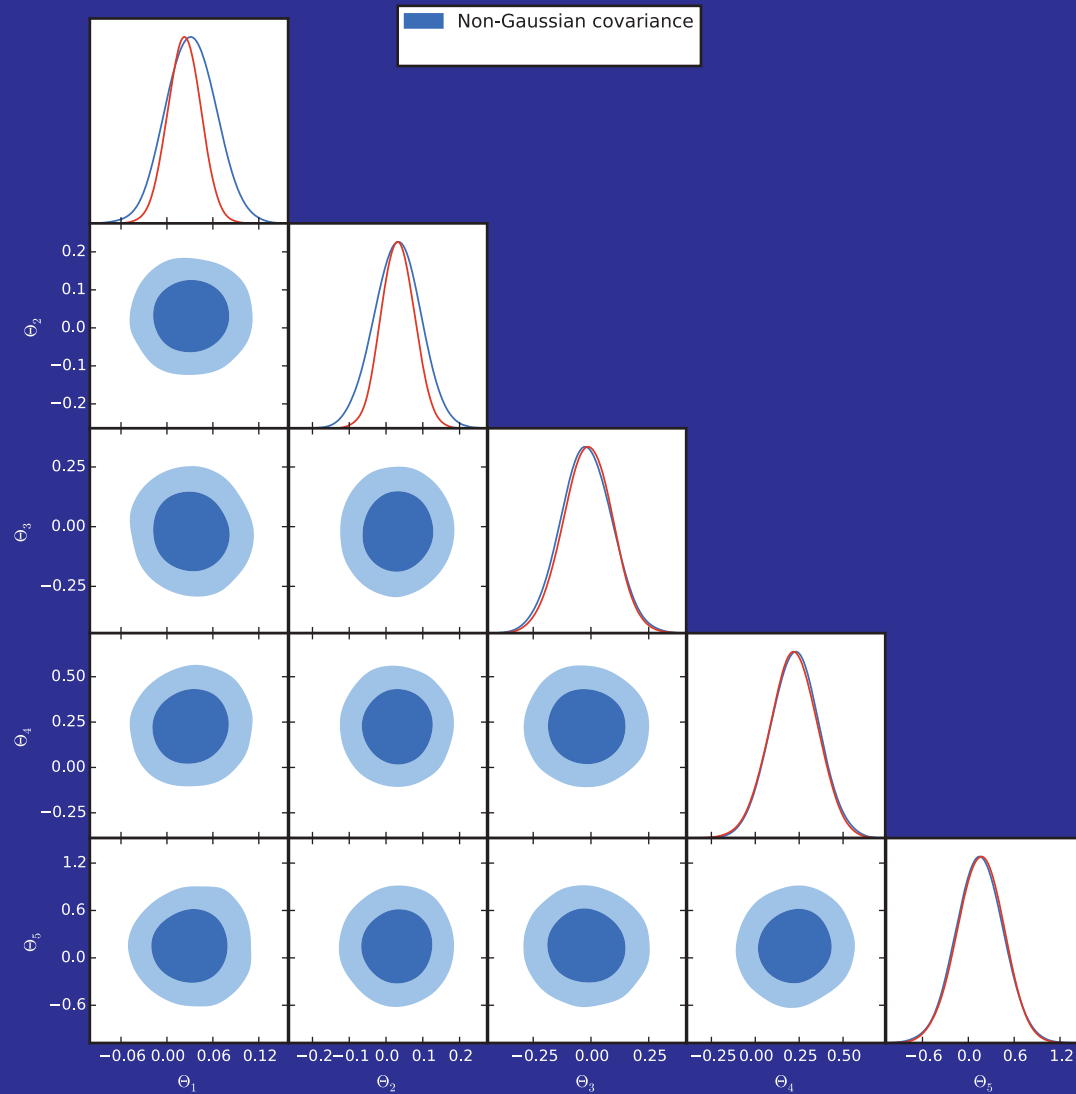
Lensed Power Spectrum Observables

- Principal components show two observables in lensed power spectra
- Temperature and E-polarization: deflection power at $l \sim 100$
B-polarization: deflection power at $l \sim 500$
- Normalized so that observables error = fractional lens power error



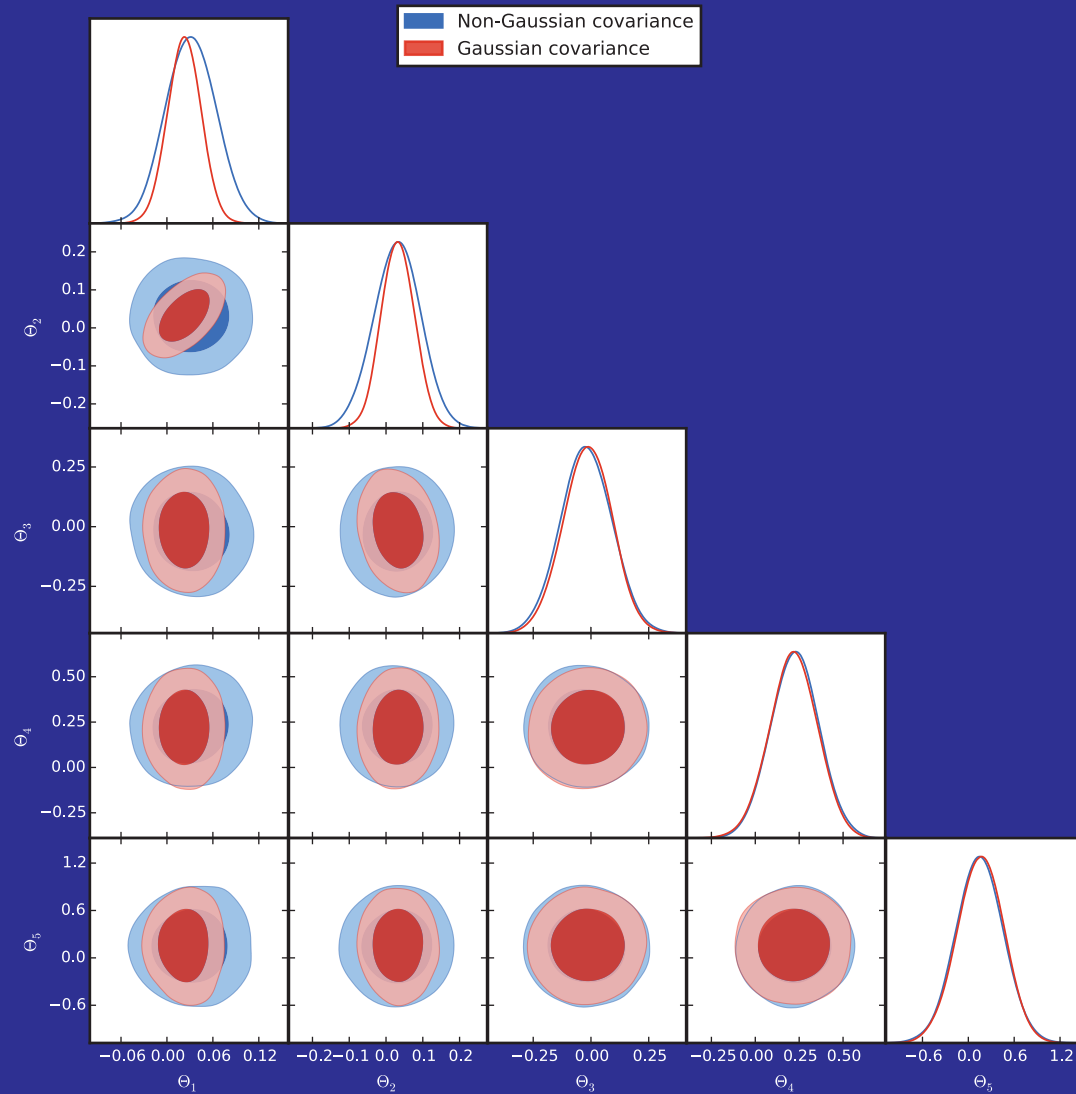
Principal in Practice

- Extracting **principal components** from LensPix **simulated** CMB temperature and polarization **maps**



Principal in Practice

- Treating CMB maps as Gaussian leads to overly tight constraints and potentially misleading tension



Mass Reconstruction

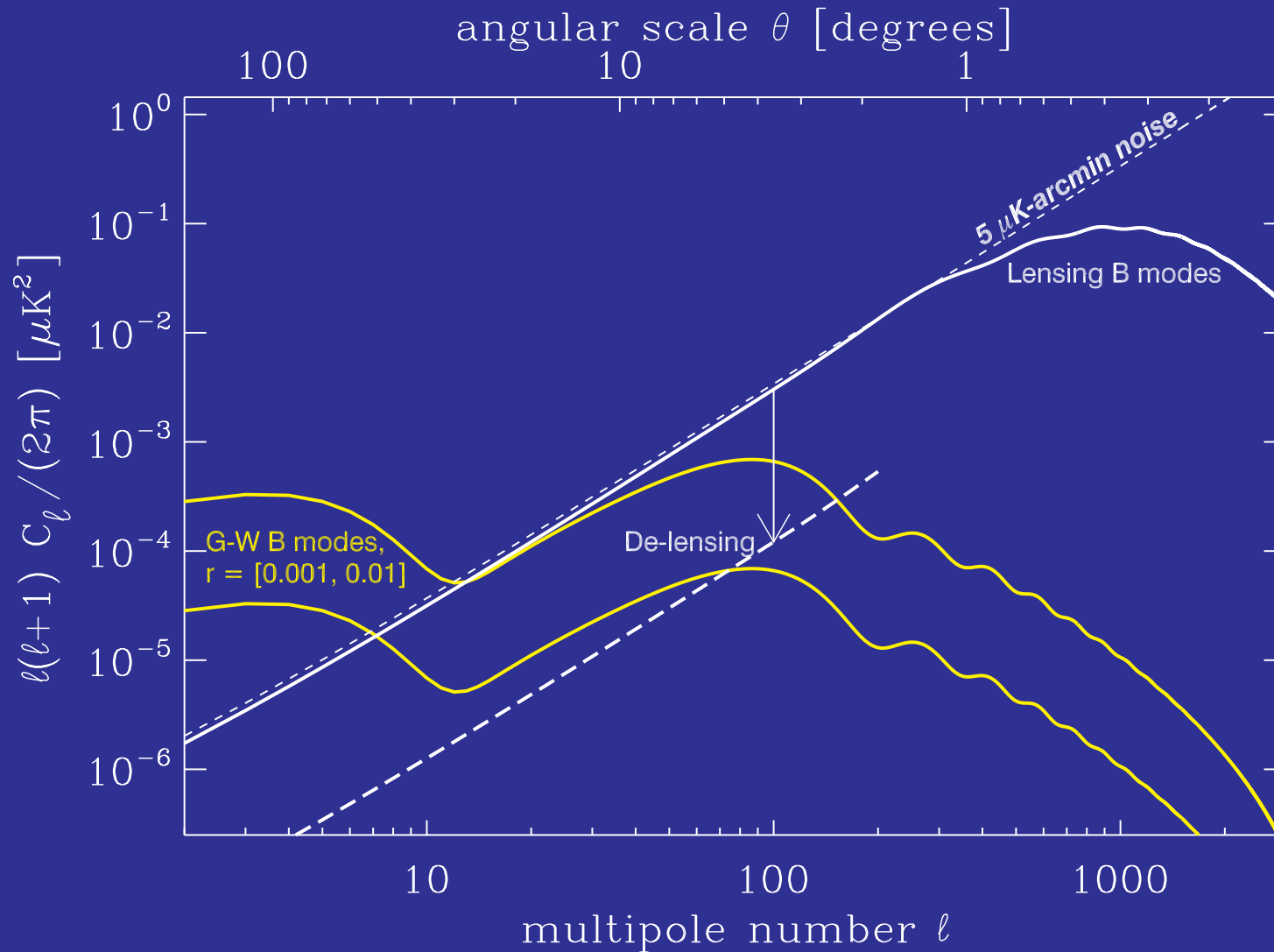
Why Care

- Gravitational lensing sensitive to amount and hence **growth of structure**
- Examples: **massive neutrinos** - $d \ln C_\ell^{BB} / dm_\nu \approx -1/3\text{eV}$, **dark energy** - $d \ln C_\ell^{BB} / dw \approx -1/8$
- Mass reconstruction measures the **large scale structure** on large scales and the **mass profile** of objects on small scales
- Large scale delensing of the **gravitational wave**
- Lensing by **high-z** dark matter halos: mass calibration of **clusters** and **cosmography** (same lens, different sources)

See Simon White's Lectures

Lensing Contamination

- Lensing acts as **cosmic noise** that isn't Gaussian - **delensing**



Quadratic Estimator

- Taylor **expand** mapping

$$\begin{aligned} T(\hat{\mathbf{n}}) &= \tilde{T}(\hat{\mathbf{n}} + \nabla\phi) \\ &= \tilde{T}(\hat{\mathbf{n}}) + \nabla_i\phi(\hat{\mathbf{n}})\nabla^i\tilde{T}(\hat{\mathbf{n}}) + \dots \end{aligned}$$

- Fourier decomposition \rightarrow **mode coupling** of harmonics

$$\begin{aligned} T(\mathbf{l}) &= \int d\hat{\mathbf{n}} T(\hat{\mathbf{n}}) e^{-i\mathbf{l}\cdot\hat{\mathbf{n}}} \\ &= \tilde{T}(\mathbf{l}) - \int \frac{d^2\mathbf{l}_1}{(2\pi)^2} (\mathbf{l} - \mathbf{l}_1) \cdot \mathbf{l}_1 \tilde{T}(\mathbf{l}_1) \phi(\mathbf{l} - \mathbf{l}_1) \end{aligned}$$

- Consider **fixed lens** and Gaussian random **CMB realizations**: each pair is an estimator of the lens at $\mathbf{L} = \mathbf{l}_1 + \mathbf{l}_2$:

$$\langle T(\mathbf{l}) T'(\mathbf{l}') \rangle_{\text{CMB}} \approx \left[\tilde{C}_{l_1}^{TT}(\mathbf{L} \cdot \mathbf{l}_1) + \tilde{C}_{l_2}^{TT}(\mathbf{L} \cdot \mathbf{l}_2) \right] \phi(\mathbf{L}) \quad (\mathbf{l} \neq -\mathbf{l}')$$

Reconstruction from the CMB

- Generalize to polarization: each **quadratic pair** of fields estimates the **lensing potential**

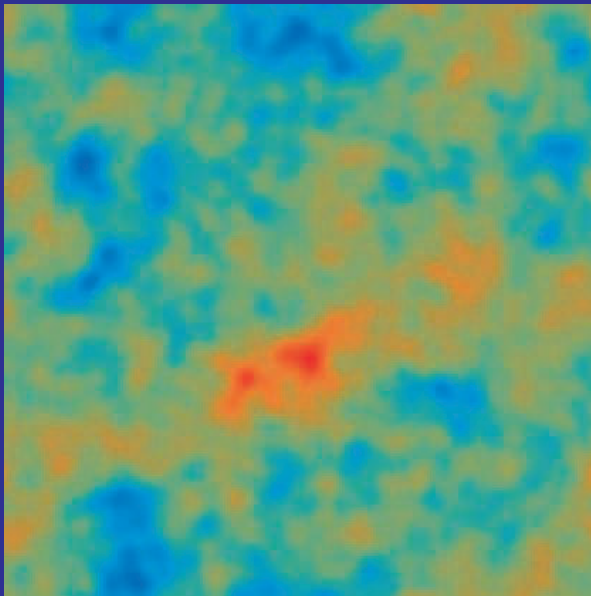
$$\langle x(\mathbf{l})x'(\mathbf{l}') \rangle_{\text{CMB}} = f_{\alpha}(\mathbf{l}, \mathbf{l}')\phi(\mathbf{l} + \mathbf{l}') ,$$

where $x \in$ **temperature, polarization fields** and f_{α} is a fixed weight that reflects geometry

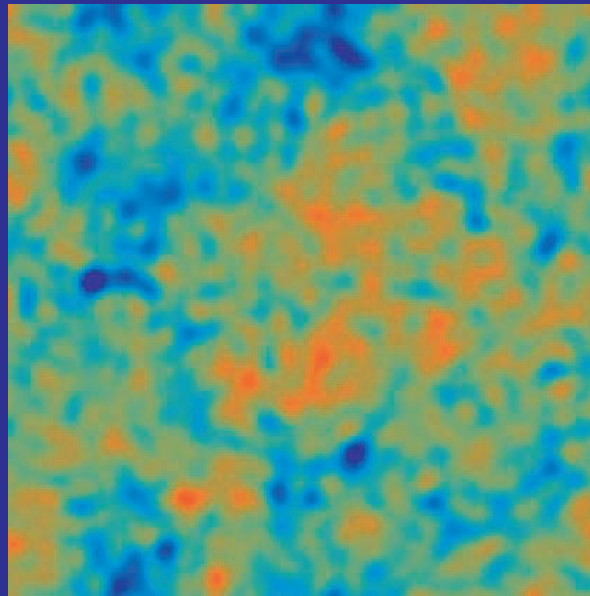
- Each pair forms a **noisy estimate** of the potential or projected mass - just like a pair of galaxy shears
- **Minimum variance weight** all pairs to form an estimator of the lensing mass
- **Generalize** to inhomogeneous noise, cut sky and maximum likelihood by **iterating** the **quadratic estimator**

High Signal-to-Noise B-modes

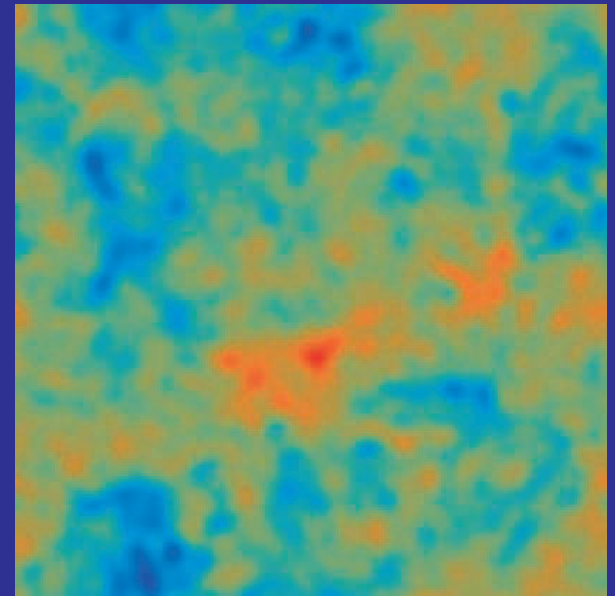
- Cosmic variance of CMB fields sets ultimate limit for T, E
- B -polarization allows mapping to finer scales and in principle is not limited by cosmic variance of E



mass



temp. reconstruction

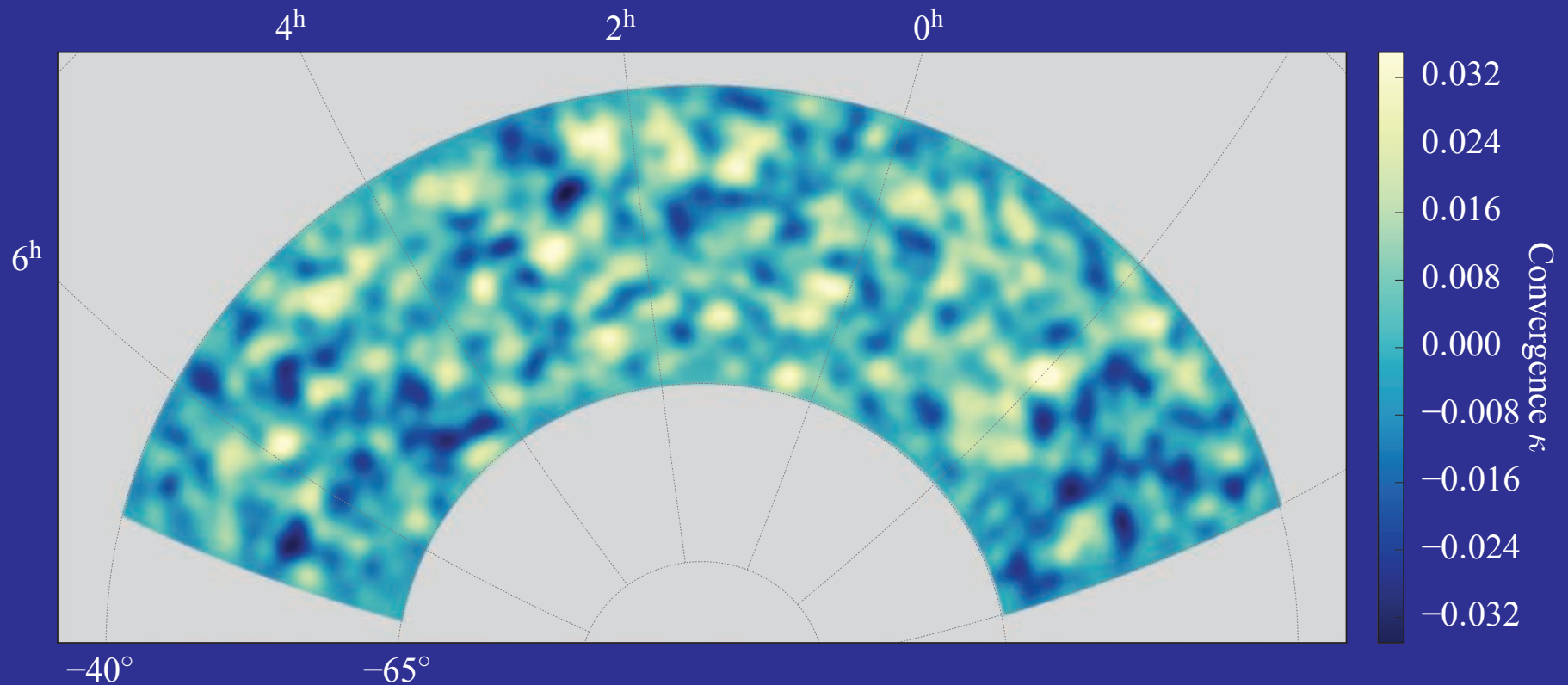


EB pol. reconstruction

100 sq. deg; 4' beam; 1 μ K-arcmin

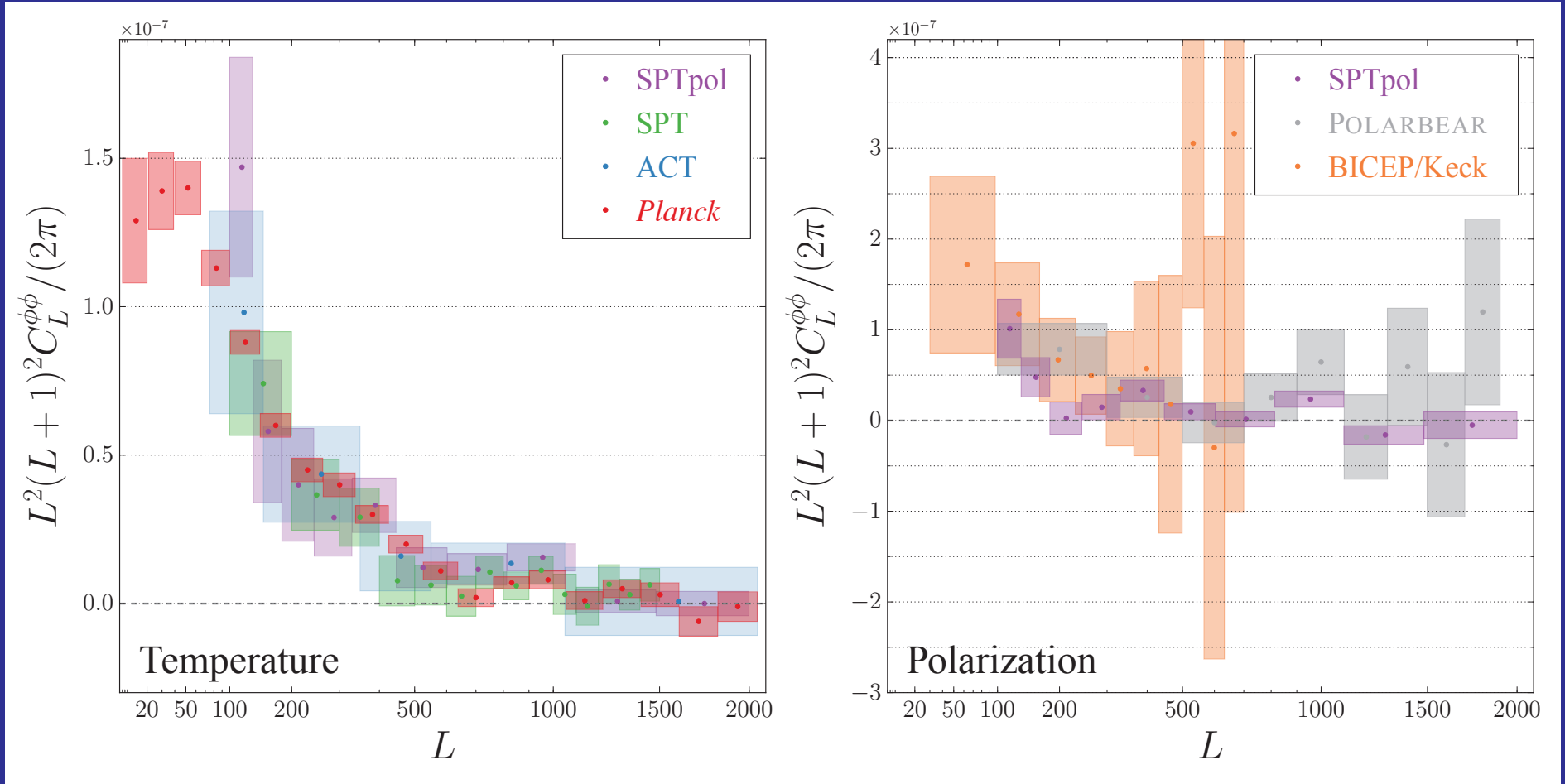
Lensing Reconstruction

- SPT+Planck example



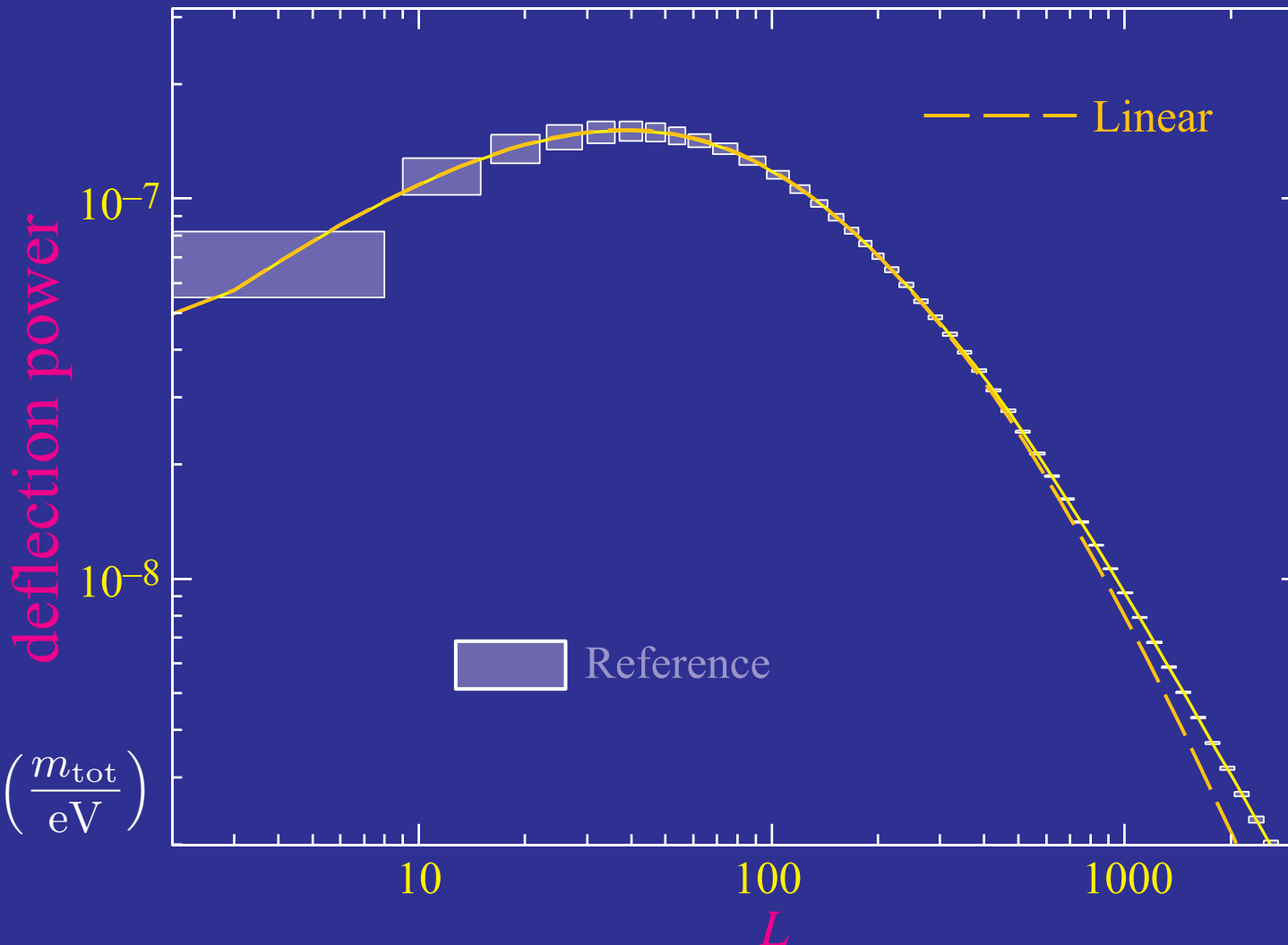
Lens Power Spectra

- Temperature and polarization reconstruction



Matter Power Spectrum

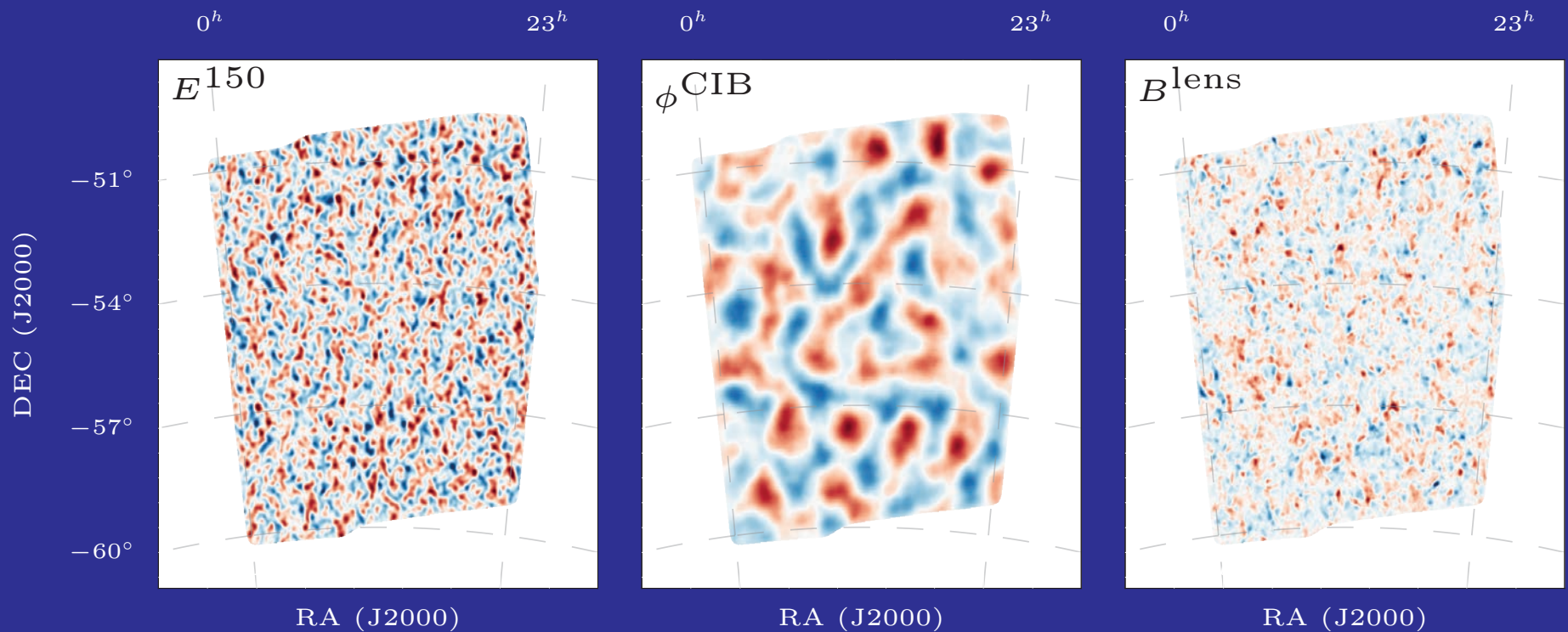
- Measuring projected **matter power** spectrum to cosmic variance limit across whole **linear regime** $0.002 < k < 0.2 \ h/\text{Mpc}$



$$\frac{\Delta P}{P} \approx -0.6 \left(\frac{m_{\text{tot}}}{\text{eV}} \right)$$

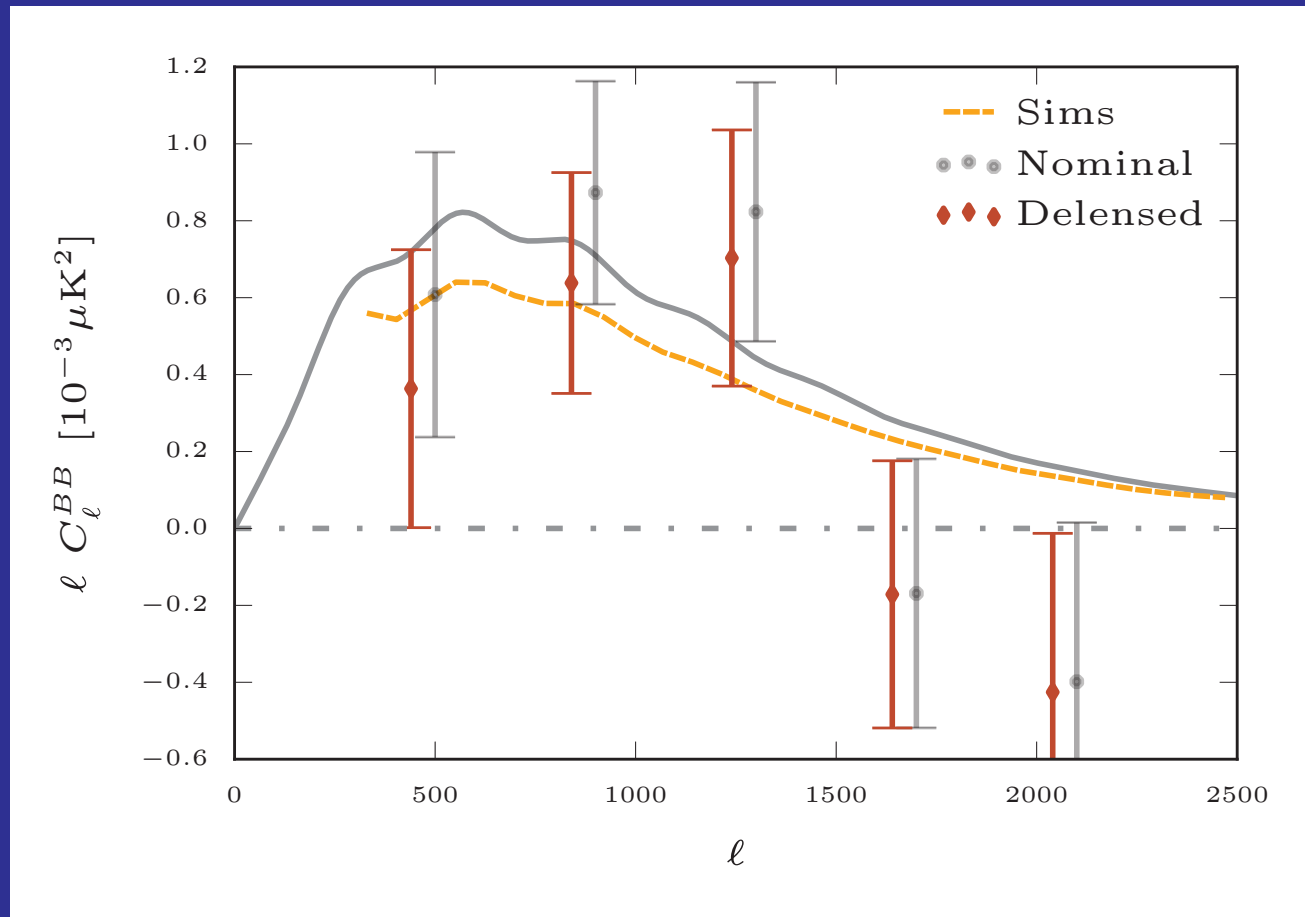
Delensing with External Template

- Herschel CIB data as tracer of lensing
- Predict and subtract B-mode contamination - SPT example



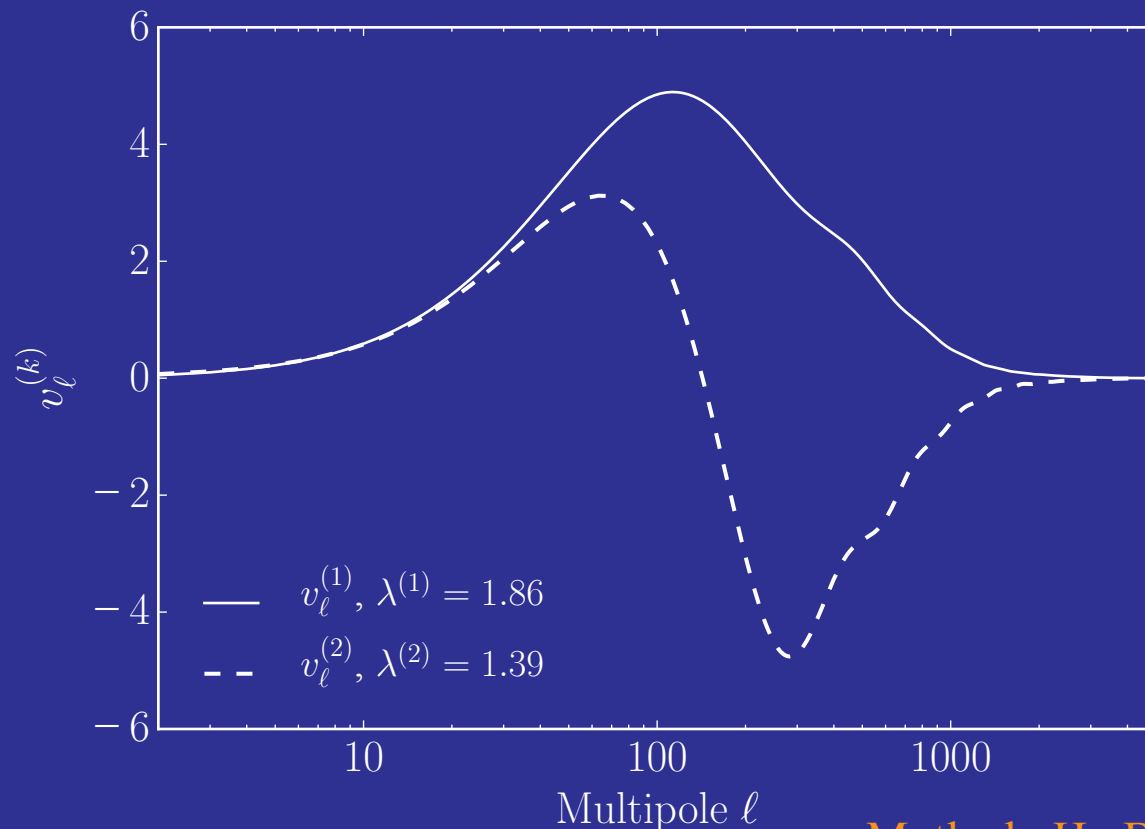
Delensing with External Template

- Herschel CIB data as tracer of lensing
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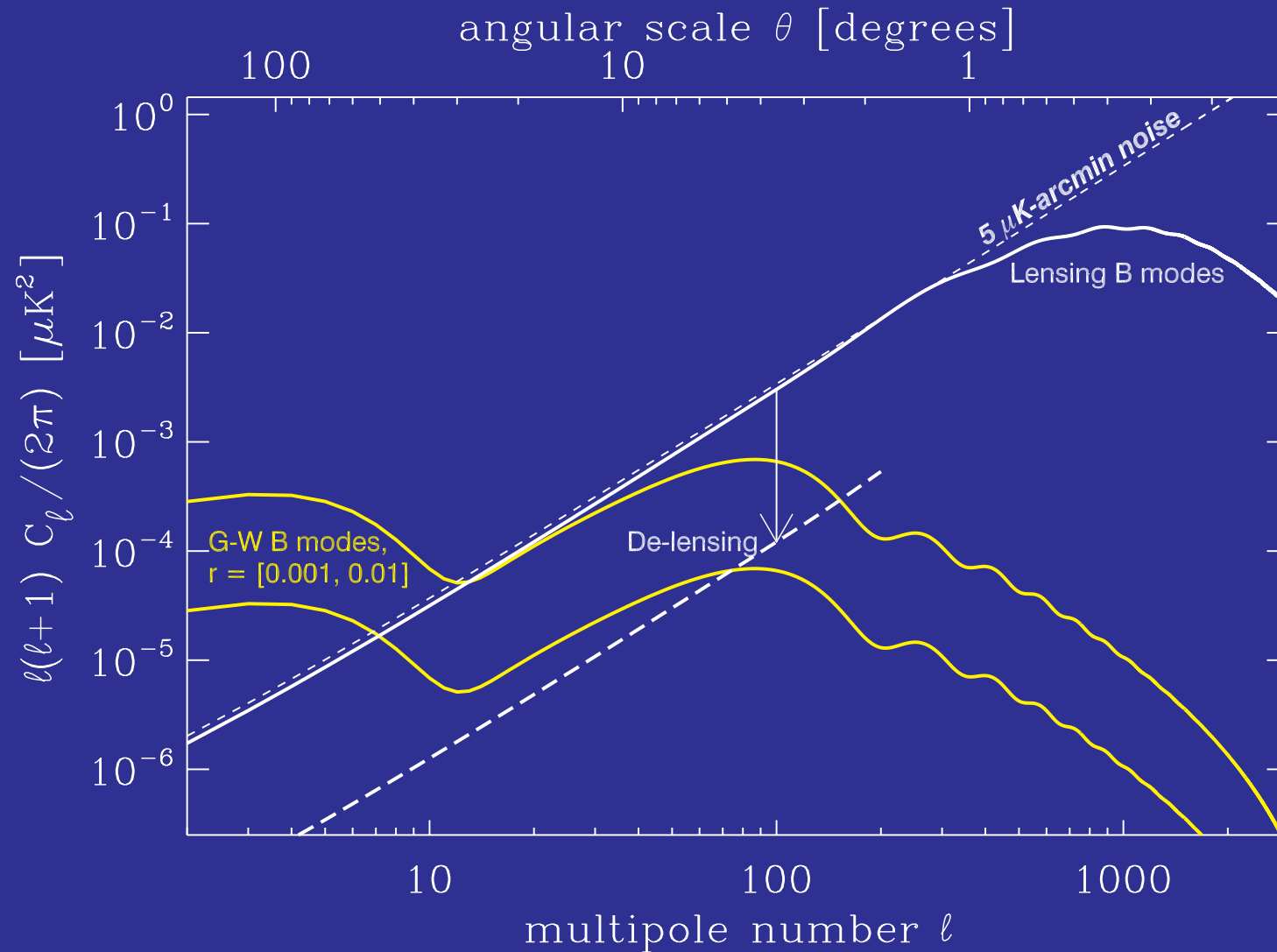
Consistency in Lens Observables

- Consistency between lensed CMB power spectra and lensing reconstruction critical for delensing
- Compare directly lens power spectrum information in model independent and nearly sample variance free way (consistency modes: a more precise A_{lens} test)



Delensing Goals

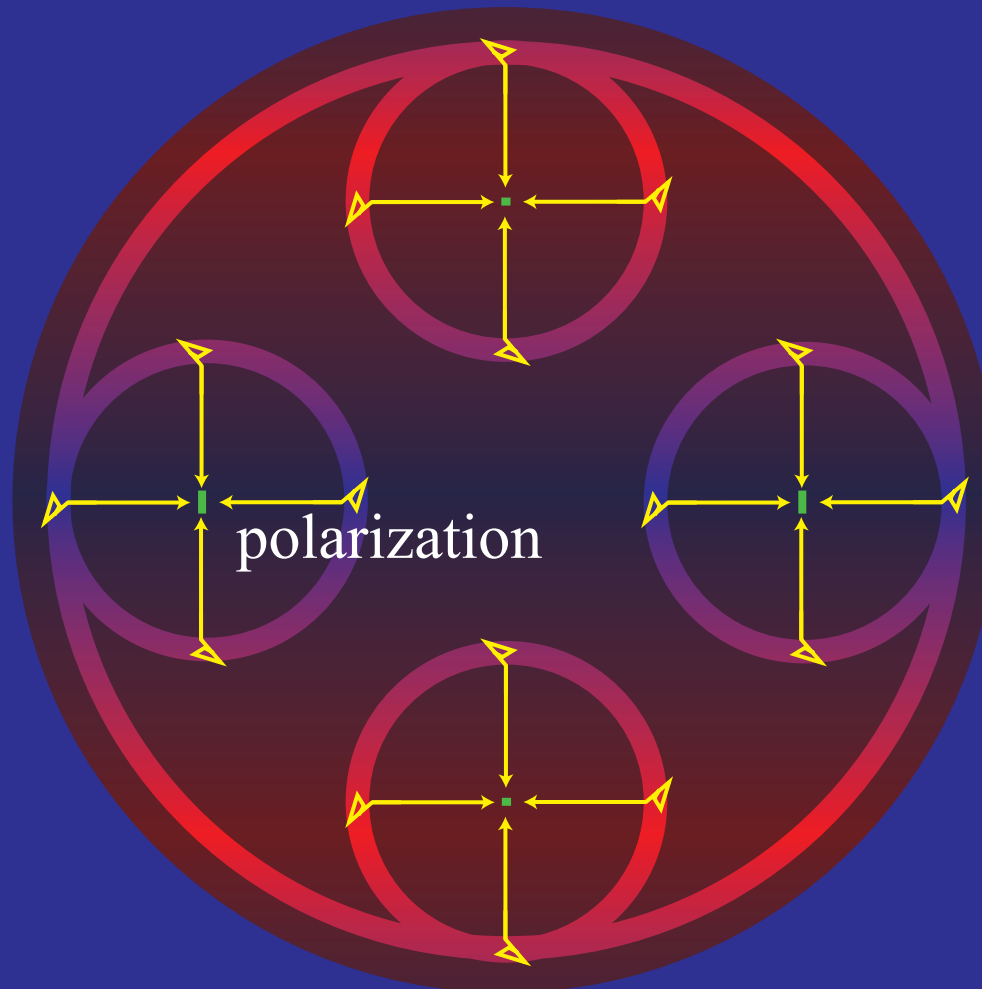
- **Lensing noise** isn't Gaussian, may be **removed** to **uncover r**



Reionization

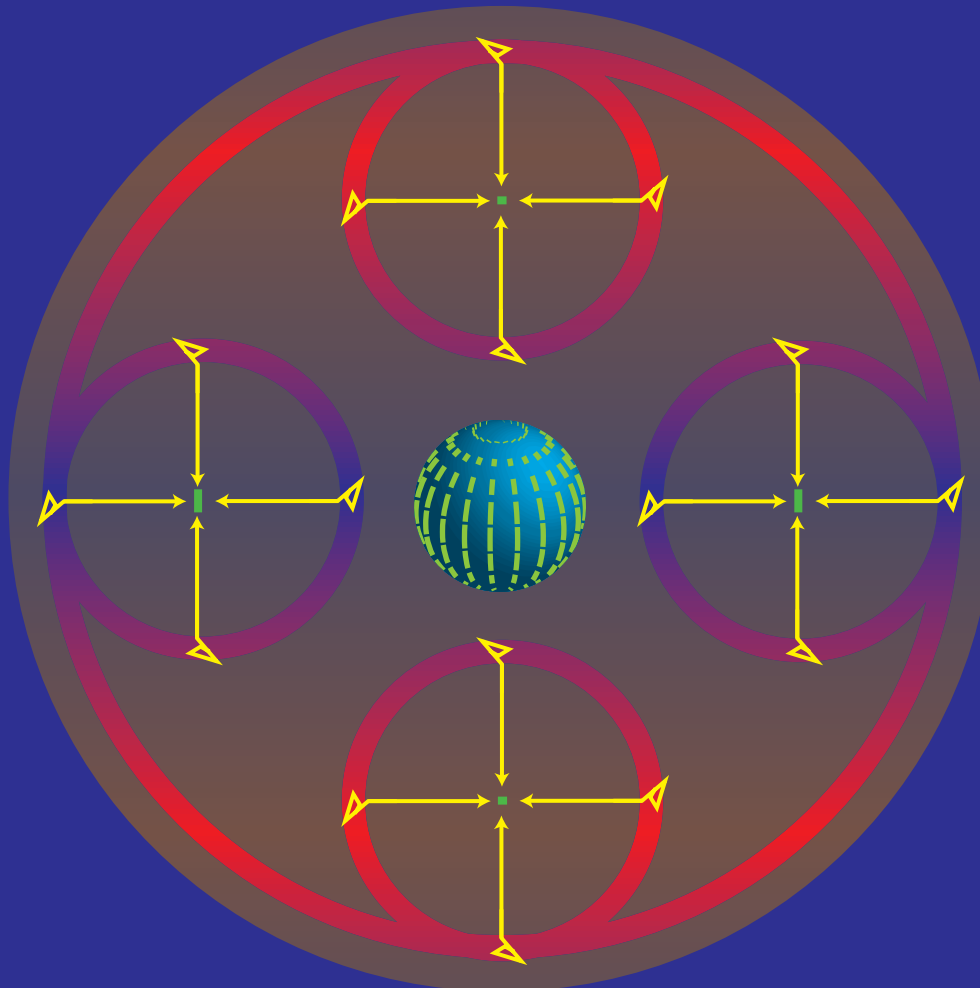
Polarization Anisotropy

- Electron sees the temperature anisotropy on its recombination surface and scatters it into a polarization



Temperature Correlation

- Pattern correlated with the temperature anisotropy that generates it; here an $m=0$ quadrupole

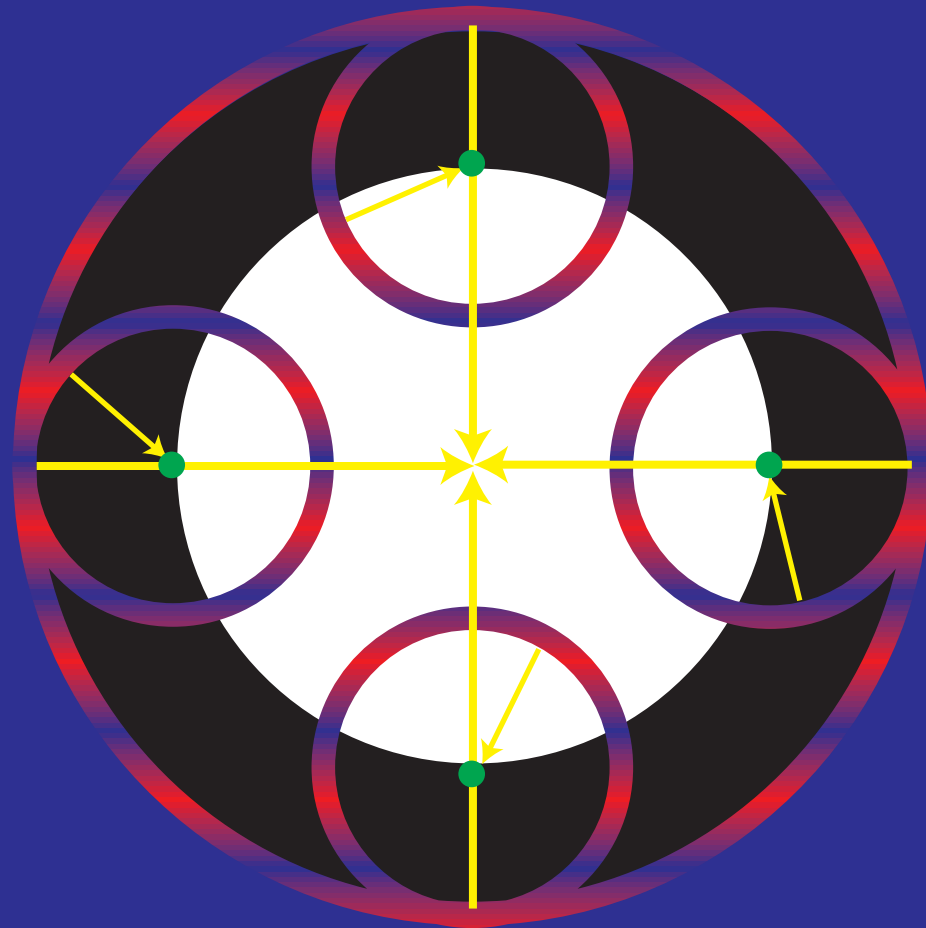


Why Care?

- Early ionization would imply more exotic astrophysics (Pop-III stars) or physics (dark matter annihilation)
- Reionization screens temperature anisotropy on small scales making the true amplitude of initial fluctuations larger by e^{τ}
- Measuring the growth of fluctuations is one of the best ways of determining the neutrino masses and the dark energy limits lensing information if not substantially better than 1%
- Offers an opportunity to study the origin of the low multipole statistical anomalies
- Presents a second, and statistically cleaner, window on gravitational waves from the early universe

Anisotropy Suppression

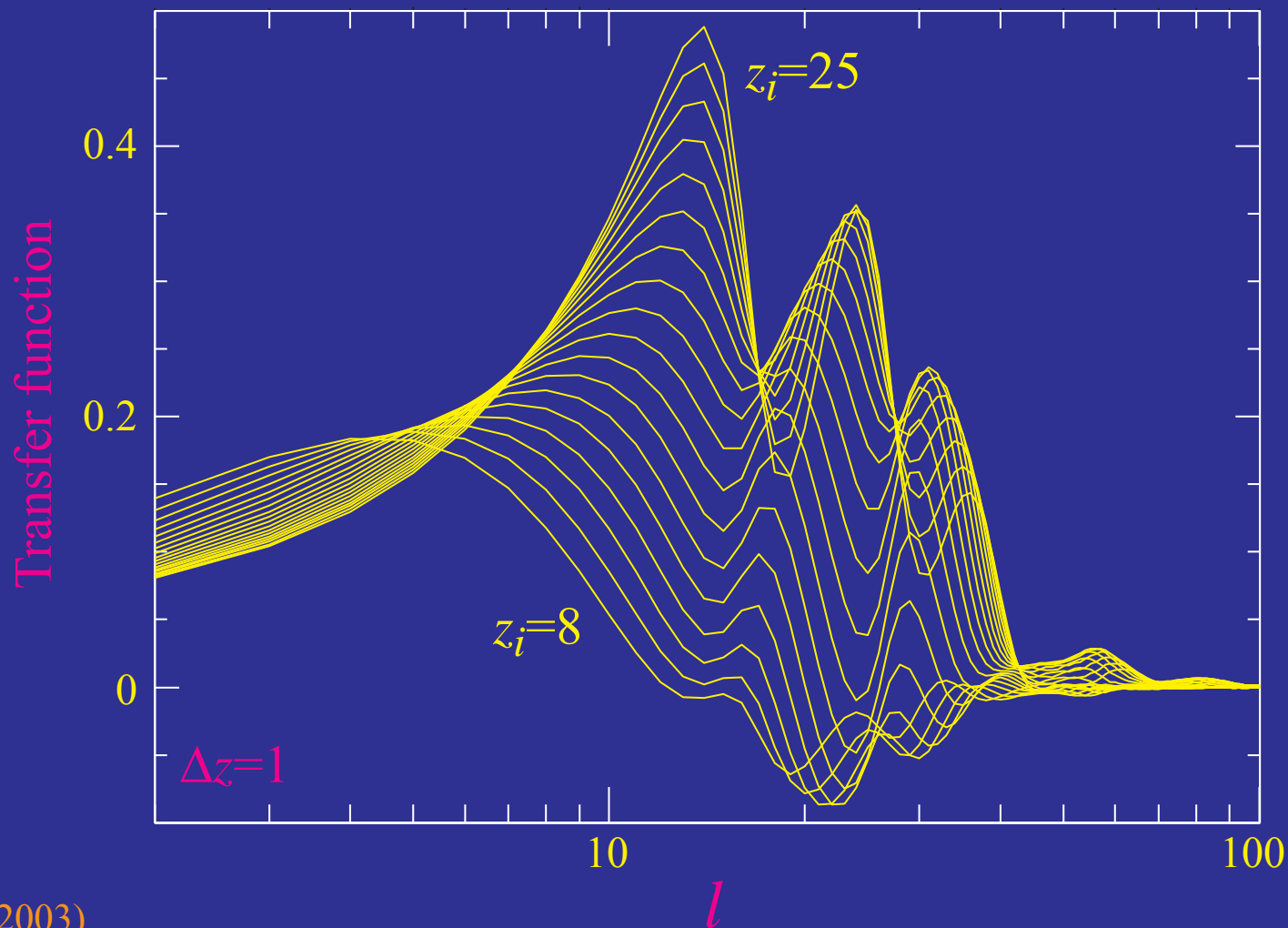
- A fraction τ of photons rescattered during reionization out of line of sight and replaced statistically by photon with random temperature fluctuation - suppressing anisotropy as $e^{-\tau}$



Transfer Function

- Linearized response to delta function ionization perturbation

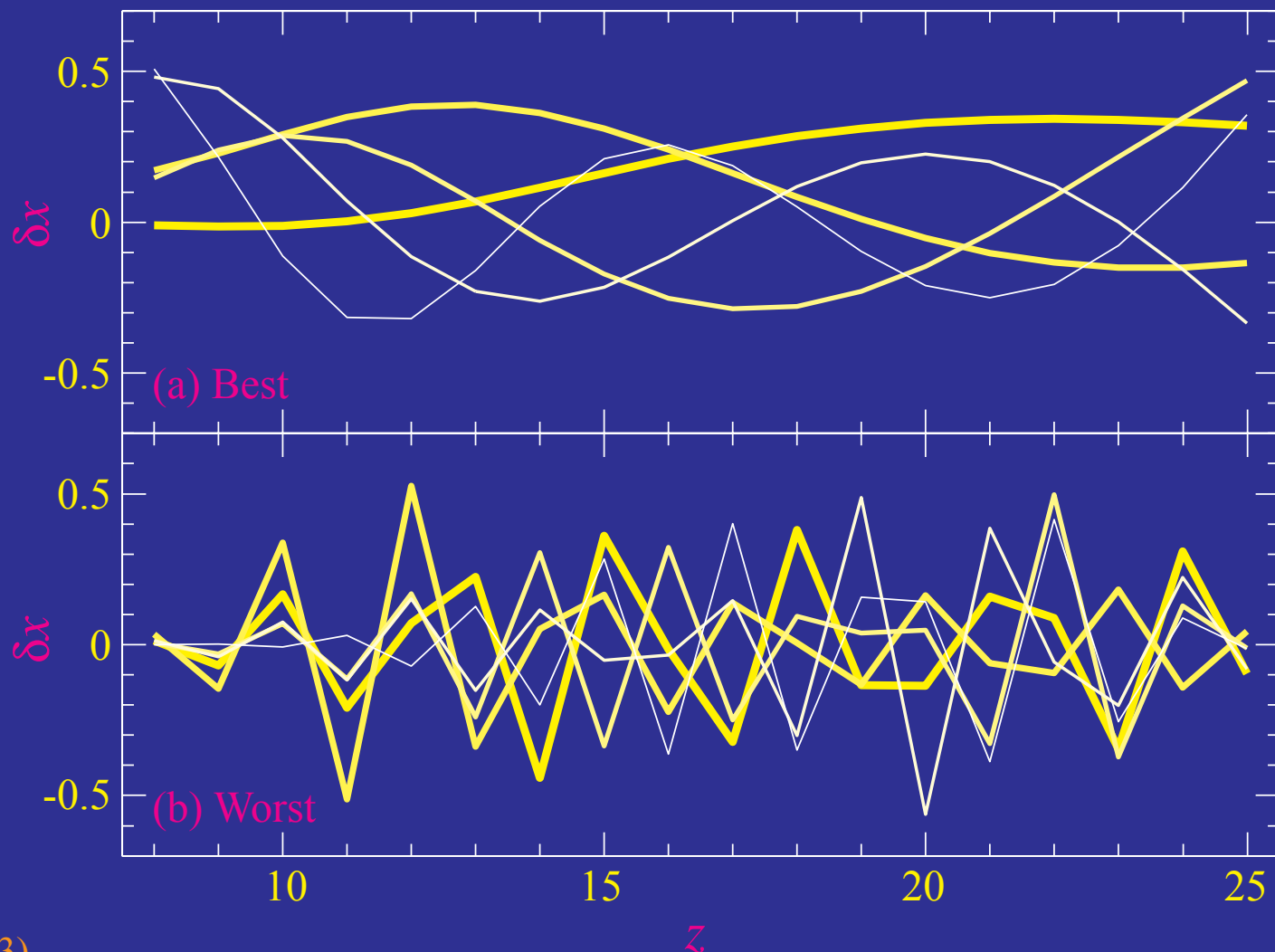
$$T_{\ell i} \equiv \frac{\partial \ln C_{\ell}^{EE}}{\partial x(z_i)}, \quad \delta C_{\ell}^{EE} = C_{\ell}^{EE} \sum_i T_{\ell i} \delta x(z_i)$$



Principal Components

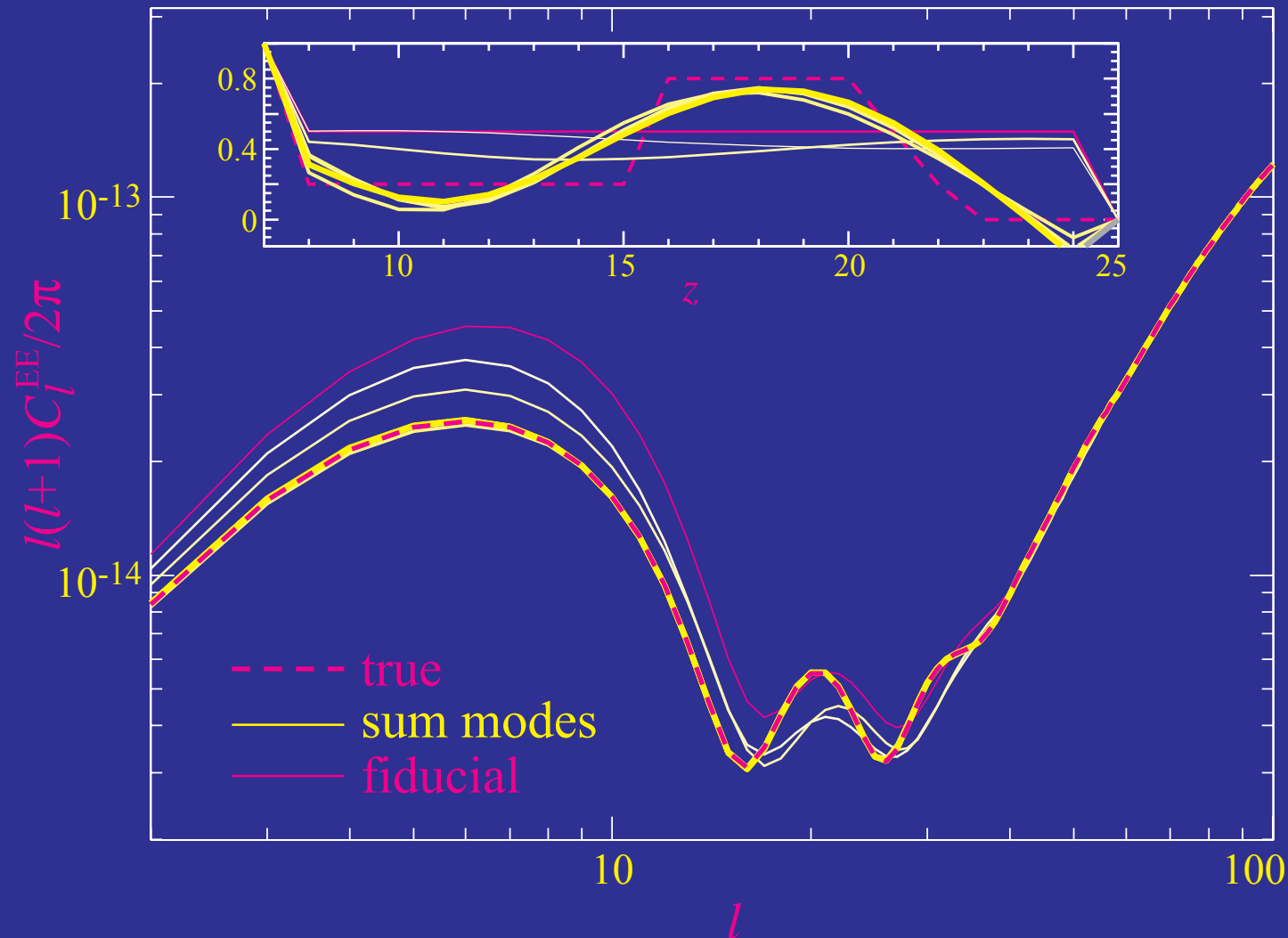
- Eigenvectors of the Fisher Matrix

$$F_{ij} \equiv \sum_{\ell} (\ell + 1/2) T_{\ell i} T_{\ell j} = \sum_{\mu} S_{i\mu} \sigma_{\mu}^{-2} S_{j\mu}$$



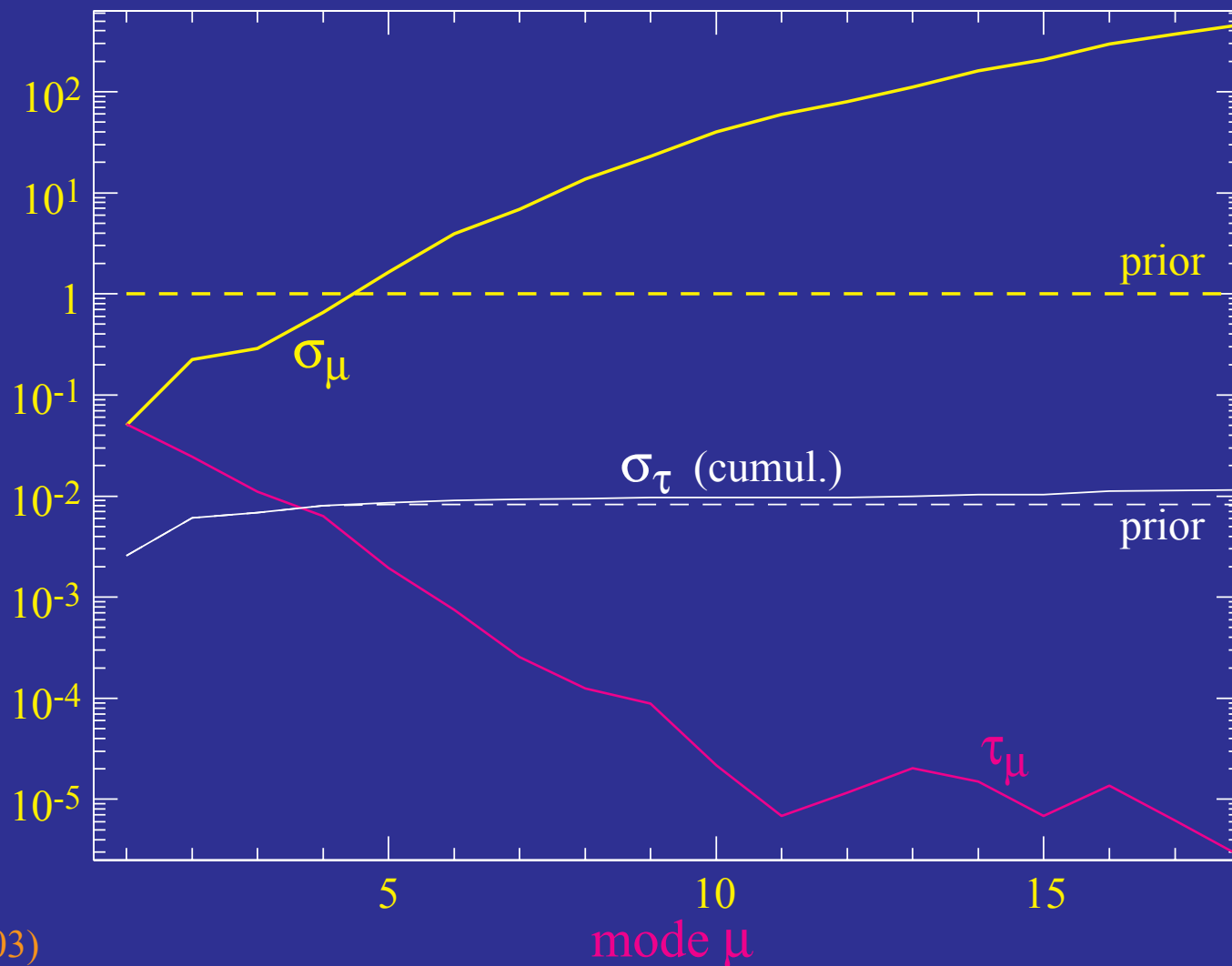
Representation in Modes

- Reproduces the **power spectrum** with sum over >3 modes
more generally **5 modes** suffices: e.g. total $\tau=0.1375$ vs 0.1377



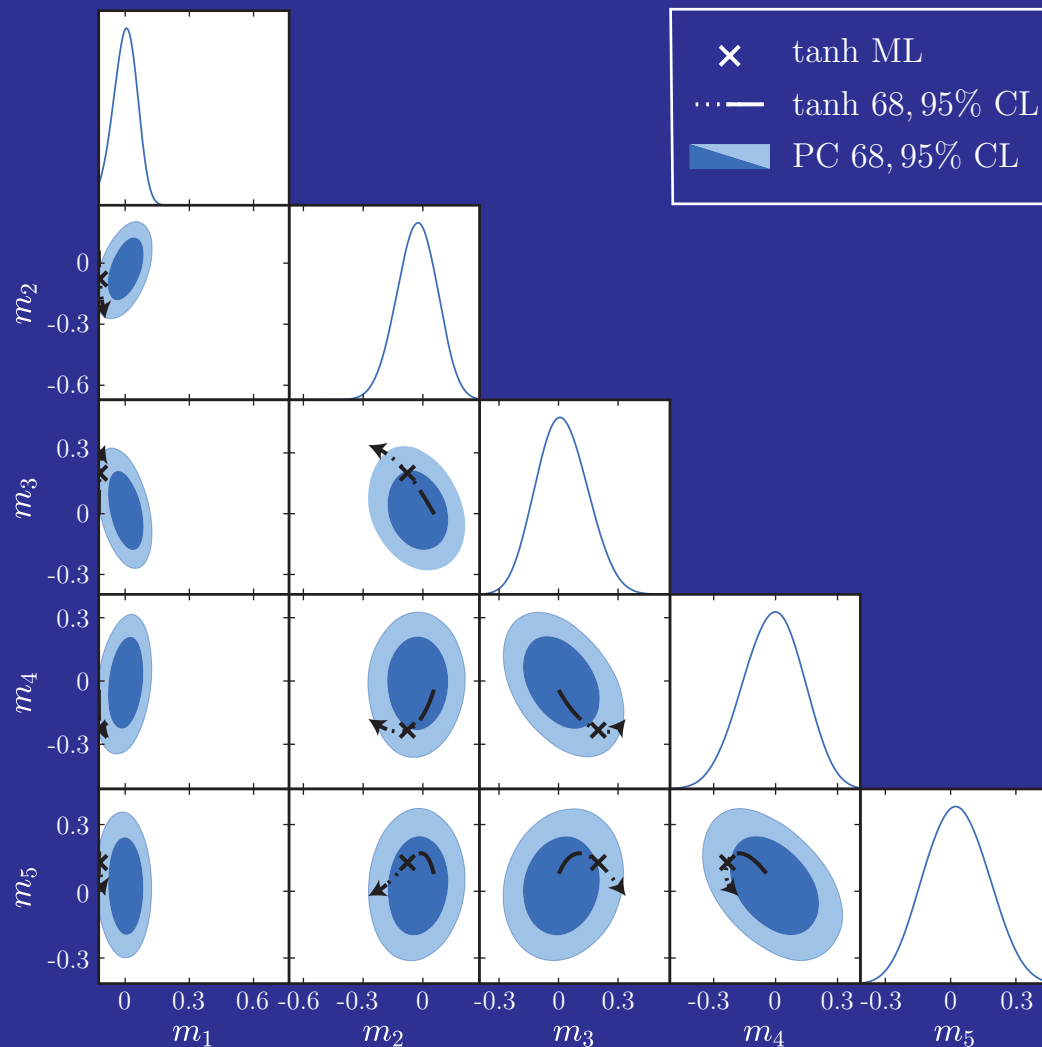
Total Optical Depth

- Optical depth measurement unbiased
- Ultimate errors set by cosmic variance here 0.01
- Equivalently 1% measure of initial amplitude, impt for dark energy



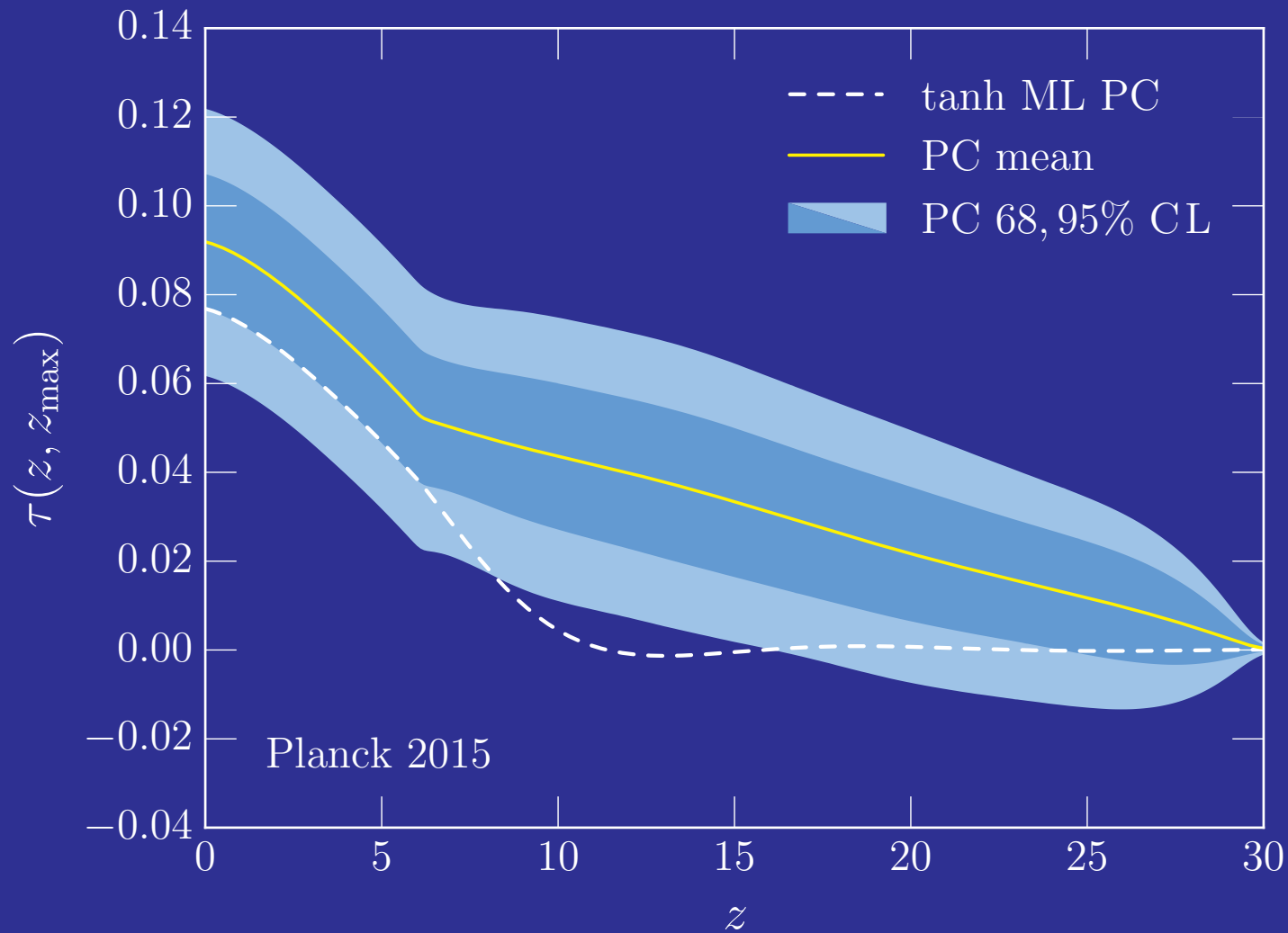
Complete Planck 2015 Reionization

- 5PCs completely span $z < 30$ reionization observables
- Step function models **only skirt** the **preferred** regions



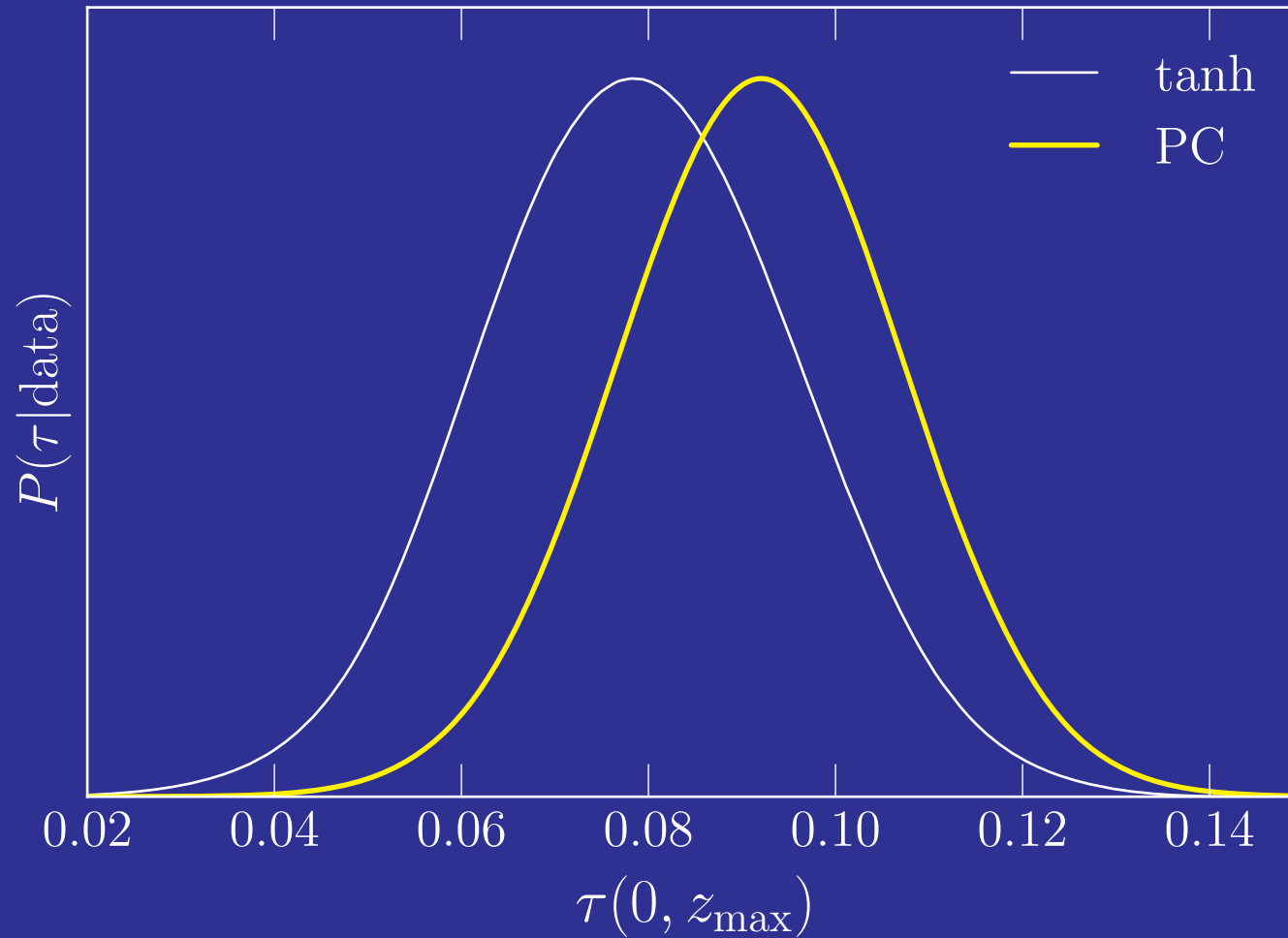
Complete Planck 2015 Reionization

- Allows for a **high redshift** component of ionization



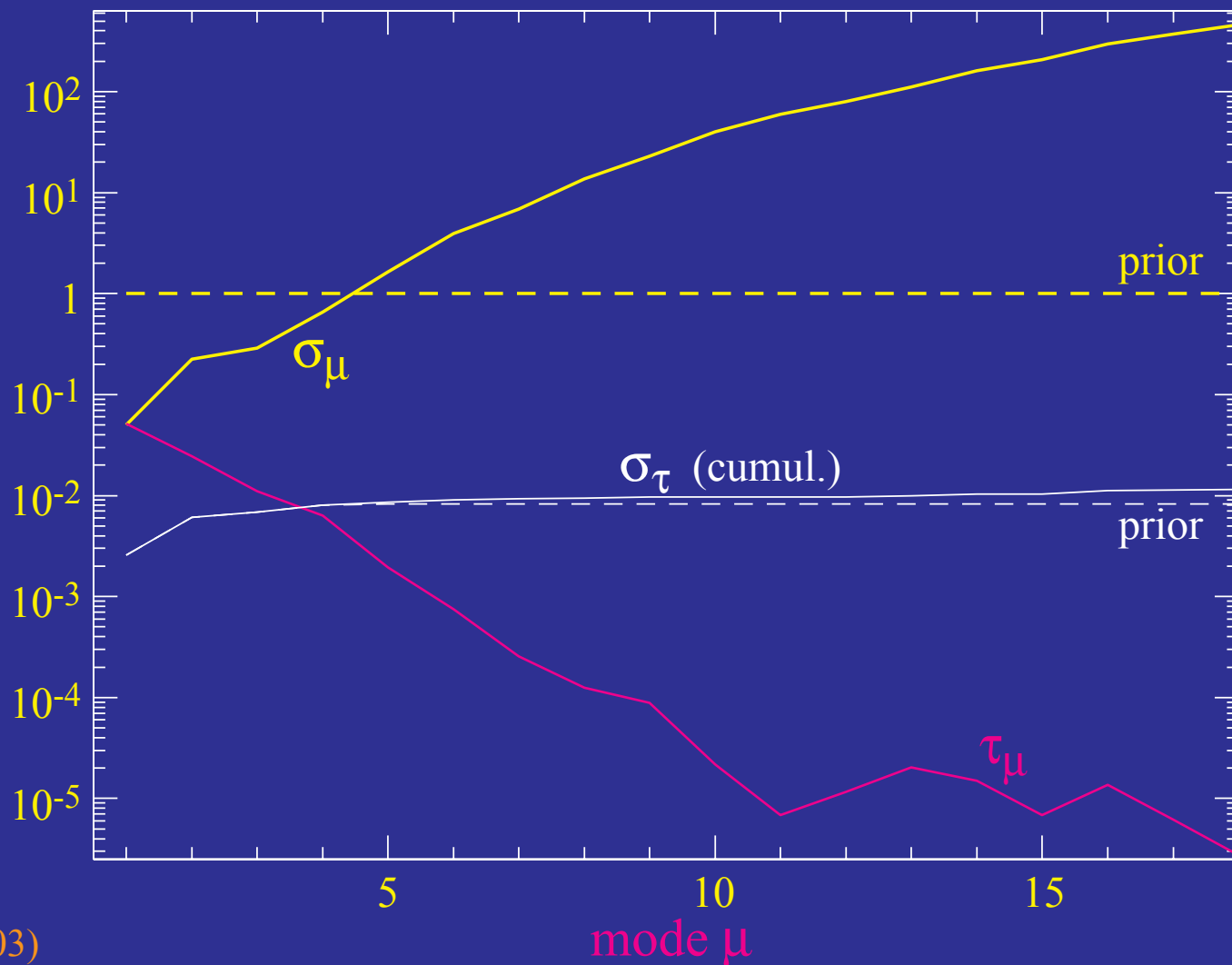
Complete Planck 2015 Reionization

- Shifts optical depth higher



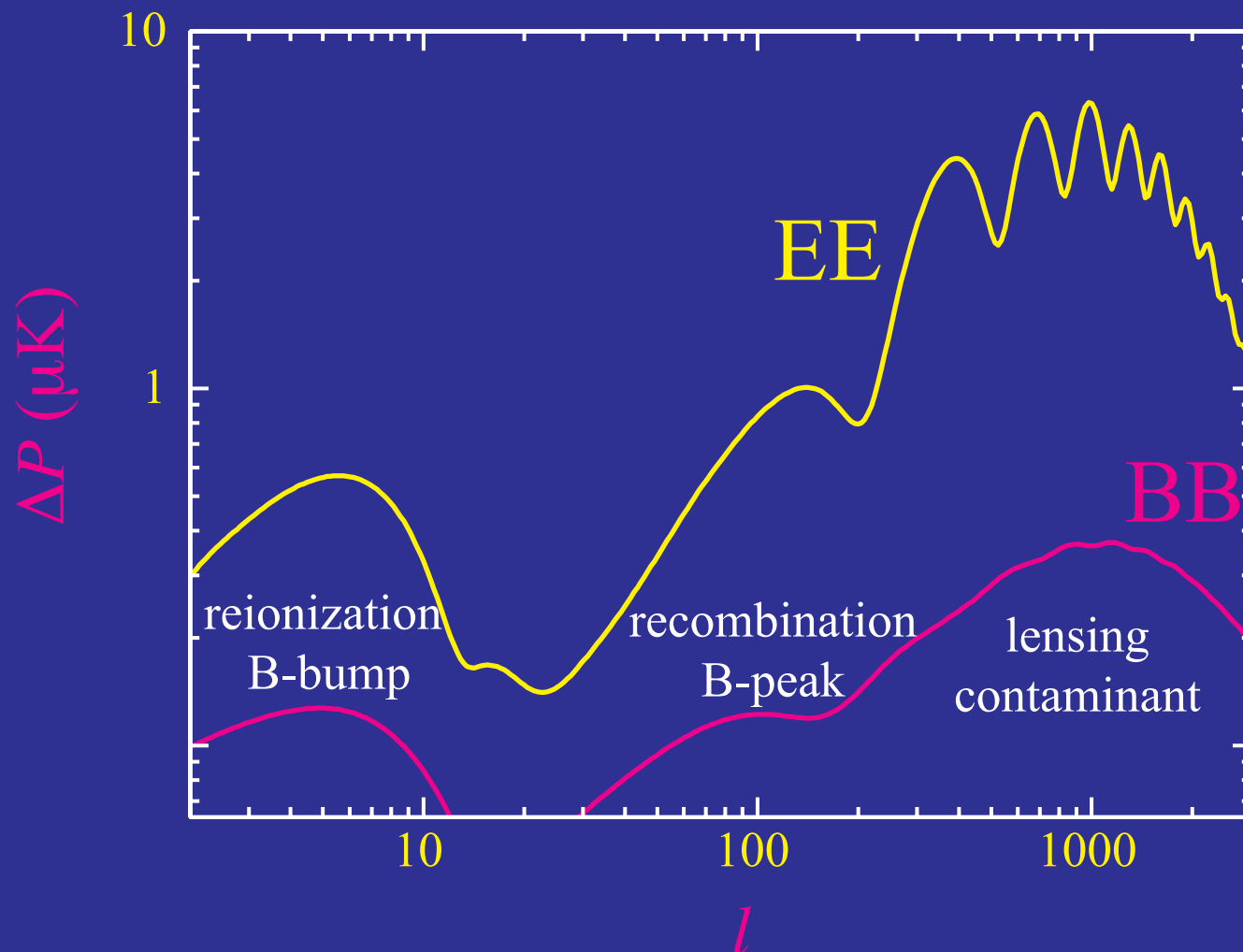
Total Optical Depth

- Optical depth measurement unbiased
- Ultimate errors set by cosmic variance here 0.01
- Equivalently 1% measure of initial amplitude, input for massive ν



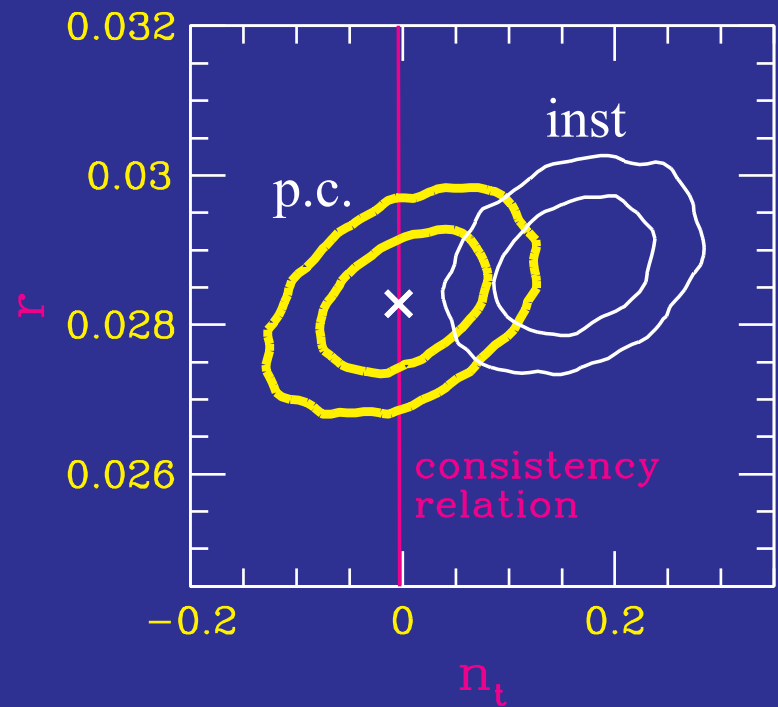
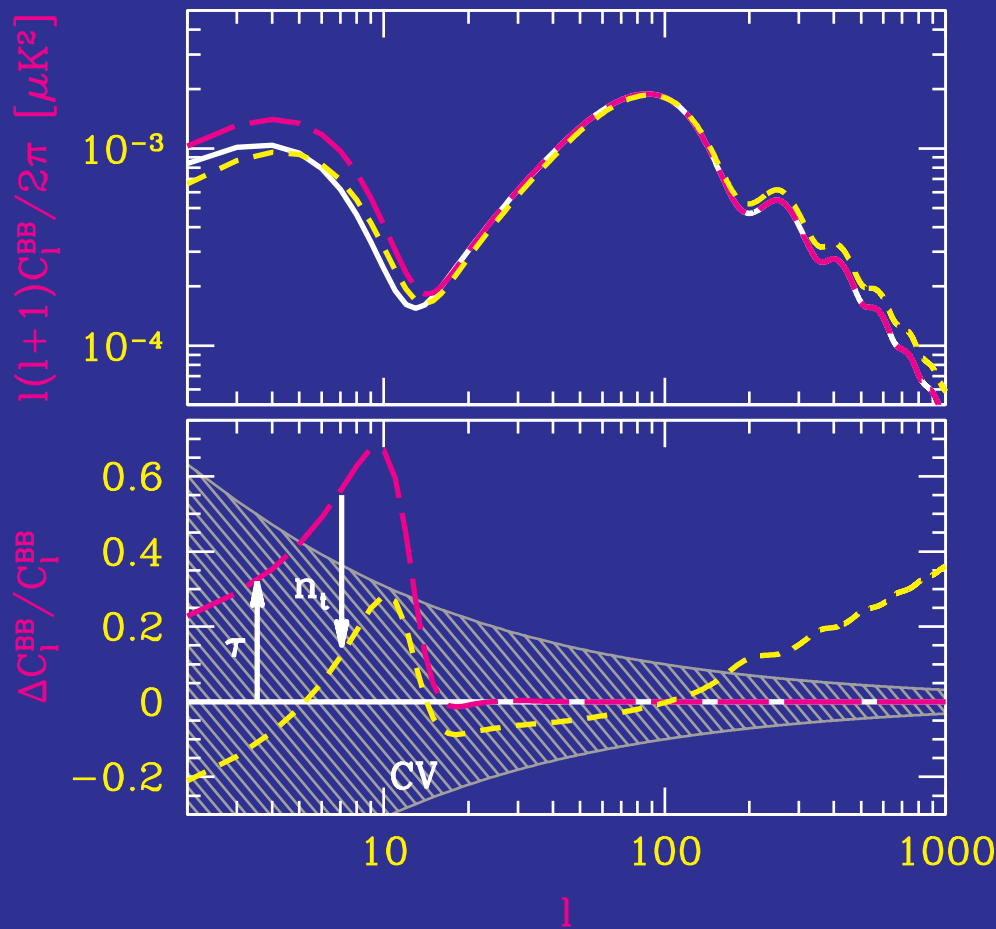
The B-Bump

- Rescattering of **gravitational wave** anisotropy generates the **B-bump**
- If r is near current upper limit, motivates **next generation satellite**
- Potentially enables test **consistency test** of **canonical inflation**

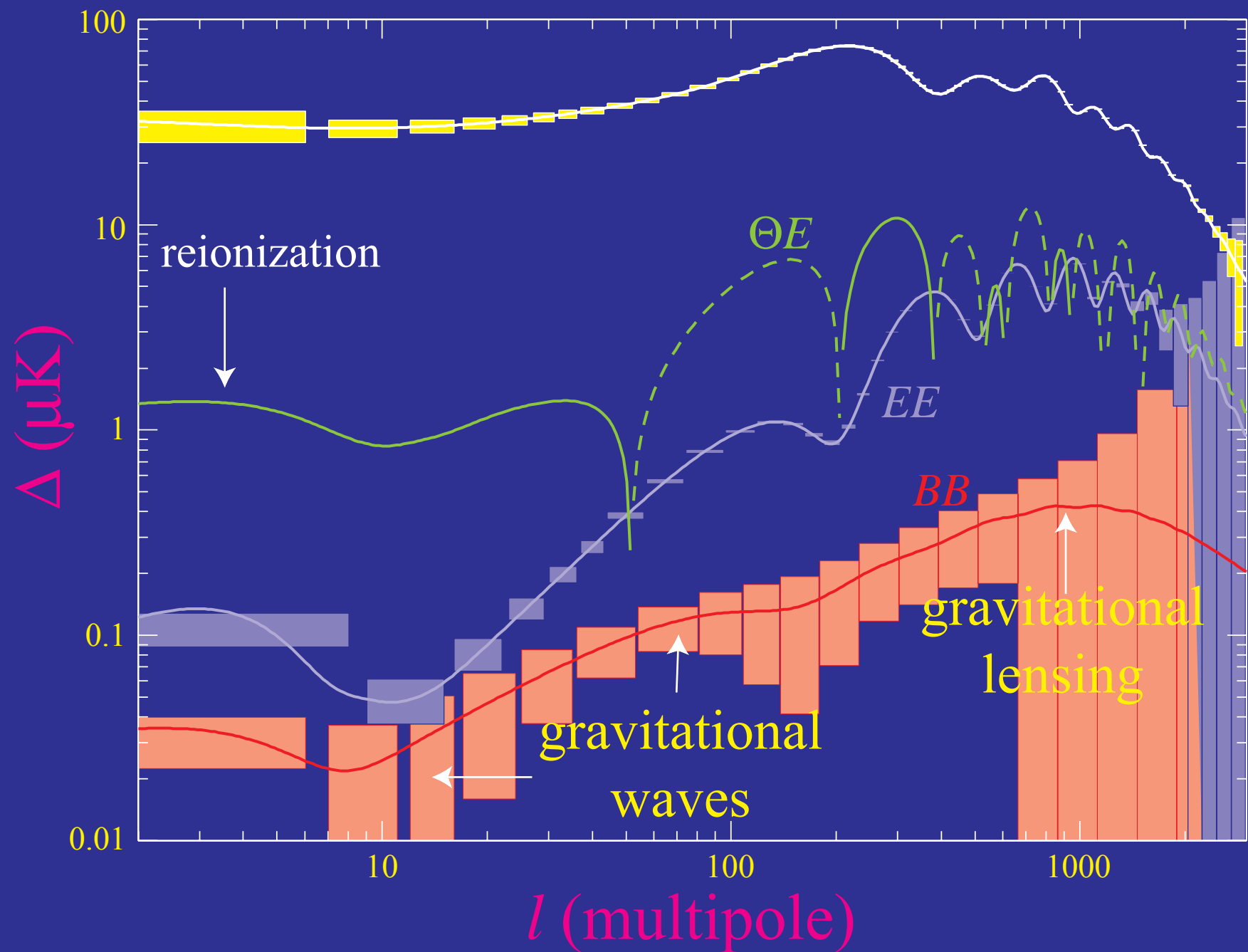


Slow Roll Consistency Relation

- Consistency relation between tensor-scalar ratio and tensor tilt $r = -8n_t$ tested by reionization
- Reionization **uncertainties** controlled by a complete **p.c. analysis**



Temperature and Polarization Spectra



Summary

- CMB polarized by Thomson scattering of quadrupole anisotropy: isolates recombination, reionization with little projection effects in transfer
- Linear scalar fluctuations generate E-modes where polarization direction (anti)aligned with amplitude change
- Linear tensor fluctuations also generate B-modes where polarization direction (anti)crossed with amplitude change
- B-mode gravitational wave amplitude measures the inflation energy scale: if observably large imply superPlanckian roll
- Beyond linear theory, scalar fluctuations generate B-modes
- Gravitational lensing B-modes measure amplitude of structure at $z \sim 2$, neutrino mass and can be quadratically reconstructed
- Delensing of the CMB can enable measurements to $r \sim 10^{-3}$

Ciao!

